Lisabeth Fauble

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https://www.artemiswritingco.com/
https://www.healthdigest.com/author/lisabethfauble/

PROFILE

Freelance writer, musician, and builder with a lifelong commitment to sustainable living. Background spans health and wellness journalism, hands-on construction, homesteading, and natural building advocacy. Currently developing properties in Concho and Rio Rico, AZ using adobe, cob, and straw bale techniques.

WRITING & PUBLICATIONS

Freelance Writer — Health, Wellness & Lifestyle

Published in:

- Health Digest
- ABMP (Associated Bodywork & Massage Professionals)
- Livestrong.com
- Oxford Journals
- Taylor & Francis
- MSN
- eHow
- USA Today

CONSTRUCTION & BUILDING

- Project Manager — Hughes Homes, LLC (residential construction)
- Volunteer Carpenter — Habitat for Humanity
- Hands-on experience with off-grid systems: gardening, energy systems, and animal husbandry
- Wrangler / Trail Guide / Cook — Trailhorse Adventures, Sedona, AZ
- Interest in sustainable natural building: adobe, cob, and straw bale construction

EDUCATION

Prescott College

Master of Arts in Musicology — Sound Healing

Concentrations: Music, Somatic Psychology, Cognitive Neuroscience

Johns Hopkins Bloomberg School of Public Health

Certificate — Statistical Analysis of fMRI Data

Certificate — Design and Interpretation of Clinical Trials

AWARDS

- Merrill Windsor Memorial Scholarship — Recipient

MUSIC

- Trained musician — Flute, guitar, piano, keyboard, voice
- Available for community events, workshops, and live performance

CURRENT PROJECTS

- Planning adobe and cob construction on property in Concho, AZ
- Long-term straw bale or adobe build planned for raw land in Rio Rico, AZ