# LA MEJOR FORMA DE PONER AL DÍA TU INGLÉS #86

Alec Baldwin Maturing rocks

# Zachary Quinto

Why shaving his eyebrows helped him gain fame

>>Australian food>>Oasis>>Travel: Tahiti>>Modal Verbs>>

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# **EDITORIAL**

We are obsessed with celebrity. We love to know about the private lives of the stars. The more sordid the revelations, the more we clamour<sup>1</sup> for gossip. But imagine what it must be like to live in the public eye<sup>2</sup>. Our cover star, 30 Rock actor Alec Baldwin, knows. He talks about the angry answer machine message he left for his daughter which caused a media sensation, his distinguished career in film and TV and his political aspirations.

The brothers Gallagher of Oasis are no strangers to controversy either, and when not fighting each other can often be found mouthing off<sup>3</sup> to the press. Whatever your opinion of them, they seem to have musical staying power<sup>4</sup>.

For travel we are Tahiti bound, so get your snorkel ready as we dive for pearls around its beautiful islands. And if you're "a bit pissed"<sup>5</sup> after too many Tahitian cocktails, it's time to practise your flirting slang if you want to "get off with"<sup>6</sup> the girl or boy of your dreams.

This is just a mere taster<sup>7</sup> of what we offer you in *English Today* this month.

Enjoy!

Tony Keirle Pedagogical Coordinator

 to clamour pedir a gritos
 in the public eye en el punto de mira
 to mouth off (about something) jactarse (de algo) 4 staying power aguante 5 a bit pissed un poco borracho 6 to get off with ligar con 7 taster anticipo

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level\_1 • level\_2 • level\_3 • • •

# **Celebrity News**

#### **Michael Jackson in wax**

Madame Tussauds in Hollywood unveiled<sup>1</sup> a waxwork of legendary star Michael Jackson just a few days before he would have turned 51. A new figure was made in London prior to the shows Jackson was due to play at the O2 Årena, and upon Jackson's death a recast<sup>2</sup> was quickly made of the figure and sent to Hollywood. Hundreds of fans turned out to see the lifelike<sup>3</sup> figure.

# Kelly Osbourne embarrassed<sup>4</sup>

Kelly Osbourne, daughter of rock star Ozzy Osbourne, has revealed in her new autobiography, Fierce, how her father embarrassed her in front of friends. She tells the story of when she was wearing a thong<sup>5</sup> instead of big knickers, and her dad pinned<sup>6</sup> her to the floor and cut them off while her friends were watching. Kelly writes how she burst into tears!



# **Health News**

#### Brits drink too much on holiday



The UK government has completed a survey of Brits abroad that shows the average adult on holiday consumes up to eight drinks a day – well over the recommended limit. The Department of Health questioned7 3,500 people and 70 percent of them said they were intending to drink less once their holiday was over. The UK government says that 10 million adults in England regularly drink more than the recommended limit: two to three units per days for women and three to four units daily for men



#### **Carbs<sup>8</sup> are good for you**

Despite many diet fads<sup>9</sup> to the contrary, a medical centre in the USA says that cutting carbohydrates out of our diet in order to lose weight could be bad for health. Tests done on mice showed that although a low carb diet meant more weight loss, it also meant a higher build up of fatty deposits in the arteries, which can lead to heart attacks. Doctors say that the results from research using mice cannot be directly applied to humans, but a balanced diet including carbohydrates is the healthiest diet.

#### Watermelons<sup>10</sup> as fuel

New research in the United States has found that watermelons can be used to make the environmentally friendly fuel, ethanol. Farmers in the US repeatedly leave up to one fifth of their watermelon crops to rot<sup>11</sup> on the ground each year because they are bruised or blackened<sup>12</sup> on the outside and ugly<sup>13</sup> melons won't sell in the shops. However, the fruit inside is good. To stop this terrible waste, farmers asked the Department of Agriculture what they could use the melons for - and following a series of experiments, scientists have declared that the juice can easily be turned into the clean-burning fuel, ethanol, which is used in cars and aeroplanes. Don't expect to see watermelon pump stations appearing just yet though, the science bods have calculated that they can only produce 2.5 million gallons of fuel per year from melons – not much when compared to the nine billion gallons from corn<sup>14</sup> and other plants in the States alone.



#### **Owls<sup>15</sup> abandoned by Harry Potter fans**

The fictional character Harry Potter is being blamed for a large number of pet owls being abandoned. Harry Potter keeps a pet owl called Hedwig. The Royal Society for the Prevention of Cruelty to Animals (RSPCA) in the UK reports that they received many enquiries<sup>16</sup> from the public about where to buy a pet owl after the first Harry Potter film was released. Now, an animal sanctuary on the Isle of Wight is taking the unwanted owls into care as owners begin to realize that looking after an owl is hard work.



# **Environmental News**



#### Glossarv

- 1 unveiled desvelar
- 2 recast refundición
- 3 lifelike realista
- 4 embarrassed vergüenza
- 5 thong tanga
- 6 to pin (to the floor) clavar en el suelo
- 7 to question preguntar
- 8 carbs (carbohydrates) hidratos de carbono
- 9 fad moda
- 10 watermenion sandía
- 11 to rot descomponer
- 12 bruised and blackened golpeado y ennegrecido
- 13 ugly feo
- 14 corn maíz
- 15 owls búhos
- 16 to enquire buscar más información



# fashion

#### Gucci bag raises money for UNICEF

The Babouska is the latest model of Gucci bag, with a stud-trimmed<sup>1</sup> tote in a glossy<sup>2</sup> crystal GG fabric, designed by Frida Giannini to benefit UNICEF and its lifes aving<sup>3</sup> initiatives in sub-Saharan Africa. The Babouska will be available worldwide in Gucci boutiques and at gucci.com from 1 February 2009 until 31 January 2010. Twenty five percent of the retail price from all sales of the Gucci for UNICEF special edition bag will be donated to support UNICEF's "Schools for Africa" programmes in Malawi and Mozambique, where more than one million children have been orphaned<sup>4</sup> by the HIV/AIDS pandemic.

