

HOW TO BE AN AGENT OF CHANGE IN THE FAMILY, SOCIETY AND WORLD.

“Change is the only constant in life” is a famous saying by the Greek philosopher Heraclitus.

It is an act or process through which something becomes different. It allows us to move forward in life and experience new and exciting things. When you don't actively work on evolving yourself, life can become stagnant. Being open to change, learning new skills or working on your inner self can bring about changes you never knew were possible.

Who's an agent? An agent is a person or thing that takes an active role or produces a specified effect. Therefore, an **agent of change** is someone who promotes and enables change to happen within any group or organization by fighting and advocating fearlessly for things that matter to take place the right way for the good of all.

How then can one be an agent of change?

1. What's your passion? What fuels your drive in Life? Is there a burning desire within you to do something that will help change your community or society and the world? When you discover your passion and set your goals towards achieving them, you have automatically set yourself on the right path to being an agent of change generally or in what ever field you want to specialize in.



2. Identify a problem in your community and world and start developing steps to finding possible solutions to it. Finding solutions to problems that have been lingering around for ages will definitely cause a positive change and impact in the lives of people. You will forever be remembered as an agent of change and at the same time, feel fulfilled. For example, we have great inventors and world leaders who solved and are still solving problems like Alexander Graham Bell who solved the problem of distant communication by inventing the telephone, Thomas Edison who invented the light bulb, as a result of Mark Zuckerberg's Facebook, we can connect with old friends regardless of distance, Ben Carson and his medical team gave hope to

the medical world that conjoined twins can be separated successfully, Nelson Mandela, Martin Luther King, Kwame Nkrumah, Jomo Kenyatta, Julius Nyerere and so many others fought for the freedom of their people from oppression. These are people we can learn from in order to build ourselves to become better leaders and leave our footprints on the sands of time.

3. In a world where only few are very **honest** and people of **integrity**, you can decide to take a stand of integrity. Be good and kind to people no matter how the world may try to downgrade integrity, be wise in your doings so that people won't take advantage of you. Be faithful, loyal and God-fearing. If we all imbibe these attributes, the world will be a better place.



4. In your own little way, try to **encourage and empower** people around you. Tell them about the change you want to execute, give them reasons to why the change is needed, make them see the vision and to believe in it. For those who do, you can work with them by setting up an NGO that aligns with your goals or organizing workshops, seminars, webinars, conferences and partnering with people and organizations who do that too. This way, you are empowering people, changing their mindsets about life and they will in turn change others too in some form of ripple effect.

5. Choose for yourself **role models and mentors** that will help guide and build you on the path to fulfilling purpose. So many of them started the journey to success before you, have more experience than you so they will be able to guide you on what to do in order to attain your goals in life. Positive role models influence our actions and motivate us to strive to uncover our true potentials and overcome our weakness. Having them pushes us to make the most of our life.

With the above points, you can agree with me that God can't use an animal to cause a change in the society, he has equipped you and I with anything needed to make a positive difference if we can decide to make ourselves available be agents of change in our families, communities, world and generations to come will forever feel your impact and if possible adopt your system to become better leaders. So what are you waiting for? **The world awaits you!**