

**What are you going to write about?** Loss of a child

**I will compare** Grief **to** bodies of water

A calm, sun-kissed day,  
floating in a pool of comfort;  
love, laughter, young otters play nearby.

An eddie, spinning out of control,  
rushing water, erosion;  
falling over the cracks in the earth's surface.

Rapid rush of the river, no time to mourn,  
flowing downwards, no turning back;  
fear and denial.

Murkiness, the angry black sea,  
hopeless, helpless against the pain;  
salty tears – rage and regret.

An island, stranded in the distance,  
stands strong against the sea;  
loneliness, despair – too tired to care

A boat drifts slowly towards the safety  
of the shore; anchored to the dock,  
until it slips aimlessly back to sea.