# beauty

Toe-nibbling<sup>5</sup> fish The hottest new beauty treatment could make you feel a little squeamish<sup>6</sup>; a bath full of fish nibble the dead skin off your toes and feet. So called Doctor fish are making a splash<sup>7</sup> in the beauty world and are said to be excellent at smoothing<sup>8</sup> the skin of those who suffer from skin complaints such as psoriasis or eczema.

The treatment is originally from Turkey but is currently gaining popularity in the USA. It involves putting the feet into a bath of Garra rufa or Cyprinion macrostomus fish which then nibble away any dead areas of the skin, leaving the healthy skin to grow. At the moment treatments are only for the feet, but salons want to start offering whole body treatments.





The News for Two website reports on the latest relationship trends. Women are waiting longer to have children, and more women than ever prefer not to have children at all, reveals a new Census Bureau report. Twenty percent of women aged 40 to 44 have no children, double the level of 30 years ago.

Mobile phones are changing the way we date. From dating invitations to sexual comments, mobile text messaging is slowly changing the way young people approach romantic relationships, a survey has shown. More than half of mobile-users aged between 18 and 24 have sent or received an invitation to a date. Fifty three percent also agreed that sending a flirtatious message to someone while in a relationship was a form of cheating<sup>9</sup>.

# shopping

If you like to have pokerstraight hair<sup>10</sup>, you'll need a good pair of hair straighteners. Nicky Clarke has been voted at the top when it comes to making hair straighteners. In independent tests of 100 women, Nicky Clarke's brand new DesiRED straighteners gained the most votes of all. They can be heated to 230 degrees to give super-sleek<sup>11</sup> results in seconds.









Volvo's latest plug-in hybrid ReCharge concept car was designed by a rocket scientist and has some pretty nifty features. Each wheel houses an electric motor, meaning that there's no need to attain power from a central motor. There a small flex-fuel engine, but that functions to charge the battery, and doesn't drive the wheels directly. Volvo say that as the car has no transmission, it is 10 to 15 percent more efficient and consequently the battery can be smaller and uses less power. Also, having all components built into each motor pushes their peak efficiency into the 95 percent range. Could this be the future of green motoring?

trends\_

#### Glossary

- 1 trimmed recortado
- 2 glossy brilliante
- 3 lifesaving salvar vidas
- 4 orphan huérfano
- 5 to nibble mordisquear
- 6 squeamish remilgado
- 7 to make a splash tener impacto
- 8 smoothing suavizante
- 9 cheating engaño
- 10 poker-straight hair pelo muy liso
- 11 sleek elegante
- 12 effective eficaz
- 13 cravings antojos
- 14 spikes picos
- 15 to burn off quemar
- 16 to avoid evitar
- 17 to curb frenar
- 18 smorgasbord bufé

Apparently there's an effective<sup>12</sup> way to lose weight by eating the foods listed below, which will stop your sugar cravings<sup>13</sup>.

1. Eggs are full of protein, and will help you feel fuller longer. Other research has shown that protein may also prevent spikes<sup>14</sup> in blood sugar, which can lead to food cravings. **2.** Green tea lowers cholesterol and helps burn<sup>15</sup> fat. 3. Pears are great for filling you up, and contain pectin fibre, which decreases blood-sugar levels, helping you avoid<sup>16</sup> between-meal snacking.

**4.** High-fibre cereal can curb<sup>17</sup> your appetite if you eat a bowl for breakfast. Researchers at the VA Medical Center and the University of Minnesota in Minneapolis tested the theory against the ultimate diet challenge: the buffet table. They gave 14 volunteers one of five cereals before sending them out to the smorgasbord<sup>18</sup>. Those who'd had the highest-fibre cereal ate less than those who didn't have as much fibre in the morning.



# Tahiti nature's luxury and its islands

The legends<sup>1</sup> of the Tahitian people describe this group of islands as the pearls in a necklace<sup>2</sup>, scattered<sup>3</sup> in the vastness of the South Pacific, each one with a different colour and brightness. Even if you travel to the other side of the world, you won't discover anything quite as impressive. Tahiti and its islands are a jewel that has been polished<sup>4</sup> to provide the most exclusive tourist services and experiences, but this does not mean that their authenticity hasn't heap conserved. authenticity hasn't been conserved.

o discover the two different faces of this fascinating destination you should visit the volcanic islands of the Society Archipelago, where you'll find the legendary and mythical Tahiti and Bora Bora and the sacred Raiatea - then continue to the coral atolls of the Tuamotu Archipelago, a world far away from the one our Western eyes are accustomed to.

The intensity of the blues and the way they contrast with the green interior of the island is the first thing that strikes<sup>5</sup> you when landing in Tahiti. An endless<sup>6</sup> palette of the clear turquoise waters of the lagoon opens before you; protected from the ocean by a coral reef surrounding the island.

Tahiti is known as the Queen Island, and is the gateway<sup>7</sup> to this new world, where there are both havens of peace and lively<sup>8</sup> places infected by the joy and cheerfulness<sup>9</sup> of the villagers. In

board<sup>14</sup> to other islands, Tahiti's beautiful interior hides mountains of jagged<sup>15</sup> volcanic peaks, such as Aorai and Orohen, impressive waterfalls, lookouts and privileged sites that bring us closer to its turbulent past. Its people, from Maori roots, have lived under British influence, then French for many years, but they have kept their spirit intact, ruled by legends and by the pace dictated by the sun and the seasons.

