



Dr. John Csernansky at the inaugural Adrienne and Arnold Brookstone Conference in 2016



Adrienne and Arnold Brookstone

For more than six decades, Adrienne and Arnold Brookstone have sought to make positive differences in the lives of others by responding to unmet needs and exemplifying generosity, loyalty and commitment. True philanthropists, the Brookstones have offered support to a broad array of worthy causes and initiatives over the years, including a number of programs and clinical areas at Northwestern Medicine.

Most recently, the Brookstones made a significant gift to establish the Adrienne and Arnold Brookstone Conference within the Department of Psychiatry and Behavioral Sciences. An annual event that focuses on issues and challenges in adolescent psychiatry, the Adrienne and Arnold Brookstone Conference first took place in 2016 and already has earned acclaim as a unique and meaningful educational opportunity. In addition to bringing together expert clinicians and investigators from around the world who specialize in adolescent psychiatry, the Adrienne and Arnold Brookstone Conference welcomes care providers and trainees from many different fields, including psychiatry, psychology, nursing and social work, as well as members of the public, free of charge.

“Adrienne and I wanted to be sure that the Adrienne and Arnold Brookstone Conference was as inclusive as it could possibly be, so it was especially important to us that the event be open to the whole community,” said Mr. Brookstone. “Our whole approach to life is about reaching out and trying to do as much good as we can, for as many people as we can. Through the conference, we hope to help people learn more and talk openly about mental health challenges that young people face, and we want everyone who attends to feel welcome and supported.”

The first Adrienne and Arnold Brookstone Conference featured keynote speaker Patrick McGorry, MD, PhD, a world-renowned scientist in the area of early psychosis and mental health. Dr. McGorry is known for being a key architect of the process that reformed mental health services for young people with emerging mental illness in Australia. In fall 2017, the second annual Adrienne and Arnold Brookstone Conference welcomed Antonello Bonci, MD, an Italian-born neurologist and neuropsychopharmacologist who now serves as scientific director of the National Institute on Drug Abuse in Bethesda, Maryland. Dr. Bonci’s address on the theme “Helping our Youth when Addiction and Mental Illness Collide” was exceptionally well-received. The third annual conference, entitled “Childhood Trauma: Pathways to Better Mental Health Outcomes,” will take place on October 19, 2018. The keynote speaker will be Julian Ford, PhD, director of the National Child Traumatic Stress Network Center for Trauma Recovery and Juvenile Justice.

“Adrienne and Arnold Brookstone have shown extraordinary generosity and vision in establishing the Adrienne and Arnold Brookstone Conference, and it has been a privilege to partner with them,” remarked John G. Csernansky, MD, Lizzie Gilman Professor and chair of the Department of Psychiatry and Behavioral Sciences. “The goal of the conference is to focus the attention of mental health providers from many disciplines on the risk factors and early symptoms that precede the diagnosis of mental illness in young adults. The Adrienne and Arnold Brookstone Conference is opening new doors of understanding that should make it easier for young people and their families to find the help they need during a mental health crisis. The Brookstones are the very definition of thoughtful philanthropists.”

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Save the Date

Adrienne and Arnold Brookstone Conference October 19, 2018

8 am-3:15 pm
Prentice Women’s Hospital, Third Floor Conference Center
250 East Superior Street, Chicago, IL
Info: Marleana Cross, 312.926.9127 or mccross@nm.org