SUNDAY, OCTOBER 24, 2004 | EDITOR: JANE WOOLDRIDGE | wooldridge@herald.com | 305-376-3629 or 954-764-7026

ON THE RISE

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In the first Christian nation, a fresh cityscape and untrammeled historic sites welcome tourists

BY JANE WAMPLER Special to The Herald

YEREVAN - On a clear autumn day, the smell of fresh cement and the sound of chisels and hammers permeates the Armenian capital. Sidewalk cafes overflow with suited business-men and couples huddling over demitasse cups of strong, boiled coffee. Fashionable women in rimless sunglasses and stiletto heels walk arm in arm, sidestepping wheelbarrows and loose paving stones on their way to smart eateries in new luxury hotels brimming with tourists.

It's clear that Armenia is making a

comeback. Again.

After surviving 70 years of Soviet domination, a devastating earthquake and millenniums of foreign marauders who whittled this once-massive kingdom to one-tenth of its size, the first country to formally adopt Christianity is once again assuming its role of perennial phoenix.

Cloaked behind the Iron Curtain for

most of the 20th Century, until a dec-

\*TURN TO ARMENIA, 7J





ARMENIAN SITES: Khor Virap Monastery, left, sits near Mount Ararat, at the Armenia-Turkey border. A woman, top, collects hay near Mt. Aragats. Taking a stroll by the Khor Virap Monastery, above.

# Incredibly lovely mountain nation's seemingly unsinkable - and safe

ade ago, this mountain republic tucked between the Caspian and the Black seas fell out of bounds for most outsiders. Hidden was an astonishingly beautiful country of high mountain lakes, snowcapped mountains, ancient monasteries, cascading rivers and archaeological ruins so impressive they ought to be behind the velvet ropes of a museum.

Perhaps more significantly, many Westerners are surprised to hear that this predominantly Christian nation - bordered by Iran, Turkey, Georgia and Azerbaijan - is politically stable and welcoming to tourists.

'What people don't know is that Armenia is safe," says Laura Gononian, editor of Armenian International Magazine, which caters to the English-speaking Armenian descendants around the world whose forefathers fled the region during the so-called Armenian Genocide in Turkey in the early 20th Century. "We might be in the middle of a nightmare - Iraq is 250 miles away as the crow flies - but this is probably the safest place in the world at the moment.

Nevertheless, democratic reforms have been bumpy. There have been recent demonstrations in the capital, which the U.S. State Department reports are peaceful, though armed clashes along the border with Azerbaijan occur intermittently. In 1994, the two countries signed a cease-fire following violent disputes over border lands.

Not surprisingly, local entrepreneurs making the transition from communism to capitalism are grateful for the tourism.

Consider Jirair Avanian, owner of Dolmama restaurant a warm and elegant eatery in the heart of Yerevan. Like many other native Armenians, Avanian could not resist the lure of his reopened homeland. He moved to Yerevan from New York City shortly after Armenia regained statehood in 1991.

What he found was a city in tatters. Gutted factories, severe fuel shortages, border conflicts with neighboring Azerbaijan and Karabagh, and the economic aftershocks of a 1988 earthquake had many questioning whether this tiny country could rise from the

"It was miserable here. There was no electricity, no lights, no heat, and Communism was in its death throes," Avanian recalls. "Seventy years of not knowing how to fend for itself had taken its

With financial help from Armenian descendants around the globe - including 1.4 million U.S. residents -Armenia is getting a face-lift. Fountains, flowers and Russian olive trees line graceful boulevards, an amazing turnaround for a city once nearly



and child, left, in the Armenian countryside; the silhouette of the monastery in Echmiadzin, above, Armenia's holiest city; a man holds religious artifacts, right.

ANCIENT LAND: A woman

into the narrow pit on a ladder to imagine Gregory's decade-plus claustrophobia, then emerged into the blazing sun for an up-close view of Mount Ararat, just across the Turkish

border. We moved on to Noravank, 13th-century monastery perched on a forested cliff and surrounded by dramatic redrock outcroppings. On this day, we were the only visitors in sight as we wandered the church grounds and admired the khatchkars, or cross stones, elaborate crosses carved on basalt tablets found primarily in Armenia.

That night we snagged a room at a dank, Soviet-era hotel room in Sisian, then headed out at first light for an early-morning glimpse of the Zorats stones. This is Armenia's version of England's Stonehenge: ;a circular arrangement of massive stones thought to be a celestial observatory. Though the Zorats stones lack the impressive lintels of Stonehenge, they are believed to be 6,000 years old - older than its British cousin by three millenniums.