#### A ROSARY OF 118 ISLANDS

The airport of Tahiti has flights connecting regularly with 41 islands and atolls, some so remote that it takes more than four hours to get there. Others are closer, and can be reached in just 10 minutes. There are also companies that hire private planes and offer scenic helicopter flights to view the islands from above. Bora Bora is indeed the pearl of the Pacific; even back in the eighteenth century the early explorers fell in



its capital, Papeete, business converges with leisure and there's a pleasant<sup>10</sup> hustle and bustle<sup>11</sup> all day and night. Terraces overlook<sup>12</sup> the marina and the unusual colonial markets where you can buy local crafts, necklaces or fancy sarongs<sup>13</sup> as souvenirs. Despite being considered a springlove with its unusually stunning<sup>16</sup> terrain. Its core<sup>17</sup> is volcanic in origin and is crowned<sup>18</sup> by Mount Otemanu, which is intensely green and contrasts with the lake that surrounds it. These deep turquoise waters are sheltered<sup>19</sup> from the ocean tides by a ring of coral that penetrates the surface in







the form of small islets (called motus in Tahitian). This is where you'll find the famous holiday resorts, with bungalows constructed on water-based wood and bamboo, and perfectly integrated into the landscape. Many of them have room service by canoe and glass floors so the marine life can be seen from the bed.

One of the essential trips to go on is a boat tour of the lagoon where you

can swim with manta rays, which are harmless despite appearing otherwise<sup>20</sup>. When feeding, you'll find a large number of marine species swirling<sup>21</sup> around you, and the close proximity produces indescribable sensations. The experience is completed with a gourmet picnic with lobster and champagne at one of the heavenly and deserted white sand beaches.

#### **RADICAL CHANGE OF LANDSCAPE**

The landscape changes completely when you land in the Tuamotu Archipelago. An impossibly blue sky and matching sea, deserted islands and 76 coral atolls make the ideal haven for those seeking privacy, and wanting to live the story of Robinson Crusoe on a desert island where there are 3,000 hours of sunshine a year. The silence on the long beaches is

#### Tahiti spas

There is a treatment for every moment of the trip: the welcome massage to remove tension, the exfoliating scrub which prepares your skin for a tan, the romantic flower bath for two, moisturizing skin treatment good for after a day in the sun, or relaxing with a special shower in marine waters.

In addition to all this, don't leave the island without trying typical Tahitian beauty routines, handed down through ancestral wisdom.

#### Nature Deep Spa (Tahiti)

www.deepoceanspa.com

It's definitely worth trying the Queen Pomare, a bath of flowers and music, with captivating perfume of Monoï oil, the main ingredient in many treatments due to its moisturizing properties.

#### • Spa Radisson Tahiti (Tahiti) www.radisson.com

The treatments at this spa, and the special ingredients have been designed using ancient beauty recipes and include black sand from the Bay of Matavay.

#### • Miri Miri Spa (Bora Bora)

www.starwoodhotels.com / stregis The spa at the St Regis hotel, which measures 1,200m2, is in a saltwater lagoon filled with colourful fish and manta rays. Their treatments include Monoï oil, brown seaweed, and powdered pearls.

#### Hélène Spa (Moorea)

www.helenespa.com

Treatments use vanilla, whose plantations are common in neighbouring islands.



broken<sup>22</sup> only by birds, waves and the movement of palm trees in the wind. The seabeds are, however, exploding with life and natural beauty, an eden for experienced divers looking to immerse themselves in a luxury underwater world experience. The numerous dive sites and the diversity of fauna and flora are unmatched23 anywhere else on the planet, especially around the islands of Rangiroa, known as the infinite lagoon; Tikehau, the island of pink sand<sup>24</sup>; and Fakarava, declared a Biosphere Reserve by UNESCO. In the lagoons and the passageways that connect to the ocean are also manta rays, dolphins, groupers, barracudas, sharks and fish of infinite colours. Another attraction of this archipela-

go is the chance to see precious black pearl farming in Tahiti. The pearls are grown<sup>25</sup> in the warm waters of

the lakes in a process that lasts for years, and in which only one in 500 pearls is deemed<sup>26</sup> to be of a perfect standard.

Don't miss the chance to visit one of more than 250 pearl farms that exist in the heart of the atolls, where you can also buy jewellery directly from the producer. Manihi Island is known as the island of pearls because the first centre of culture was founded there.

Essential during a visit to Tahiti and its islands is the chance to try great tasting Tahitian cuisine: Ma'a Tahiti, which is commonly served at family gatherings or parties. These are fish dishes (including pork or fruit of the Bread Tree) cooked in an oven dug<sup>27</sup> in the earth, resting on hot stones and wrapped in banana leaves. It's a guaranteed explosion of fresh and exotic flavors to finish off a trip.



#### Glossary

- 1 legends levendas
- 2 necklace collar
- 3 to disperse dispersar
- 4 polished pulido
- 5 to strike (impress) impresionar
- 6 endless interminable
- 7 gateway puerta de entrada
- 8 lively animado
- 9 cheerfulness alegría
- 10 pleasant agradable
- 11 hustle and bustle ajetreo
- 12 to overlook tener vista a
- 13 sarong pareo
- 14 springboard trampolin
- 15 jagged puntiagudo
- 16 stunning impresionante
- 17 core núcleo
- 18 crowned coronado
- 19 to shelter proteger
- 20 otherwise de lo contrario
- 21 swirling (around you) se arremolinan alrededor
- 22 broken roto
- 23 unmatched incomparable
- 24 pink sand arena rosa
- 25 to grow (pearls) criar
- 26 deemed considerado
- 27 dug excavado

#### Useful information

Tourist Office of Tahiti and its islands: www.tahiti-tourisme.es

Getting there: Air Tahiti Nui and Air France fly regularly from Paris to Papeete (Tahiti) via Los Angeles.

**Documentation:** Valid passport with a validity exceeding three months and a travel authorization for flights in the U.S. No visa is required.

Hotels: Hotel chains such as Four Seasons, InterContinental, Starwood, Orient-Express, Accor, Club Med and Radisson hotels have their best in Tahiti and its islands. The local chain Pearl Resort is also excellent, as well as the cheaper Petite Hotellerie group.



