DANGERS OF ILLICIT CBD

Cannabidiol, also known as **CBD**, has been gradually making its way into the both physical and online stores and even into pet shops. There is no denying the benefits of CBD anymore as more research surfaces and more are being carried out. In the bid to jump on the trend of CBD products, there is need to avoid illicit CBD. Illicit CBD is non-regulated and non-approved CBD products that do not adhere to the principles and rules set by Regulatory Agencies regarding the manufacture, production and marketing of those products.

The issue with illicit CBD is the fact that the safety and quality of the products are very uncertain and are just based on chance. The possible adulteration of the products, toxicity and inadequate dosing information go unchecked and leave illicit CBD products with uncertain quality and safety. The singular reason that these products are to be ingested or topically applied and eventually be involved with one's all-round health should make one want to stay very far away from those products. The dangers that abound with illicit CBD are really not worth saving an extra buck in the long run.

1. Complications Caused by Consumption of Contaminants.

When CBD is being extracted, if not properly or hygienically done, it could contain contaminants. These <u>contaminants</u> could be solvents, microorganisms, or herbicides and, in some cases, it could be pesticides.

Pesticides, when consumed, are potentially <u>toxic</u> to humans and could induce adverse health effects like cancer, effects on reproduction, immune or nervous systems. There could also be worsening of present health conditions. For example, these contaminants may further weaken the immunity of someone undergoing chemotherapy with an already compromised immune system. These possible complications are very dangerous are better avoided than experienced.

2. Allergic Reactions.

Allergens can be present anywhere and hence Regulatory Agencies make it compulsory to add an allergens list to product information. A complete content list is also to be provided to enable people see the various bases that the CBD has been infused into. Unfortunately, in the case of illicit CBD products, some contents may be omitted and lead to mild or severe allergic reactions when consumed.

These reactions could range from Oral itching (pruritus) when ingested to body splotches and redness mostly when used topically. Worst case scenario would be an anaphylactic shock due to consumption of a major allergen, which could eventually be lethal. It is much better not to take chances with illicit CBD.

3. Inaccurate Dosing.

One of the major benefits of CBD edibles is the fact that it gives the ease of self-dosing. There is no need to measure anything. There is also no need to over think because the accurate and pre-measured dose should be clearly written on the pack.

This may not be so with illicit CBD. Asides from the uncertain safety of the product, one has no idea what exact measurements were used and the accuracy of such doses. Blindly trusting those products could lead to over dosing which may bring on a series of unsavory side effects such as severe diarrhea, nausea, lethargy and extreme drowsiness.

4. Consumption of THC in Large Quantities

Tetrahydrocannabinol, also referred to as **THC**, is a constituent of Cannabis that gives the 'high' feeling when consumed. The content of is not supposed to be in large quantities. This is why authentic CBD products should be as pure and free of THC as possible.

Illicit CBD is not checked nor regulated and may contain large quantities of THC. The <u>side effects</u> of THC include memory loss, anxiety and coordination problems. These problems practically negate the benefits of CBD.

5. Adverse Effects on Pets.

CBD oil can be used to help animals with pain (especially neuropathic pain), anxiety and <u>seizures</u>. It is always advisable to go for the highest quality and purity. Going for an illicit CBD oil because it is cheaper may put the pets' health at risk.

This is because they may contain pesticides, herbicides and even heavy metals. These may end up causing adverse effects on those pets. The only thing worse than the adverse effects would be not noticing them seeing as they do not have the ability to express how they feel.

6. Total Ineffectiveness.

While many people are skeptical about it, CBD has shown to have a wide range of importance and advantages. These advantages are why people seek to purchase and use CBD in all the various forms that it exists. In an attempt to save costs, some people may buy illicit CBD products which may not even have any positive effect on their pain or anxiety. It could be totally ineffective and may leave them frustrated or feeling defeated.

Summary

When making choices especially health-related choices, agreeably, one has to consider the pros and cons of those choices. Authentic CBD is not inexpensive but given its benefits, it is worth it. Illicit CBD may be pocket-friendly now, but at what cost?