#### What are community gardens?

The Centers for Disease Control and Prevention describes community gardens as "collaborative projects on shared open spaces where participants share in the maintenance and products of the garden, including healthful and affordable fresh fruits and vegetables."



## Why are community gardens important?

Community gardens can improve nutrition, physical activity, community engagement, safety, and economic vitality for a neighborhood and its residents. These gardens have the greatest positive impact on their community when they:

- ✓ include neighbors of various ages, races, and ethnic backgrounds,
- offer educational opportunities and vocational skills for youths,
- √ target or include lower-income residents,
- enable gardeners to sell their produce through a local farmer's market, and
- encourage the donation of surplus produce to food shelters.

# Other Programs at Springfield Community Gardens

#### **Farm Incubator Program**

The average age of farmers is rising as financial, regulatory, and global market pressures increasingly challenge traditional American farms. At the same time, more people are becoming interested in growing their own food or farming for their local market. SCG's Farm Incubator program assists those wishing to begin farming with obtaining affordable land, develop a business plan, and receive training and mentorship.

#### **Grow To Ride Program**

In conjunction with the 4-H (4-H.org), SCG's Grow To Ride program gives children who volunteer in the community gardens an opportunity to learn to ride horses.

#### **Ozarks Food Harvest Partnership**

Ozarks Food Harvest provides fresh produce to local families struggling with food insecurity. SCG garden volunteers receive these benefits during the growing season as well as during the off season. SCG says "over 2,000 pounds of fresh produce are distributed weekly in addition to produce grown in the gardens."

According to Ozarks Food Harvest, "14.8 percent of the population [in southwest Missouri] faces food insecurity, meaning they are unsure of where their next meal will come from. Unfortunately, 22 percent of these individuals have income levels that disqualify them from receiving government assistance."

SCG's produce distribution center at Weller Community Church is open 1:00 to 3:00 PM on Wednesdays.





# **Growing Food. Growing Community.**





The goal of Springfield Community Gardens (SCG) is to create a community where everyone has access to healthy, local food. Having developed its first garden in 2010, the organization now works with a network of more than 20 volunteer gardens throughout Greene County. These community gardens improve nutrition and food security, foster healthy relationships, and strengthen neighborhoods.

Through their network of public and private partnerships, SCG helps neighborhoods locate and secure land for new community garden projects. SCG assists with financial needs and provides instruction to help new gardens get up and running quickly.

#### **Community Gardens in Greene County**

The community gardens are typically open and operating from March 1 through mid-November.

## The map on the front cover shows the locations of these community gardens:

- 1 Woodland Heights Community Garden (Reed Academy) 2031 N. Lyon Ave.
- 2 Pathways Community Garden 1232 E. Dale St.
- 3 Victory Square Garden 1610 N. Broadway Ave.
- 4 Midtown Community Garden 1471 N. Benton St.

- 5 Pacific Street Community Garden 819 E. Pacific St. & Future Pacific Garden (under construction @ 813 E. Pacific St.)
- 6 Rogers Community Garden 1436 N. Rogers St.
- Weller Community Garden 1624 E. Blaine St.
- 8 Springfield Community Gardens Market Garden 1126 N. Broadway Ave.
- Calhoun Community GardenW. Calhoun St.
- West Central Community Garden (Mother's) 727 W. Walnut Ave.
- West Side Community Garden 1405 S. Scenic Ave.
- Missouri State Garden 912 F. Normal St.
- Delaware Community Garden 1538 F. Stanford St.
- Oak Grove/East Stanford Community
  Garden
  2710 F. Stanford St.
- Holland Community Garden 2245 S. Holland St.
- Meador Community Garden 2225 S. Fremont St.
- Brentwood Community Garden 1900 E. Barataria St.
- 18 Harmony House Garden 3404 E. Ridgeview St.
- 4 Amanda Belle's Farm (CoxHealth) 851 E. Primrose St.



### **Get Involved!**

417-414-7129

SpringfieldCommunityGardens.org
SpringfieldCommunityGardens@gmail.com
Facebook: Springfield Community Gardens

YouTube: Springfield Community Gardens

In 2020, SCG and volunteers helped distribute 280,000 pounds of free produce to 6,162 households, impacting 20,200 individuals.

Areas with community gardens experience a decrease in crime.

Gardens beautify neighborhoods, increase property values, and instill a sense of pride in the community.