# **Food from Australia**

There is a wide variety of food in Australia, which can be categorized into: Australian favourites, modern Australian food, bush<sup>1</sup> tucker<sup>2</sup> and Asian food. The abundance of local fresh ingredients includes seafood<sup>3</sup>, fruit, beef and lamb and world class cheeses. Also, different regions of the country are famed for different produce such as King Island cream, Sydney rock oysters, Bowen mangoes, Coffin Bay scallops, Tasmanian salmon and Illabo milk-fed lamb

# **Australian favourites**

Vegemite is a thick, dark savoury<sup>4</sup> spread made from yeast<sup>6</sup> extract, which is usually spread<sup>7</sup> onto a slice<sup>8</sup> of bread and butter. It is rich in vitamin B and was originally thought of<sup>9</sup> in 1922 by Fred Walker, an Australian who wanted to create a new and healthy<sup>10</sup> food. The product was developed<sup>11</sup> by scientists and given the name Vegemite in 1923. During World War II, Vegemite was given to soldiers<sup>12</sup> and civilians in their rations, but it became so popular that supplies almost ran out<sup>13</sup>. It has been loved by Australians ever since<sup>14</sup>.







Bush tucker is native Australian cuisine that has been eaten by the Aborigines for 50,000 years. Restaurants today add a few modern twists<sup>15</sup>, but typical recipes include anaboroo, mango and burrawong soup, which is a blend<sup>16</sup> of three foods from the Northern Territory - water buffalo roasted<sup>17</sup> in an elastic net to keep the meat intact, the tropical mango, and burrawong, a native nut<sup>18</sup>.

There are many native species of fruit, vegetables, herbs and animals that are edible<sup>19</sup>, including: riberries, bunya nuts, wild rosellas, Kakadu plums, lilipili, and bush tomatoes. New herbs include native pepperleaf, aniseed myrtle and wattle seed. The sale of kangaroo meat is now legal and it has become<sup>20</sup> extremely popular because of its low fat content. Along with crocodile, possum and emu, you can eat baby eels<sup>21</sup>, freshwater yabbies, and witchetty grubs<sup>22</sup>.

# **Asian food**



# **Modern cuisine**

Modern cuisine in Australia is a blend of foods from many different cultures. Potent Asian flavours such as lemon grass, coriander<sup>29</sup>, chilli, and cardamom are added to many European dishes, and Asian chefs substitute traditional ingredients with unusual local ones such as barramundi fish in a Thai green curry. Another

favourite on restaurant menusistandoori marinated buffalo fillet with curried spinach<sup>30</sup>, beetroot relish<sup>31</sup> and roasted pear<sup>32</sup> and saffron<sup>33</sup> polenta.



#### Useful phrases to use in Australia

Aggro (aggravated) abreviatura para agravado Arvo (afternoon) tarde Aussie (an Australian) un Australiano Bangers (sausages) salchichones Beano/Beanfeast (a festivity, celebration) celebración

Billabong (a waterhole) abrevadero **Billy** (a container, usually makeshift, for boiling water or tea; a receptacle used for smoking marijuana) contenedor para hervir agua o te; recipiente para fumar marihuana Bonza (excellent, attractive, pleasing) excelente, atractivo, agradable Bottlo (a bottle shop or liquor store) tienda que se vende alcohol Champers (champagne) champán **Chook** (a chicken) pollo Crook (sick, disabled, bad inferior; a thief; to get angry) enfermo, discapacitado, malo, inferior; ladrón; enfadado Dinkum/dinki-di (true, honest, genuine) de verdad

Dunny (an outside toilet, lavatory) aseo fuera Go a meal or drink (could eat a meal or have



#### First in Australian, (then English), and then Spanish

a drink) que quieres comer o beber algo/ tener

hambre/sed Grog/booze (alcohol) alcohol Grub (food) comida **Roo** (kangaroo) abreviatura para canguro Tinnie (a can of beer) una lata de cerveza Tucker (food) comida VB (Victoria Bitter, a beer) una marca de cerveza XXXX (a Queensland beer brand - pronounced 'four ex') una marca de cerveza



# Nokia Surge smartphone

The new Symbian S60 handset offers social style with smartphone capabilities<sup>1</sup> at a low price<sup>2</sup>. AT&T and Nokia have announced the availability<sup>3</sup> of the Nokia Surge, a smartphone powered by the nation's fastest 3G network. The Nokia Surge is an ideal device<sup>4</sup> for active consumers who like to stay connected whether<sup>5</sup> using IM, text or email, sending multimedia messages, AT&T Video Share, or updating<sup>6</sup> and connecting via social networks<sup>7</sup>. With a full slide-out QWERTY keyboard<sup>8</sup> in a slim, stylish design and Symbian S60 multi-tasking<sup>9</sup> capabilities, Nokia Surge is the ideal smartphone for today's customer who is always in touch with their social circle.

In addition to an impressive suite of messaging capabilities, the Nokia Surge offers a powerful browsing experience, including Flash support to view most sites in full HTML or watch YouTube videos. Nokia Surge allows users to post messages, images, videos, and comments to web sites like Facebook on-the-go with the pre-installed JuiceCaster application.



