



For Immediate Release

**MICHAEL CASSINIDES AND HANH NGUYEN PLACED FIRST AT THE
2022 VNG IRONMAN 70.3 VIET NAM.**

- **Australian Michael Cassinides and Vietnamese Hanh Nguyen claimed victories at the 6th edition of VNG IRONMAN 70.3 Viet Nam.**
- **Themed “Embracing Challenges”, this year’s triathlon event attracted the participation of more than 2,100 local and international athletes, representing 31 countries.**
- **The event awarded 42 slots to qualifying age group athletes for the 2022 IRONMAN 70.3 World Championship to be held in St. George, Utah from October 28-29, 2022.**

Da Nang City, 17th May 2022 - The 6th VNG IRONMAN 70.3 Vietnam triathlon festival, the largest of its kind in Vietnam, concluded successfully in the central coastal city of Da Nang on Sunday, May 8, in which Australian Michael Cassinides and Vietnamese Hanh Nguyen earned victories. The 2022 edition is organized by Sunrise Events Vietnam (SEV) with the support from the Department of Culture & Sports of Danang City and the title sponsor VNG.

Michael Cassinides, an Australian national, won handily, completing the 1.9km swim, 90km bike, and 21.1km run in 04 hours 16 minutes 12 seconds, beating runner-up Andy Wibowo from Indonesia who finished in 04 hours 19 minutes 50 seconds by over three and a half minutes. Further back was Golatat Kunaborimas from Thailand who came in third with a finish time of 04 hours 29 minutes 23 seconds. After rougher seas earlier in the week, race day saw calmer seas for the athletes, but heavy rains impacted the bike leg before the sun broke through on the run for the front runners.

In the women’s category, Vietnam’s Hanh Nguyen clocked a time of 05 hours 09 minutes 20 seconds to earn the top spot on the podium, followed by Pannapat Krarunpetch from Thailand with 05 hours 12 minutes 38 seconds. Rounding out the podium was Agnieszka Najnigier Pierzynowska from Poland who finished in 05 hours 24 minutes 15 seconds.

“I had a great day and felt like I was giving the very best I could. The swimming course was probably more brutal than ever, but I was determined to go all in to see what happens. I’m very



pleased with today's results; I proved to myself that anything is possible if you believe in yourself and never give up. Thanks to all the volunteers and organizers for putting on such a wonderful and meaningful event. I love IRONMAN!" said Vietnamese athlete Hanh Nguyen, who topped the women's category.

Top five men's overall results:

		SWIM	BIKE	RUN	FINISH
1. Michael Cassinides	AUS	00:26:29	02:17:33	01:27:26	04:16:12
2. Andy Wibowo	IDN	00:27:43	02:16:23	01:30:45	04:19:50
3. Golatat Kunaborimas	THA	00:25:38	02:16:37	01:42:09	04:29:23
4. Andrey Sharipov	UZB	00:26:12	02:20:03	01:43:03	04:34:10
5. Corentin Cousin	FRA	00:26:48	02:21:59	01:41:28	04:35:15

Top five women's overall results:

		SWIM	BIKE	RUN	FINISH
1. Hanh Nguyen	VIE	00:43:33	02:31:36	01:48:06	05:09:20
2. Pannapat Krarunpetch	THA	00:29:38	02:42:25	01:54:46	05:12:38
3. Agnieszka Najnigier Pierzynowska	POL	00:37:44	02:50:03	01:50:24	05:24:15
4. To Phuong Pham	VNM	00:42:08	02:32:52	02:06:05	05:27:44
5. Van Nguyen	VNM	00:44:58	02:42:02	01:53:22	05:28:51



With the theme ‘Embracing Challenges’, the 2022 VNG IRONMAN 70.3 Viet Nam witnessed more than 2,100 athletes, representing 31 countries and regions. Registered athletes ranged from 18 – 76 years old, with a record of over 1,100 Vietnamese athletes participating. The growing numbers despite COVID-19 disruptions showcases the strong development of the Vietnamese triathlon community, as well as the strong spirit and will to explore one's limits through the growing Vietnamese sports.

