

## Women's Health



SLIDESHOW

### What's Making Your Head Hurt?

All sorts of things can bring on a headache, from perfume to the weather. Here's what may be causing yours, and what may help.



SLIDESHOW

### Be Good to Your Skin

See which habits can slow the aging process -- and which ones speed it up.



ARTICLE

### Is It IBS?

Here's how to tell if your stomach problems could be irritable bowel syndrome.



ARTICLE

### Start the Day With Fiber

Learn how to whip up veggie scrambled eggs and 7 other tasty breakfasts.



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### How to Prep for Surgery

Here's what you need to know and do before going in for a procedure.



QUIZ

### Why We Forget

Why do we tend to recall old memories better than newer ones?



### In WebMD Magazine: The Barre Workout

Can it help you get flatter abs, sculpted arms, leaner thighs, and a firmer rear?

### Top Picks

- Keep Track of Your Family's Vaccines
- Video: Truth About Grapefruit and Cholesterol Meds
- 5 Foods You Should Be Eating

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- Transfer Your Prescriptions to Walgreens
- Frequent Constipation?