# Walkman<sup>®</sup> E Series Video MP3 players

The slim<sup>10</sup>, chic new Walkman® E440 Series is a perfect introduction to the amazing<sup>11</sup> world of Walkman® sound<sup>12</sup> and video guality<sup>13</sup>. Just 9.3mm thick<sup>14</sup> and available in black and red, the super-compact Walkman® E Series slips<sup>15</sup> easily<sup>16</sup> into a pocket<sup>17</sup> or bag<sup>18</sup>. Despite<sup>19</sup> its small size, it's packed<sup>20</sup> with serious features<sup>21</sup> to enhance<sup>22</sup> enjoyment<sup>23</sup> of your personal media collection. The generously-sized QVGA Colour LCD screen offers a crisp<sup>24</sup>, detail-packed view of videos, photos, album art, playlists and other functions and the Walkman®, E Series has many unique Sony sound enhancement features. Importing music, video and photos is guick and fuss<sup>25</sup>-free, with simple drag-and-drop from your PC's media folder<sup>26</sup> or via iTunes 8.1 using Content Transfer. For even more listening<sup>27</sup> choice<sup>28</sup> there's a high quality FM radio tuner. Broadcasts<sup>29</sup> can be recorded<sup>30</sup> at the touch of a button, to enjoy whenever you want<sup>31</sup>. Great<sup>32</sup> sound and smart<sup>33</sup> features are teamed with<sup>34</sup> extra-long battery life. The Walkman® E Series delivers<sup>35</sup> up to 30 hours of music or six hours of video playback on a single charge <sup>36</sup>- more than enough entertainment for the

daily commute or short trips away.

**Price:** At the time of writing, no official prices have been released. Where tobuy: Sony say the Walkmans will be "widely available". See www.sony-europe.com for details.

L Tiffany Garde W.

The Nokia Surge offers multimedia and entertainment features, including: • 2.0 megapixel camera - Customers can capture quality photos with colour camera and 4X digital zoom.

• AT&T Navigator - AT&T Navigator provides audible turn-by-turn directions, monitors traffic and alerts users when there is a slowdown or incident. • AT&T Mobile Music - Customers can listen and download their favourite music from Napster Mobile, eMusic Mobile, XM Radio and more over the air. • AT&T Video Share - The first-ever service in the U.S. that allows users to share live video over wireless devices while participating in a voice call.

#### **Price:** 79.99 \$ (56 €)

Where to buy: Online at www.wireless.att.com. See www.att.com/nokiasurge and www.att.com for more information.

# HDC-SD10 camcorder

Panasonic have released two of the world's lightest<sup>37</sup>, High Definition (HD) camcorders – the, HDC-SD10 which uses an SDHC/SD Memory Card as recording media, and the Twin Memory Type HDC-TM10, which records onto both an 8GB Built-in<sup>38</sup> Memory and an SDHC/SD Memory Card. The compact body design has high-powered 16x optical zoom capabilities and advanced features to produce beautiful<sup>39</sup> 1920 x 1080 Full-HD videos. The 16x optical zoom of the HDC-SD10 and HDC-TM10 is supported<sup>40</sup> by the Advanced O.I.S. (Optical Image Stabilizer) function - an essential element to achieve<sup>41</sup> clear<sup>42</sup> zooming, as it minimizes the hand-shake<sup>43</sup> that often impairs<sup>44</sup> video quality while<sup>45</sup> zooming.

As with most Panasonic camcorders, the HDC-SD10 and HDC-TM10 both feature the iA (Intelligent Auto) function, which automatically sets<sup>46</sup> the most suitable<sup>47</sup> Scene mode according to shooting conditions.

#### **Price:** 549.95 \$ (385 €) 599.95 \$ (421 €) Where to buy: See www.panasonic.com for more information.



#### gadgets\_



- 1 capabilities capacidades
- 2 low price precio bajo
- 3 availability disponibilidad
- 4 device aparato
- 5 whether si
- 6 to update actualizar
- 7 network red
- 8 keyboard teclado
- 9 task tarea
- 10 slim esbelto
- **11** amazing increíble
- 12 sound sonido
- 13 quality calidad 14 thick de arosor
- 15 to slip into meterse
- 16 easily fácilmente 17 pocket bolsillo
- 18 bag bolsa
- 19 despite a pesar de 20 packed equipado
- 21 features características
- 22 enhance mejorar 23 enjoyment placer
- 24 crisp (image) nítido
- 25 fuss alboroto
- 26 folder carpeta
- 27 to listen escuchar
- 28 choice opción
- 29 broadcast emisión
- 30 to record grabar
- 31 whenever you
- want cuando quieras
- 32 great magnifico
- 33 smart inteligente
- 34 to team with unirse con
- 35 to deliver dar
- 36 charge carga de un a
- parato eléctrico
- 37 lightest más ligero
- 38 built-in incorporado
- 39 beautiful bonito
- 40 to support apoyar
- 41 to achieve realizar
- 42 clear claro
- 43 hand shake apretón de manos
- 44 to impair perjudicar
- 45 while mientras
- 46 to set establecer
- 47 suitable apto



# **Equinotherapy**: how horses can help the disabled

Horse riding can be a powerful therapeutic tool<sup>1</sup> which can help treat people with physical and mental disabilities<sup>2</sup>.

ne benefits of therapeutic norse riding are based on a connection between the therapist, the patient and the horse. This union is possible thanks to the extraordinary capacity horses have to interpret non-verbal language from the rider3. Horses are authentic experts in analysing how we feel, and they can interpret this from the posture the rider adopts and the way in

which the rider speaks. Thanks to this ability, horses are the protagonists of this interesting therapy designed for people with physical disabilities. The results of equinotherapy have been fantastic, both with adults and children.

Centres such as the Fundació Teràpia a Cavall, situated in L'Ametlla del Vallès (Barcelona), organize therapeutic activities with horses for people with neurological pathologies, children with learning difficulties, hyperactivity, psychological retardation, coordination difficulties, mental health disorders and sensory and attention deficits. The sessions are always organized into small groups and they are taught<sup>4</sup> by a health professional who is accompanied by a specialized horseriding<sup>5</sup> therapist.

#### **CHILDREN AND HORSES**

With the aim of helping children with disabilities or psycho-social problems, the Fundación, together with the social work organization Caja Madrid, put together special activities for children under the age of six. Taking part<sup>6</sup> in activities with horses, outside in the fresh air, surrounded<sup>7</sup> by a fun and dynamic atmosphere, constitutes an approach which has an undeniable8 motivating effect on the children. One of the most noticeable effects after each session is that the rider's self-esteem is visibly boosted. The chance to learn something new and to discover that they are capable of controlling the animal's movements, strengthens9 the children's self-esteem considerably. To work together with an animal helps the rider feel alive and creates a special connection between horse and rider.