Not only are Vietnamese participation growing, but local athletes are also finishing faster and increasingly challenging for higher positions. On the men’s side, 6 athletes including Dang Quoc Tuan, Tuan Vo, Cao Ngoc Ha, Bui Trung, Tuan Anh Nguyen and Duc Quan Nguyen finished under 5 hours, the most ever among Vietnamese athletes at this event with Dang Quoc Tuan finishing first among Vietnamese in 04 hours 46 minutes 31 seconds which placed him 14th overall amongst competitors. Vietnamese women also continue to finish in ever faster times than in previous editions with 4 athletes finishing under the top Vietnamese women’s finishing time of 05 hours 33 minutes 49 seconds for the 5th edition and Asia Pacific Championship in 2019.

A total of 42 slots, of which 7 Woman for Tri, to the 2022 IRONMAN 70.3 World Championship in St. George, Utah, United States from October 28-29, 2022, were awarded to qualifying age group athletes.

Following the remarkable success of the 2022 edition, VNG IRONMAN 70.3 Vietnam is tentatively scheduled to return on May 4-7, 2023, continuing its position as one of the largest triathlon events in the region. *“We are continuing to build on our success from this year’s edition which received an overwhelming response from the triathlon community in Vietnam and beyond. We are more than excited to move forward to host the VNG IRONMAN 70.3 Vietnam 2023 in its full glory,”* shared Sunrise Events Vietnam General Manager Onslo Carrington.

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About the IRONMAN Group

The IRONMAN Group operates a global portfolio of events that includes the IRONMAN® Triathlon Series, the IRONMAN® 70.3® Triathlon Series, the IRONMAN® Virtual Racing™ (VR™) Series, 5150™ Triathlon Series, the Rock ‘n’ Roll® Running Series, the Rock ‘n’ Roll Virtual Running™ Series, IRONKIDS®, World Triathlon Championship Series, premier running events including the Standard



Chartered Singapore Marathon™ and The Sun-Herald City2Surf®, UTMB® World Series events including Tarawera Ultramarathon and Ultra-Trail Australia™, mountain bike races including the Absa Cape Epic®, road cycling events including Haute Route®, and gravel racing like Gravel Epic®, and other multisport races. The IRONMAN Group is the largest operator of mass participation sports in the world and provides more than a million participants annually the benefits of endurance sports through the company's vast offerings. Since the inception of the iconic IRONMAN® brand and its first event in 1978, athletes have proven that ANYTHING IS POSSIBLE® by crossing finish lines around the world. Beginning as a single race, The IRONMAN Group has grown to become a global sensation with hundreds of events across 55+ countries. The IRONMAN Group is owned by Advance, a private, family-owned business. For more information, visit www.IRONMAN.com/about-IRONMAN-group

About Advance

Advance is a private, family-held business that owns and invests in companies across media, entertainment, technology, communications, education and other promising growth sectors. Our mission is to build the value of our companies over the long-term by fostering growth and innovation. Advance's portfolio includes Condé Nast, Advance Local, Stage Entertainment, The IRONMAN Group, American City Business Journals, Leaders Group, Turnitin, 1010data and Pop. Together these operating companies employ more than 17,000 people in 29 countries. Advance is also among the largest shareholders in Charter Communications, Discovery and Reddit. For more information visit www.advance.com .

About VNG Corporation

Established in 2004, VNG is Vietnam's leading tech firm with a diverse ecosystem of products serving the needs of 100 million customers in Vietnam and many countries around the world. VNG's ecosystem focuses on four main businesses, online games, social media & entertainment, digital payments, and cloud services. Many of VNG's key products, including Zalo, ZaloPay and Zing Mp3, have attracted hundreds of millions of users. VNG also strategically focuses on data driven tech solutions and AI.

About Sunrise Events Vietnam

Sunrise Events Vietnam (SEV) was established in 2015 and is the exclusive licensee of the World Triathlon Corporation for IRONMAN 70.3 and IRONKIDS events in Vietnam. SEV's vision is inspiring individuals to embrace their full potential through the power of sports and healthy habits. Starting with Vietnam, the company's mission is to create the most sought-after mass participatory events, expand the health and wellness ecosystem and deliver transformative and sustainable impact to individuals, businesses, and



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communities we serve. SEV also organizes leading endurance sports events and one-of-a-kind experiences including the Techcombank Ho Chi Minh City International Marathon, Vinpearl Luxury Landmark 81 Race to the Summit, Sabeco Rise with Vietnam relay run and The Hot Air Balloon, Yacht and Water Sports Festival, officially opened in Thu Duc City, Ho Chi Minh City.

Media Contact

Sunrise Events Vietnam

Dong Phuong Thao (Celine)

+84 (0) 966 723 942

thao.dp@sunriseevents.com.vn