Hi,

I am including the amazon link of the book below. It is more than 200 pages, thus making it tough to include in the portfolio.

Link:

https://www.amazon.in/Breaking-Myself-Ridhima-Chopra-ebook/dp/B073KDKDVG/ref=sr_1_1?crid=3F4A09J4HSHLG&keywords=breaking+myself&qid=1650519694&sprefix=breaking+myse%2Caps%2C367&sr=8-1