One of the most noticeable effects after each session is that the rider's self-esteem is visibly boosted

psychology\_

# Physical and psychological benefits

- At the physical level, the rhythmic movement of the horse stimulates the rider's hips<sup>11</sup> and body to reproduce the natural movements of walking. The exercise helps to tone the muscles, improve posture control, balance and physical resistance.
- The horse is alive, and this makes equinotherapy different to other therapies: the senses are stimulated because the rider feels the horse is living and warm to the touch, and the horse sees and reacts to its rider.
- To be able to overcome<sup>12</sup> the fear of mounting<sup>13</sup> the horse helps to improve<sup>14</sup> confidence and reinforces self-esteem<sup>15</sup>.
- Horses often<sup>16</sup> provide the motivation necessary to learn something new.

Although therapeutic activities with horses are still a relatively new in Spain, the good results obtained on all levels - physical, psychological and social - with children and adults, indicates that the phenomenon of equinotherapy could take off10 and new centres will open up across the country.

- 1 tool herramienta
- 2 disabilities discapacidades
- 3 rider jinete
- 4 to teach enseñar
- 5 horse riding equitación
- 6 to take part participar
- 7 surrounded rodeado
- 8 undeniable innegable
- 9 to strengthen fortalecer
- 10 to take off tener éxito
- 11 hips caderas
- 12 to overcome superar
- 13 to mount (a horse) montar
- 14 to improve mejorar
- 15 self esteem auto estima
- 16 often a menudo

# **Spotlight**



**Director:** Duncan Jones **Cast:** Sam Rockwell, Kava Scodelario, Matt Berry, Kevin Spacey **Genre:** Science fiction Original language: English Release date: 23 October

## Moon

*Moon* is an intriguing<sup>1</sup> film directed and based on a story by David Bowie's son, Duncan Jones. It's a slow moving, but thought-provoking<sup>2</sup> story about lone astronaut Sam Bell (Sam Rockwell) who is working on a mining project on the moon, extracting a new substance called Helium3 to power clean nuclear reactors back on Earth where energy is depleted<sup>4</sup>.

Bell has been alone for almost three years, with only the on-ship computer GERTY (voice of Kevin Spacev), recorded messages from his wife and child, and his austere bosses back home to keep him company. GERTY is reminiscent of Hal from the 1968 film 2001: A Space Odyssey, and indeed, for a science fiction film, *Moon's* style is quite old-fashioned and doesn't rely of special effects and weird creatures to thrill the audience, but instead; a clever storyline.

All is going to plan<sup>5</sup> and Bell has just two weeks to go until his work contract ends and he can return home, but then strange events begin to take place<sup>6</sup>. On a mission outside the base to investigate the state of one of the automated mining vehicles he gets distracted and ends up in an accident. Bell wakes up<sup>7</sup> back inside the base - but something is very wrong<sup>8</sup>. Is Bell hallucinating? Has he gone insane<sup>9</sup> due to the stresses of isolation? Can he survive<sup>10</sup> the last two weeks? To give away<sup>11</sup> the details would spoil<sup>12</sup> the suspense of the plot, but it suffices to say<sup>13</sup> that the events in this movie provoke deep and considered thought about the effects of isolation and the borders of reality.

Sam Rockwell pulls of f<sup>14</sup> a powerful and charismatic performance as the downtrodden<sup>15</sup> and subdued<sup>16</sup> Bell, keeping the audience riveted<sup>17</sup>. Duncan Jones should be commended for his skill at keeping the story interesting and providing just the right number of plot twists and turns. A highly original film that is powerful and absorbing.

#### movie reviews

#### THERE'S SOMETHING WRONG WITH ESTHER.





and punching<sup>32</sup> the walls.

# Fame

Genre: Musical Original language: English Release date in Spain: 30 October



# The Orphan (La Huérfana)

Director: Jaume Collet-Serra

**Cast:** Peter Sarsgaard, Vera Farmiga, Jimmy Bennett, Isabelle

Fuhrman, Lorry Avers

**Genre:** Terror/thriller/intrigue/drama

Original language: English

Release date in Spain: 9 October

Kate (Vera Farmiga) and John Coleman (Peter Sarsgaard) are devastated when Kate loses her unborn<sup>18</sup> baby. Their world falls apart<sup>19</sup> and Kate suffers nightmares<sup>20</sup> and memories of problems from her past. The tragic news also takes its toll<sup>21</sup> on their marriage. In an attempt to find normality again, the couple decide to visit an orphanage to see if they can adopt a child. When they arrive, they find themselves attracted to an enigmatic and angelic little girl called Esther (Isabelle Fuhrman). They spend time speaking to a nun<sup>22</sup> from the orphanage who encourages<sup>23</sup> them to adopt Esther.

Family bliss<sup>24</sup> is short-lived<sup>25</sup> however, as soon after they arrive back home, strange things start to happen<sup>26</sup>. It seems that everywhere<sup>27</sup> Esther goes, there is trouble<sup>28</sup>: a parked car suddenly<sup>29</sup> rolls down hill<sup>30</sup>; a play house explodes into a ball of fire and Esther exhibits<sup>31</sup> increasing signs of anger and extreme frustration by locking herself in the toilet and kicking

After several alarming incidents, her desperate parents call the orphanage only to be told there is no record of Esther ever being there. This is where the film steps up a notch<sup>33</sup> and panic sets in<sup>34</sup>. Esther hides a terrible secret, but will her parents find out what it is before it's too late? Kate tries to persuade her husband that there is something amiss<sup>35</sup> with Esther, but her pleas<sup>36</sup> fall on deaf ears<sup>37</sup>.

