

# What Your Glasses Frames Say About You

Some people consider their eyeglasses a practical tool – a simple means to an end – while others choose their frames the same way they'd select an accessory, such as a pair of shoes, a watch, or a handbag. In fact, it's not uncommon for the fashion conscious to purchase several pairs of glasses in significantly different styles, so they can choose exactly the look they want in every situation.

Like shoes, jewelry, and other accessories, glasses frames can make distinct statements about how you want to be perceived by others. What do your frames say about you? Check out the statement behind the style.

## **Classic, Minimal, and Precise**

Shape: Simple rectangle, oval

Material: Plastic, metal, rimless

Colors: Black, gray, gold or silver, stainless steel, tortoiseshell

What your glasses say:

“I have no time for nonsense, so let's get down to business. Whatever I'm here to do, I intend to do it well, on time, and under budget. Once we're finished, I'll enjoy a coffee break and maybe give you a glimpse of my wry sense of humor. But maybe not. I haven't decided yet.”

## **Bold, Bright, and Beautiful**

Shape: Round, oval, or hyper-angular, possibly with laser-cut end pieces and temples

Material: Plastic, a mixture of materials

Colors: Bright or pastel; pink, blue, purple; may feature floral, paisley, or geometric designs

What your glasses say:

“If there's fun to be had, I'm likely to be leading the charge, but don't mistake my free-spirited nature for lack of responsibility. Dress me up in a blazer and scarf and hand me an espresso, and I'm all over your professional photo shoot tomorrow morning.”

## **Timeless with an Artistic Flair**

Shape: Vintage or retro

Material: Plastic or metal  
Colors: Tortoiseshell, black, silver

What your glasses say:

“I’ll be ready for an evening of cocktails followed by a film noir festival at the local art cinema as soon as I put the finishing touches on my latest novel, photography exhibit, or watercolor painting.”

## **Confident and Secure, with a Little Extra**

Shape: Something with smooth lines and subtle angles  
Material: Metal or plastic  
Colors: Earth tones, shiny bronze, copper, rust

What your glasses say:

“I may be getting older, but that doesn’t mean I’ve lost touch with my inner child. Work-life balance isn’t a chore; it’s a reward. Just watch me hold my own in the boardroom, then head out to referee the kids’ soccer match.”

## **High Function, High Action**

Shape: Wraparound or practically angular  
Material: Plastic or a combination of plastic and metal  
Colors: Silver, neon, bright red, bright blue

What your glasses say:

“I may work hard during the week, but when the weekend gets here, I’m going to be climbing mountains, sailing, skiing, biking, or something else epic, because life is too short to stay inside and miss the adventure.”

Many factors go into selecting the right glasses frames, including cost, fit, and suitability for your face shape. But, remember that your glasses are also an extension of you – a consistent accessory that become a core feature of your personal look and style. So next time you’re picking out a new pair of frames, try on a variety of styles and ask yourself which one speaks your language.

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