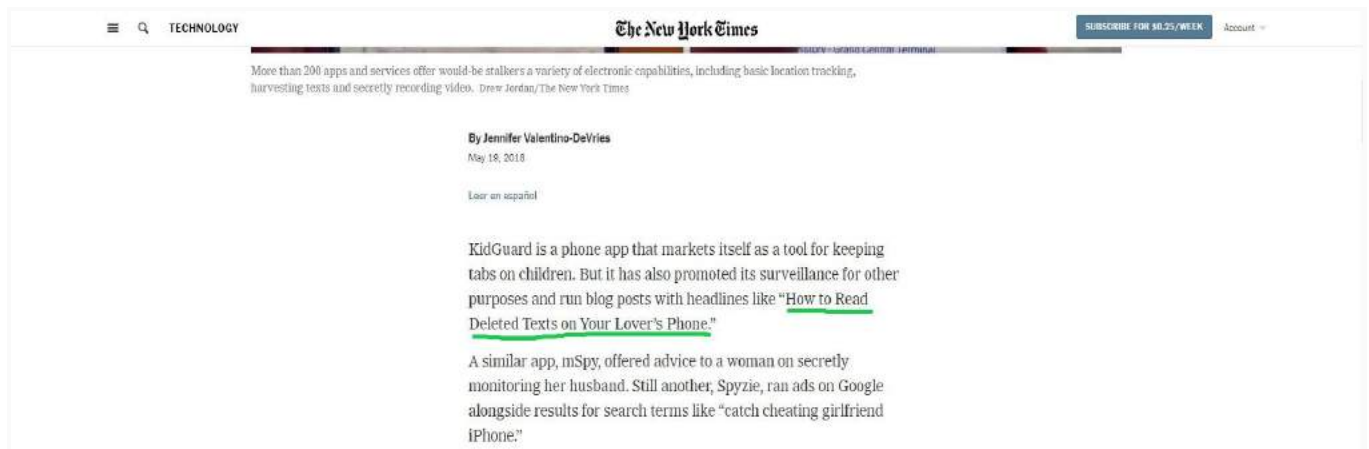


**Johanna Gonzalez: I ghostwrote this article in 2017 for the mobile app, Kidguard. The New York Times referred to it in a May 2018 article, as seen in this screenshot below:**



*Please see the original article below.*

*Visuals were just inserted for better presentation but were not part of the original submission.*

# How To Read Deleted Texts on Your Lover's Phone



Have that niggling suspicion that your significant other is keeping a secret...one you wish you could be blissfully ignorant about, but unfortunately, you just can't have that luxury? With tech becoming more sophisticated and gadgets becoming as personal as a toothbrush, it's getting more difficult these days to know what your spouse and kids are up to. Everyone can carve out their own little worlds in addition to this one you share with them. You know zilch about that side, but you ought to.

As the saying goes, fight fire with fire. To be a good parent, you must be on top of who your kids talk to, share photos with, or where they hang out. In this same vein, to be the smart spouse, not the fool, it is sadly imperative to employ the same tactics you would monitor your kids.

## Delete Does Not Mean Kaput

A philandering spouse or lover knows how to get rid of the evidence. Texts, phone call logs, photos, and videos are usually deleted when they feel a hound dog sniffing around.

The good news, though, is: The Delete button may mean the end of those errant files on the surface, but it does not mean that these have gone permanently to their digital graveyards. No, these *trashed files have not said their final sayonaras and may still be recoverable* with the help of some savvy tech strategies and a kick-ass app.

## The Software That Can



KidGuard is a powerful monitoring tool designed to track a child's whereabouts, text and online conversations, photos, and the like.

This software has helped many parents secure online safety for their children with its capability to *keep tabs on their social media accounts; display all text messages, even deleted ones; track browser footprints; log all incoming and outgoing calls; and locate them in real time through GPS*. Almost nothing escapes its ever-vigilant digital eye.

So why not employ this same child monitoring tool to spy on your spouse's or lover's activities? KidGuard can be your watchdog, lurking silently and prowling seamlessly in their cellphone, tablet, laptop, or PC. It won't leave its footprints, nor will it raise suspicions of an ever-present digital watchman.

## KidGuard's Compatibility with Android and iOS

Text messaging is almost everyone's favorite norm of communication, so text messages could harbor the first clues or evidence of bad behavior. KidGuard allows you to read deleted text messages on your lover's or spouse's device, especially if these run on Android.

Text messages on an iPhone are much more accessible because they are usually synced across accounts. Not so with Android-based gadgets. Messages need to be picked out from each device, a tedious chore that Kidguard can effortlessly do for you instead.

## How Good Monitoring Software Can Help You



Note that KidGuard is not a recovery software that can have significant glitches and are sometimes unreliable for monitoring inbound and outbound text messages.

KidGuard falls under the *monitoring software* category that tracks and stores inbound and outbound text messages, deleted or otherwise, within the program's database. To

access these, you simply go to the software's dashboard and view it from your personal device.

Of course, for a robust, well-designed program such as KidGuard, text monitoring is just one of its many outstanding capabilities. Tracking activities include monitoring website visits, call logs, app activities, and location history.

Although you may or may not find anything of note (knock on wood), a monitoring program will alert you to potential inappropriateness, which you can conveniently nip in the bud.

As much as KidGuard helps parents protect their kids from cyber threats, you can think of this *tracking program as a relationship protector*. An ounce of prevention is loads better than a pound of cure. If you find yourself in the game's late stages, however, unearthed deleted messages may help you know where you stand and how to strategize your next moves.



Indeed, other applications out there promise device monitoring for free. But text monitoring and especially the recovery of deleted messages are not simple tasks and, therefore, may not be offered without a paid subscription. A well-developed tracking program must often be maintained and funded as crucial information miners. It will be worth every penny to install software you pay for. Moreover, know that some tracking

software only work on either iOS (Apple's operating software) or just on the Android OS. *KidGuard was designed to work on both types of operating systems.*

Be proactive in your relationship rather than reactive. Employ good monitoring software that can provide and mine relevant information for you to keep one step ahead. This advice may sound like a romance killer, but those less inclined to bury their heads in the sand will see the wisdom behind such digital tracking. Why be the wronged fool when you can be the wise one with the upper hand any day?