This is edge-of-the-seat<sup>38</sup> stuff that will have you biting your nails<sup>39</sup> from start to finish.

Director: Kevin Tancharoen

Cast: Kelsey Grammer, Megan Mullally, Kay Panabaker and Bebe Neuwirth

The Fame Academy School is back again in this new adaptation of the famous TV series. For those old enough to remember, Fame was first a hit movie back in 1980 when it was directed by Alan Parker, and won two Oscars for Best Song and Best Original Soundtrack. The film follows the same story of a group of singers, actors and artists from different disciplines in the New York City High School for the Performing Arts, who hope to achieve their dreams of becoming famous. They follow a gruelling<sup>40</sup> work schedule, studying academic subjects as well as persevering in their performing arts classes.

The students face all the obstacles of normal teenage life: romances, self-discovery, insecurity and competition, and the challenge<sup>41</sup> of improving their natural talents in order to<sup>42</sup> find fame. Together they learn that they all have what it takes<sup>43</sup> to achieve their dreams. but it's a bumpy ride<sup>44</sup> along the way.

The actors in this version of the film aren't very well known<sup>45</sup> in the movie world, but many have starred in<sup>46</sup> North American TV series: Asher Book (Medium), Kristy Flores (Gossip Girl), Kay Panabaker (C.S.I.), Collins Pennié (Ley y Orden) and Walter Pérez (The Closer). However, this is a feel good story, with a brilliant soundtrack and excellent choreography that you'd be crazy to miss.



# > new releases in spain

02-10>



#### Julie and Julia

Director: Nora Ephron Cast: Amy Adams, Meryl Streep, Jane Lynch Genre: Comedy Original language: English



#### Taking Woodstock

Director: AngLee **Cast:** Live Schreiber. Emile Hirsch. Demetri Martin Genre: Drama/musical Original language: English

# 16-10 >

#### The Damned United

**Director:** Tom Hooper **Cast:** Michael Sheen, Jim Boadbent, Timothy Spall Genre: Drama/sport Original language: English

#### After

Director: Alberto Rodríguez Cast: Guillermo Toledo, Tristán Ulloa, Blanca Romero Genre:Drama Original language: Spanish



# **22-10** > The Surrogates (Los Sustitutos)

Director: Jonathan Mostow **Cast:** Bruce Willis, Ving Rhames, Rosamund Pike Genre: Science-fiction Original language: English

23-10 >

Director: Shane Acker Genre: Animation

# 30-10 >

#### Daybreakers

Director: Michael Spierig Cast: Ethan Hawke, Willem Dafoe, Isabel Lucas Genre: Science-fiction Original language: English

Director: Salvador García Ruiz Cast: Adriana Ugarte, Nilo Mur, Biel Durán Genre: Drama Original language: Spanish

# 09-10 >



[REC]<sup>2</sup>

Director: Jaume Balagueró and Paco Plaza Cast: Manuela Velasco, Leticia Dolera, Juli Fàbregas Genre: Terror Original language: Spanish

### Ágora

Director: Alejando Amenábar Cast: Rachel Weisz, Max Minghella, Ashraf Barhom Genre: Adventure/romance/history

Original language: Spanish



DDIE MURPHY

#### **Imagine** That

**Director:** Karey Kirkpatrick Cast: Eddie Murphy, Bob J. Thompson, Thomas Haden Church Genre: Comedy/drama Original language: English



- 1 intriguing intrigante
- 2 thought-provoking estimulante
- 3 depleted agotado
- 4 reminiscent parecido
- 5 going to plan las cosas van bien
- 6 to take place tiene lugar
- 7 to wake up despertarse
- 8 wrong incorrecto
- 9 insane loco
- 10 to survive sobrevivir
- 11 to give away revelar
- 12 to spoil estropear
- 13 it suffices to say basta con decir
- 14 to pull off lograr
- 15 downtrodden oprimidos
- 16 subdued apagado
- 17 riveted fascinado
- **18 unborn** que todavía no ha nacido
- **19 to fall apart** colapsar
- 20 nightmare pesadilla
- 21 to take its toll tener un grave efecto
- 22 nun monja
- 23 to encourage animar
- 24 bliss gozo/felicidad
- 25 short-lived de corta duración
- 26 to happen ocurrir
- 27 everywhere en todas partes
- 28 trouble problema
- 29 suddenly repentinamente
- **30 to roll downhill** rodar colina abaio
- 31 to exhibit mostrar
- 32 to kick and punch dar patadas y puñetazos
- 33 notch muesca
- 34 to set in cundir
- 35 amiss mal
- 36 pleas peticiones
- 37 to fall on deaf ears caer en saco roto
- 38 to be on the edge of the seat tener el alma en vilo
- **39 to bite your nails** morderse las uñas
- 40 gruelling duro
- 41 challenge desafío
- 42 in order to do something a fin de hacer algo
- 43 to have what it takes tener lo que necesitas
- 44 bumpy ride agitado, con mucho traqueteo
- 45 to be well known ser conocido
- 46 to star protagonizar



# Second time around

#### TVE is showing' the new Knight Rider (Coche Fantástico). Remakes of TV series are everywhere, although so far the limited success of this trend is not promising.

Since 9 July, every Thursday at 10pm, TVE shows the remake of Knight Rider (*El Coche Fantástico*). The original series left a profound footprint<sup>2</sup> on numerous 30-somethings<sup>3</sup> who still remember Michael Knight with affection<sup>4</sup>. Those who have responded to the call of nostalgia will have already seen that, despite its good intentions, this rehash<sup>5</sup> of the show only invites the viewer to stay on the couch<sup>6</sup> for the initial episodes.