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Stonehenge has become so popular that it's been roped off to visitors, Armenia's stones are startlingly unprotected and uncommercialized. Only the snow-capped mountains, which loom over the windy field, stand guard. We strolled through the deserted site of lichen-covered stones and peer through holes that

the ancient cosmographers

might have drilled to better

view the heavens.

From Sisian, the road to Tatev is bumpy, but it soon opens to reveal a lushly wooded canyon crowned by a ninth-century monastery. To invaders of centuries past, the complex was viewed as a prize worthy of numerous bloody forays. On our visit, we were alone save a caretaker, free to explore the faded frescoes in dark rooms, climb the heights of the fortified walls, and to imagine the 13th-century Mongols who, historians say, pushed Chris-

Back in Yerevan, we wandered through markets, sipped brandy at the local distillery, soaked up the history

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tians into the gorge.

in this city that is older than Rome by 29 years. In the square once guarded by tanks and named for Lenin, children play in the spraying fountains. Couples walk past some of the Armenia's most prestigious buildings such as the National Museum, home to 10,000year-old Uratian cuneiform inscriptions and 3,000-yearold horse-drawn carriages uncovered in Lake Sevan.

All are a tribute to the spirit of survival. For Armenians, the late novelist William Saroyan — an American son of an Armenian immigrant - may have said it best:

"I should like to see any power of the world destroy this race, this small tribe of unimportant people, whose wars have all been fought and lost, whose structures have crumbled, literature is unread, music is unheard and prayers are no more answered ... Burn their homes and churches. Then see if they will not laugh, sing and pray again. For when two of them meet anywhere in the world, see if they will not create a new Armenia."

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deforested during fuel short-

ages. Crowds of stylishly

dressed mothers and children

walk down Khanjian Street to

buy roasted coffee beans,

potatoes, onions, ice cream

and fried sweet cakes from

serve quality ethnic Armenian

food at unbelievably low

prices. A meal for two, at Old

Erivan Restaurant, for

instance, costs less than \$15

for a basket of lavash (thin

pan-fried bread, similar to a

tortilla), a platter of cheese, a

ripe tomato and cucumber

salad, lamb stew, khoravatz (a

shish kebab of meat and vege-

tables on a skewer), and a few

strong Armenian beers to wash it all down.

Despite its forays into

sufficiency, nothing can dim

Armenia's rich and tragic his-

tory. Nor should it. For 4,000

years, civilization has flour-

ished in lands associated with

Armenia. The Biblical rivers

of Tigris and Euphrates

flowed through the original

Armenia, or Ararat, as it was

once called. The 16,945-foot-

high namesake Mount Ararat,

in present-day Turkey, holds

what many believe to be the

remnants of Noah's Ark in its

crevasses. In 301 A.D., Arme-

nia became first nation to embrace Christianity as a

state religion, a dozen years

(under the rule of King Tigran

II from 94-55 B.C.), the king-

dom of Armenia encom-

passed parts of Iran, Iraq,

Syria, Lebanon and western

Turkey. Over the centuries

Armenia has been scooped up

At the height of its power

before Rome.

and self-

TRAGIC HISTORY

modernism

And dozens of eateries

street vendors.

by empires Roman, Byzan-tine, Arab, Persian and Otto-

man. It was incorporated into

Russia in 1828 and the U.S.S.R.

tumultuous past draw bus-

loads shuttling from Hellenis-

tic temples, Roman shrines,

and early churches. At Ech-

miadzin, a small-scale Vati-

can-like complex with

museum and a cathedral, non-

believers mingle with pil-

grims to view ancient silver

chalices, bejeweled crosses

and religious relics such as a

metal spearhead believed to

have pierced the side of

the city center, as we did, and

hire an English-speaking

driver for a two-day, south-

eastern excursion from the

with a Soviet-made SUV

packed with snacks thought-

fully baked by his wife. First

stop: eerie Khor Virap, the

church complex built atop a

well where Gregory the Illu-

minator reportedly was

imprisoned for his Christian

teachings in the third century.

(He later converted the rulers

to the faith and was sainted

for his efforts.) We climbed

Boris, our driver, arrived

capital and back.

Another option is to leave

The monuments from this

in 1920.

Christ.



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rama Lich

Sisian

### YEREVAN, ARMENIA: THINGS TO SEE AND DO

· Visit the "closed bazaar," a football stadiumsize indoor market on West Mashtots Avenue, brimming with fresh fruits and vegetables displayed like gleaming jewels.

