Raja Ampat Kayaking Through The Breathtaking Islands



One of the best ways to explore Raja Ampat is by sea kayak. This is a little known secret as most people don't realize that Raja Ampat kayaking is an amazing way to immerse & explore Indonesia's crown jewel and the last paradise.

While Raja Ampat kayaking, you can truly embrace the landscape, becoming at one with lush green islands, towering rock formations, and crystal-clear turquoise waters that the area is so famous for. You can glide on the surface of the world's most biodiverse marine environment with dazzling coral reefs teeming with colorful fish and sea creatures underneath you.

You can paddle your way on calm glassy waters and discover secret beaches, secluded lagoons, and hidden caves accessible only by kayak. It is only by Raja Ampat kayaking that you can truly feel the thrill of exploration and come face-to-face with the untouched beauty of this natural paradise.

What Are The Benefits Of Kayaking?

The benefits to Raja Ampat kayaking are countless; in addition to enjoying the feeling of merging with the stunning landscape, it is also the best way to explore the archipelago and its endless coves, islets, lagoons, bays, channels, coastal dunes and hidden beaches. It's a fantastic off-the-beaten-path experience, the ideal activity of choice for adventurers and explorers.

Here are the other benefits of Raja Ampat kayaking that you'll find interesting:

Eco-Friendly & Sustainable: Kayaking is one of <u>the greenest ways</u> to get out on the water without disrupting local ecosystems. Thanks to their shallow drafts, they don't damage coral reefs or seabed habitats when used responsibly. They are also completely human-powered which means no gasoline, no

oil, and no sound pollution from motors. You can paddle in silent bliss with just the sound of the paddle and the breeze while minimizing disturbances to birds and wildlife.

Improves Fitness: Raja Ampat kayaking is a low impact activity that can improve your <u>overall fitness</u>, strength and flexibility. Long-term kayakers have reported improved cardiovascular fitness, increased muscle strength particularly in the back, arms, shoulders and chest and increased torso and leg strength. It's also great for mental health as the repetitive movement of the paddle can be meditative and soothing.

Excellent Wildlife Viewing: We know by now that Raja Ampat is teeming with rare birds, wildlife and incredible sea creatures. Sea kayaking lets you observe them in their natural habitat without scaring them away with loud motor sounds. You can sit quietly in your kayak and watch the birds flit from tree to tree, observe the fishes right underneath your or spy a wild boar in between the trees.

How Hard Is Sea Kayaking?

Sea kayaking is not hard at all, especially here at Kri Island, home to resorts with kayaking – Kri Eco Resort and Sorido Bay Resort - where the water is almost always calm and clear. Rest assured that very little skill or strength is required for Raja Ampat kayaking. Kayaks are safe to use and hardly tip over, and once you've learned the basics, sea kayaking is great for beginners.

When Raja Ampat kayaking with us at Eco Resort or Bay Resort, you'll be in good hands with our team of guides and staff who will be happy to provide assistance when needed. You can bring your own sea kayaks and paddles or use the ones at our resorts. We'll also provide helmets and paddles and you can also opt to wear a life vest or a life jacket if you like and bring a waterproof bag for your camera, phone, water bottles, snacks and other essentials.

Raja Ampat Kayaking With Diving Resorts

You can go Raja Ampat kayaking as much as you like when you stay with us at Eco Resort or Bay Resort. Book one of our stay packages and enjoy unlimited complimentary use of our stand up paddleboards (SUPs) and sea kayaks throughout your stay. Our staff will be happy to help you choose the right sized kayaks and paddles for your height. We have a variety of kayaks available for different levels and experiences. Once you've sorted out your sea kayaks, take your time to explore the coastline or speak to our staff if you'd like a guided tour.

Full Day & Half Day Tours Raja Ampat

In addition to kayaking and paddleboarding, you will also have the option to book a full-day or a half-day tour to the most enthralling locations in Raja Ampat including excursions to Mushroom Islands and Fam Islands. Other activities available include hikes to waterfalls, birdwatching, and wildlife spotting.

Raja Ampat is also home to friendly and welcoming locals with fascinating cultures and traditions that you're most welcome to witness. Village tours are available for those who are interested.

Resorts With Kayaking

Bay Resort

Perfect for those who want a touch of luxury, Bay Resort is a collection of 6 charming bungalows with spacious rooms and ensuites, each with AC or fan and a veranda that overlooks a vibrant house reef.

Eco Resort

Looking out over the dark blue waters of the Dampier Strait and distant mountain ranges, Eco Resort is a cluster of authentic Papuan style water bungalows built from locally sourced materials with 3 room types to choose from.

Ready to enjoy Raja Ampat kayaking with Dive Resorts? Click here to learn more about us and what we offer, and to book your Raja Ampat holiday with the best rates and inclusions.