

November 14, 2023

Dear friend,

Established just a few years ago, The Helix display at the Brigham is a unique, meaningful, and visible way for patients of any generation to honor loved ones and extend gratitude for their care. George Markos and his wife, Jill, are among the dozens of patients who have made a Helix gift to thank the Brigham for the outstanding cardiac care George has received over the years.

When George's heart rate was acting strange, Jill insisted they go to Brigham and Women's Hospital. George's care team at the Brigham first adjusted his medications and then performed a cardioversion, a medical procedure that uses quick, low-energy shocks to restore a regular heart rhythm. A few years after the Brigham returned his abnormal heartbeat to a normal rhythm, George underwent a cardiac ablation at his doctor's recommendation.

Today, George feels like "a million bucks." He's resumed his active lifestyle, including kickboxing, hiking with Jill, and spending time with his five grandchildren—four of whom were born at the Brigham.

"Throughout all my experiences at the Brigham, everyone I've met has been so comforting and caring," George says.

The Helix is a DNA-shaped installation located in the heart of our main campus that allows donors to inscribe heartfelt words on the mirrors that make up the installation. For George and Jill, the Helix gave them the perfect opportunity to create a lasting tribute to their late parents. To them, it just felt right.

Do you have a loved one or caregiver you would like to honor through a Helix gift with a message of hope? Then simply fill out and return the included reply card. If you would like to learn more about this unique opportunity, please contact me at thehelix@bwh.harvard.edu or 617 519 7309.

Sincerely,

Kerrin Thomas