 See the rare document museum, the Matenadaran, which houses an extraordinary collection of ancient manuscripts, some dating to the ninth century. An English tour guide - a paltry \$2.50 above the regular \$4 admission fee - will heighten your experience by explaining the relevance of what you're seeing. Highlight: A huge 15thcentury book relaying Armenia's history. It was ripped in half and smuggled out of the country by two peasant women, at great personal peril, during the 1915 genocide. Both women, and both halves of the book, survived.

 Make time for the museum dedicated to Sergey Parajanov, a master of modern cinema and director of The Color of the Pomegranate. Through collages, mixed media and paintings you can alimpse into his complex mind. Alas, there are no film clips.

 Learn the difference between brandy and cognac at the Yerevan Brandy Company, which offers free factory tours. Armenia is famous for its brandy and this is the place to go if you want to



**GAYLON WAMPLER/FOR THE HERALD** 

ARMENIA'S STONEHENGE: Zorats stones, believed to be 6,000 years old, are a circular arrangement of massive stones thought to be a celestial observatory. The Zorats are older than their British counterpart by three millenniums.

witness how spirits are distilled and aged. Located about five minutes by car from the city center on Admiral Isakov Ave.

 Stroll through the Vernissage, a festive outdoor market that operates each weekend near Republic Square. Here will you'll find accordions, old toasters,

Russian nesting dolls, obscure car parts, compasses, jewelry, and strolling musicians.

 Visit Tsitsernakaberd, the somber site of the Genocide Memorial, and the Museum of the Armenian Genocide. Tens of thousands of Armenians make a pilgrimage here each year on April

24, the national day of commemoration and mourning. Otherwise, it is a fairly deserted place - fitting for the solemn contemplation that it inspires.

It is located at 46 Kievan St. in the Tsitsenakaberd Park, northwest of the city center.

## TRAVELING TO ARMENIA

Visas: Three-week tourist visas are relatively easy to obtain through the Armenian embassy in Washington (202-319-1976) for about \$32. Online, the cost is \$60; www.armeniaforeignministry.am

Getting there: British Airways is the leading carrier offer-GEORGIA

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Yerevan

ing service to Armenia, with flights from London to Yere-van three times a week.

Getting around: Take our advice: Do not drive. Roads and traffic are nightmarish. An English-speaking driver and car cost about \$50 per

Information: www.ar meniadiaspora.com and www.armeniainfo.am

Once you arrive: Visit the Armenian Tourism Development Agency, 3 Nalbandyan St., near Republic Square; (011-37-41) 542-306 or (011-37-41) 544-791. The staff

is bend-over-backward helpful and can provide you with maps, books on Armenian history, hotel information, and phone numbers of reputable guides and drivers. Money matters: The official currency is the Armenian

dram but U.S. dollars are widely used. Forget your credit cards; they are rarely accepted.

Staying connected: CNN and BBC are available in most hotels. Internet cafes are ubiquitous and charge less than \$1

Tour operators: The following offer day tours, multiday

excursions, hotel reservations and airport transfers:

• Menua Tours, (011-37-41) 527-372, www.menuatours.com

Sati, (011-37-41) 531-022, www.satiglobal.com

Princess Maneh, (011-37-41) 582-457, www.seearmenla.tk When to go: Autumn is best, with moderate temperatures are a dry climate. However, if you plan to hike Mount Aragats (not Ararat, which is in Turkey), note that most tour operators stop leading trips up the peak after Sept. 30.

### YEREVAN LODGING

(Note: Armenia is nine hours ahead of EDT.)

· Congress Hotel, a clean and modern four-star facility. The rooms are small but this centrally located hotel has a pristine outdoor swimming pool, a fitness center, a restaurant and bar. Rooms have private baths, air conditioning, satellite television, and phones. Double \$105. Located just south of Republic Square, at 1 Italia Street. (011-37-48) 580-095;

www.congresshotelyerevan.com.

• Armenia Marriott Hotel Yerevan (formerly Hotel Armenia), with its hotel front cafe facing Republic Square, is considered by many to be the city's flagship hotel. The rooms are small but nice, with private baths, air conditioning, satellite television and phones. Facilities include two restaurants, cafe, bar, health club and business services. Double \$115. Includes breakfast buffet. 1 Amirian Street, at Republic Square. (011-37-48) 599-000; www.marriott.com.

### YEREVAN DINING

· Dolmama. Owner Jarair Avanian has created an upscale but cozy continental eatery centrally located in downtown Yerevan. Entrees range from \$12 to \$18. 10 Pushkin St. (011-37-41) 568-931.

· Old Erivan. This four-story eatery is actually several restaurants under one roof, with dining rooms ranging from elegant to rooftop alfresco dining. The decor and lively entertainment is belied by the moderate prices. Entrees range from \$5 to \$7. 2 Northern Ave. (011-37-41) 540-575.

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