by Ben Endley

THE detective who led the hunt for Milly Dowler's killer has praised an inmate who attacked the monster in prison.

Retired Chief Inspector Colin Sutton described Levi Bellfield's attacker as a "decent enough" person for carrying out

the assault. Triple-murderer Bellfield suffered minor injuries in 2009 when a con

slashed him across the face with an improvised weapon in Wakefield jail, W Yorks.

53, wrote on a blog: "There

done to be put away, were still decent enough to take exception to Bellfield killing young girls, beating up women and raping anyone he fancied.

"It was only a matter of time before somebody took him on. It isn't right, but it also isn't

Former nightclub bouncer Bellfield is serving a whole-life term for murdering three girls including 13-year-old Milly.

He sparked public outrage last week when he won a £4,500 payout

over the attack in Wakefield after a three-

Shipman's couch sale

A MEDICAL couch used by Britain's worst serial killer Dr Harold Shipman is for sale for £10,000.

Marjorie Chakravarti, 72, got the couch in 1992 from a GP centre in Todmorden, West Yorks, where Shipman began his lethal career.

LIFE'S IN

THE BAG

Courier Peter

boards a flight

from Frankfurt

to London

Mariorie said: "I bought it for £20 to help with diplomas I was studying for. "It's been in my shed for

vears and I want rid of it." The ex-nursing sister from Huddersfield, who has put the couch on eBay,

never met Shipman. The GP, thought to have killed up to 250 patients, hanged himself in jail in 2004 aged 57, four years

Sticky finish

STUDENT Jack Sexty of Stoke broke a world record finishing the Manchester Marathon's 26 miles on a

AROUND WORLD DELIVERING VITAL STEM CELLS (







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by Pamela Owen

WITH the clock ticking and a life in his hands. Peter Hodes set out to dash the 10,000 miles from Australia to Manchester - in 42 hours.

He was clutching a box containing leukaemia and blood cancer, as he raced to catch the plane.

Kuala Lumpur, Peter reached marrow transplants take place. London Heathrow, crossed the capital by Tube and boarded a train.

at a Manchester hospital and doctors blood disorder. were counting on 68-year-old Peter's precious cargo arriving fresh. Peter, who is one of Britain's busi-

'From picking them up to handing them over took 37 hours. "I have a window of just 42 hours

I'd have been in trouble. I was and it is then obvious the recipient when I hand over those stem cells I am making a difference." is wonderful.

MAJON

thinking that I could save a life."

Peter is one of 44 Anthony Nolan volunteers whose work includes building blocks which help renew of his friend Livia Prior in 2006. stem cells, vital in the treatment of other cells - taken from the bone marrow of donors.

After two long-haul flights via have so far helped 87 life-saving bone what I'd done." The charity was started by Shirley

Nolan in 1974 and named after her A desperately ill child was waiting son Anthony, who suffered from a donating blood, read about the It started the world's first register

to match donors with patients. Peter said: "As a courier I never importance of stem cell donation. est stem cell couriers, recalled: know who the donor is, or the recipient. In many ways that's better,

because it can be too emotive. "But there are times when I am to become a courier. to make the delivery. Any delay and delivering to a children's hospital

exhausted by the end. But the feeling is a child. It is so wonderful to think

South African-born Peter lives in "On that occasion in January last Camden, North London, with his year it was for a child. It's marvellous partner Helene, 43, and runs a business helping people get to grips with

He was inspired to charity work transporting stem cells - the body's after giving a kidney to save the life

Choking back tears, he explained: 'I remember the wonderful feeling His dramatic races against time I had when I woke up and realised

Intensive

Two years later Peter, by now Anthony Nolan organisation. He began dedicating some of his spare time speaking to children about the But the more he learnt, the more

he wanted to get involved. And two years ago he was invited

Fifty of the 87 trips he has made

to 32 different destinations in Germany, Poland, Belgium, Israel, Portugal and America. But new couriers learn the ropes on local deliveries.

Volunteers are taught how to handle the cells and the importance of using only public transport and how to tackle the sometimes daunting task of working out logistics in foreign countries. Peter said: "It sounds like a cushy

number but it's far from it. We have intensive training. "We are never allowed to use private transport, like a car.

"Imagine, while I am carrying stem cells my car goes into a ditch and I'm not discovered for 40 hours.

"Stem cells have a life of only 72 hours from harvest to transplant. We can only carry them in the box for 42 hours, because we have two ice packs and they only last that length of time. "I remember the first trip vividly. I

had to take cells from University College hospital in Central London to Hammersmith in West London."

Peter has never been late on any of

of strangers, often airline staff. reach Woking, Surrey, and take a train

are wonderful. I always make sure to were waiting for the cells. tell them I've got stem cells. "I always try to book a seat as near

the front as possible. We can't afford his mission. to travel club class but if I know I need to get off a plane urgently, I always ask if there is a seat I can be moved to when Heathrow and asked air-traffic control we are about to land. Invariably they to make sure they landed on time. say, 'With pleasure'.

As soon as he boarded the British Airways plane, he told cabin crew about He was warned they expected a delay

in London - but the pilot radioed Peter recalled: "Coming into London

On a flight to London from Hanover, can be a nightmare. Sometimes you Germany, last month, Peter had 20 can circle for 20 minutes before land-

More donors urgently needed

must be aged between 16 and 30.

Young people are more likely to be chosen for a transplant and have fewer health complications. Once on the register, you can stay until age 60.

The charity urgently needs more young

ethnic minority backgrounds. It is much harder for patients from these back-

grounds to find a match. Nine out of ten donations are via an outpatient appointment similar to giving blood. Anthony Nolan also needs volunteers and fundraisers.

He explained: "Airlines on the whole to Southampton, where hospital staff for those stem cells. I phoned BA next day to thank that crew.

came in June 2013 when his Anthony Nolan bosses sent him to Providence, Rhode Island, USA.

Grounded

After collecting his stem cells, he returned to the airport to be told Hurricane Andrea had grounded all flights in Washington, where he was heading for a connection to the UK.

Peter said: "I put my box on the counter and said, 'These stem cells are urgently needed in the UK. Please help me get them there quickly."

The woman airline worker sprang into action and found an alternative Germany they have 4.7 million. route via Newark, New Jersey.

Peter then had to dash to the plane, which was ready for take off. He said: "There was the problem of getting through security. I am not allowed to **London Marathon.** put the box through an X-ray machine.

since being trained have been abroad, his deliveries but his ingenuity has often minutes to get off the plane and board ing. But on this occasion I made it to I've also got all sorts of paperwork, so been tested. He credits the kindness a National Express coach. He had to the Southampton train with two it's not straightforward. All the time I minutes to spare. They were desperate could hear them calling for the last passenger on the flight. I got there to find it was a tiny plane with no room One of his most challenging trips to put my box in an overhead locker. It ended up between the two pilots.

"In Newark I had to run through the rain for the Heathrow flight, But I arrived at the hospital in Oxford two hours earlier than expected. What a wonderful lady at that airport."

Peter has clocked up more than 67.000 air miles and enjoys travelling. But he wishes his trips could be more local. Sadly, he has to go abroad

because the British are poor donors. He said: "Nearly half of stem cell transplants in this country come from German donors. Our register contains only just over half a million people. In

"We desperately need to get more people on our stem cell register.'

Anthony Nolan is the official charity of today's Virgin Money

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