**CASE STUDY**

# 52% Below the National Average: Reducing Unplanned Readmissions

## HEALTHCARE CHALLENGE

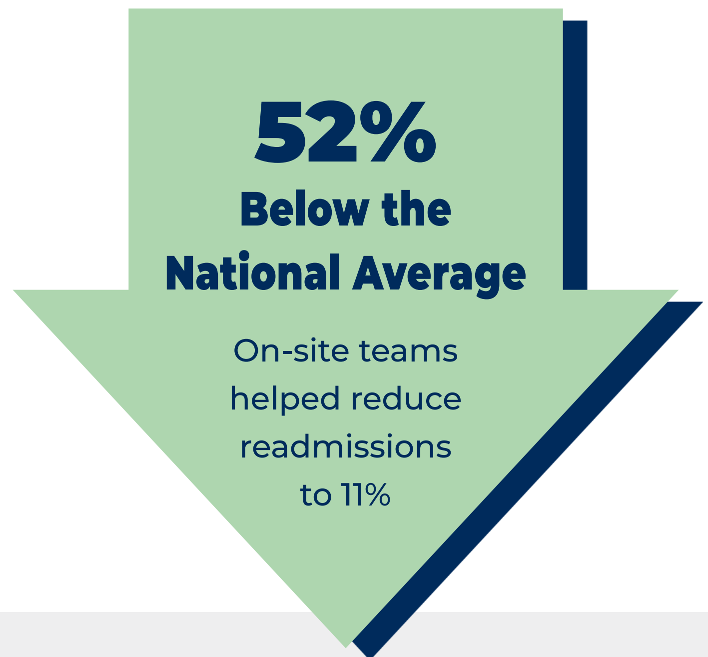
Legacy Care is partnering with multiple skilled nursing facilities across the Mid-Atlantic, many of which are facing severe staffing shortages and other post-pandemic challenges.

Our on-site physician and nurse practitioner teams have helped numerous facility partners drive positive outcomes and quality scores that are often better than national benchmark averages.

## REDUCING UNPLANNED READMISSIONS: A SNAPSHOT

Our skilled nursing facility partners worked with Legacy Care teams, reducing unplanned readmissions **to 11%, 52 % below the national average which is *21.30%.**

Multiple partner facilities also decreased readmissions where on-site Legacy Care teams were present.




## LEGACY CARE SOLUTION

Our physicians, nurse practitioners and physician assistants are experienced at serving a fragile population of older adults – many of whom have complex medical needs. We provide:

- **Longitudinal Care Planning**
- **Patient-centered care** delivery for high-risk patients
- **Collaborative Care** – our teams work with yours, as well as other partners including healthcare systems, home health, hospice and more
- **Driving quality** to reduce readmission & optimize length of stay

"Having an on-site, full-service team helps build better relationships across the entire patient care continuum," said **Danny Felty, MD**, Legacy Care's Chief Medical Officer. "Together, we can drive positive patient outcomes and improve key quality metrics over time. We're still recovering from the pandemic in post-acute care, but there are still positive trends we're seeing every week."

## NATIONAL READMISSION TRENDS

Unplanned readmissions are a key quality and financial metric for skilled nursing facilities. According to a JAMA study:**

- One quarter of those admitted to a SNF from a hospital are readmitted within the first 30 days
- Readmission is associated with quadruple mortality rate within six months

*"Together, we can drive positive patient outcomes and improve key quality metrics over time."*

"Our teams are laser-focused on closing care gaps at every stage of a patient's recovery, so they are not readmitted and can achieve the best possible outcome using evidence-based medicine and customized protocols to meet the unique needs of every patient," added Dr. Felty.

## ABOUT LEGACY CARE:

Legacy Care's independent medical group delivers care to patients and residents in about 130 assisted living communities, healthcare systems, inpatient rehabilitation centers and post-acute care facilities located across the Mid-Atlantic. Founded in 2012, the company's headquarters are in Virginia Beach, VA.

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***JAMA Skilled Nursing Facility Performance and Readmission Rates Under Value-Based Purchasing*