

Lucid Reality

I've been careless.
Sinking and spiraling
down a rabbit hole.
Thinking I'm losing
control.
I'm tireless.
Replaying a movie
in my mind.
Seeing if it defines
my life and
how I feel inside.
It's like a sequel,
isn't it?
The way it all
runs back.
The way I feel
so trapped.
I don't like this
movie.

~{A}