

## Planting: Why does this method very important, valuable and advised?

*Planting is the process of sowing seeds into the soil to grow plants and trees being performed by a human.*

It's indicated as a good norm and taken as a serious matter globally. It is because plants and trees are valuable in many aspects such as research, cure, and food, etc.

According to an estimate, every year **1.9 billion trees and plants** are grown all over the world. If you seed one tree yearly and keep this (process) for 20 years, these **20 trees** would **consume half a ton of carbon dioxide per year**.

Some traditional plants and trees are following:

### Lemon Tree:

It is native to **Brazil**, **Argentina**, and **China**. It is famous for **cleaning** and **ornamental purposes**. Moreover, its **extract** is also effective for the **treatment of skin problems**.

### Maple Tree:

You find these trees in **Asia**, **Europe**, and **Northern Africa**. Its **branches**, **sap**, and **trunk** are valuable for **medicinal purposes**. Using **maple syrup** as a **sweetener** is also common. **Maple wood** is worthy in making **furniture** and **flooring**.

### Palm Tree:

It grows in **Pakistan**, **Mexico**, **Australia**, and **China**. It provides **food** by producing **coconut**, **dates**, etc. The **fruits** and the **flowers** of these trees are **ornamental**. Its **wood** and **leaves** are worthwhile in **building walls** and **roofs** and **making furniture**. **Palm oil** makes **eating** and **cleaning products** and **biofuel**.

### Oak Tree:

It is native in **North America**, **Asia**, and **Europe**. Among many uses of its **wood** are **timber**, **shipbuilding**, **shade**, and **barrels**. Its **seeds** are nifty in **food** and **beverages**.

### Rubber Plant:

It is common in **Brazil**, **Colombia**, and **Venezuela**. It gives us **rubber**, **fruit**, and **wood**. Rubber makes **tires** for **vehicles**, and wood is a source of **timber** and **firewood**.

### Banyan Tree:

It is grown in **Bangladesh** and **India**. As a **medicine**, it is fruitful to **cure** different diseases. Its **fruit** is efficacious for **neurological disorders** and **bark** for **skin diseases**. In contrast, the **extract** is effective for **muscles** and **joints pain**.

We, inhabitants of the earth, have been facing many problems such as pollution, global warming, Ozone depletion, unwanted weather conditions, diseases and lack of a cure, food insufficiency, poverty, etc. Fortunately, we have one solution for all these problems; planting. We should grow the trees and plants as much as we can and promote planting to the extent we can.