#### By Oscar Broc

#### Not so fantastic...

Conceived<sup>7</sup> as a seguel, the new version of Knight Rider presents Michael Knight's son, Mike Traceur, assuming his father's crusade and driving a sarcastic talking car. The series has covered the minimum requirements: the effects are good guality and the new car, a Ford Mustang that looks like a demon



transformer, makes the performance of the legendary Pontiac Firebird seem like that of a Supermirafiori. Anyway, what could have been an interesting re-write of a cult title, has ended up suffering the same ills<sup>8</sup> as all TV remakes, which despite seeming to be so in vogue<sup>9</sup> lately, are not at all inspiring to watch. There is little risk - a fear of perverting the original series - a regrettably<sup>10</sup> constant theme, which explains the lukewarm<sup>1</sup> feel to KITT's new adventures and to remakes in general.

#### Nostalgia

The generation of TV viewers that followed TV series from the 80s and 90s has meant that some characters from that era have become authentic icons of popular nostalgia. The "I love it when a plan comes together" of Hannibal Smith, the shout from Michael Knight after he fires up the turbo boost... How many dinners with friends have ended up with memories of those series between doses of laughter<sup>12</sup> and embarrassment<sup>13</sup> at the thought of watching them? V, The A Team (El Equipo A), The Greatest American Hero (El Gran Heroé Americano), Beverly Hills 90210 (Sensación de Vivir) and Knight Rider (El Coche Fantástico) are products that haven't survived



the passage of time. We contemplate them now, from a distance, with the same humour and the same smile as when we remember the Texas jacket with shoulder pads<sup>14</sup> that we wore in the 80s. Without doubt, these series have acquired a nostalgic component that keeps them alive in the imaginary world of television, despite their now forgotten ingenuity and excess of wrinkles<sup>15</sup>. But these series have returned. Sooner or later it had to happen.

#### **This remake is a shambles**

With the billboards<sup>16</sup> flooded<sup>17</sup> with numerous remakes, it was predictable<sup>18</sup> that the executives from the big TV chains launched themselves into dangerous waters by trying to revive the classic shows. Although the nostalgia value can function initially, if the series isn't consistent, the result is that it is impossible for people to follow. This is what has happened with the much-awaited remake of Beverly Hills 90210. The first episodes pulled in decent audiences. The nostalgia factor worked. But before long people lost interest and discovered that the show was a kind of Gossip Girl but without substance and the audience collapsed. The route was the same for the new Melrose Place, that premiered on 8 September in the US. Although it promised more drugs and violence than the original, the profile and expectations are identical to that of 90210. And the TV remakes have relied too heavily<sup>19</sup> in the power of attraction from the original shows. Why go round in circles<sup>20</sup> with the same idea when you have The Shield, Breaking Bad and Mad Men waiting to go on air? What happens when the ephemeral<sup>21</sup> public interest is extinguished? This must be what the followers of The Bionic Woman are asking. For sure<sup>22</sup> they weren't very impressed with the NBC remake that premiered in 2007. Of the 13 million viewers who tuned in to see the pilot episode, only six million remained after only a few weeks and the series was cancelled. Once more, the incapacity to reinvent the universe and the poor quality of the scripts condemned a potentially good product.





#### **Big hopes**

Surely, the ideologues behind the ABC's remake of V will have taken note23. The premiere is due in February 2010 and this new version will respect the basic features of the original yet create a new mythology. There's a lot of anticipation about the return of these rodent-devouring lizards<sup>24</sup>. Likewise, there are high hopes for the prestigious ABC chain's mini series, The Prisoner, a reconstruction based in the 60s. Meanwhile, we will have to console ourselves with this car that despite once having the coolest and most-listened to voice on TV, is now merely<sup>25</sup> a whisper<sup>26</sup> of its former self.

#### Cameo roles

Remakes usually count on appearances actors from the original series. Although these old stars come with crow's feet27, rather than youthful good looks, the fans appreciate their appearance. In 90210 Jennifer Garth (Kelly) and Shannen Doherty (Brenda) made appearances. David Hasselhoff showed himself fleetingly<sup>28</sup> in the new Knight Rider. And in Battlestar Galactica we were reunited with Richard Hatch – the brave Captain Apollo in the original series - who returned in the role of politician Tom Zarek.



#### The good remake: Battlestar Galactica

It shines like the iewel in the crown. This is undoubtedly<sup>29</sup> the best TV remake. Based on cult sci-fi series from the late 70s, this epic story follows the flight<sup>30</sup> of a convoy of spacecraft<sup>31</sup> in search of a habitable planet. Their civilization has been destroyed by the evil<sup>32</sup> Cylons, robots created by man, which have evolved, acquired human appearance and have rebelled against their inventors - does that remind you of anything? Oppressive, murky and disturbing<sup>33</sup>, Battlestar Galactica was displayed in four sensational seasons that left no doubt: for the first time on television, the

remake is better than the original. The ingenuity and tone of the series of the 70s has given way to a dramatic high-temperature magma that mixes myth, philosophy, action, suspense, science fiction and sex. Ironically<sup>34</sup>, the special effects take on a secondary role in the modern version, what is important are the characters who wander aimlessly in space towards a promised land. The psychological drama, then, becomes more important an aspect of the show than is usual

for a television series. Never have

the critics agreed more: science fiction television has progressed to adulthood, thanks to this series starring Edward James Olmos, the hieratic Lieutenant Castillo in Miami Vice (Corrupción en Miami). Battlestar Galactica is a good remake that tries to reinvent and break the margins of the original series. Based on certain key characters and events. Ronald D. Moore, the creator of new show, has changed completely the boundaries of the original plot to forge<sup>35</sup> a new more complex universe, which is more adult, more profound and more in tune with current times.

## **Eagerly awaited: V**

One remake that is full of promise<sup>36</sup> is V (which stands for The Visitors – aliens from outer space). The world wakes up one day to find spaceships hovering<sup>37</sup> over all its major cities. The aliens appear like humans and claim to come in peace, offering new technology and miraculous cures for illness, but some do not believe their good intentions. Security agent Erica Evans learns that the aliens have plans to infiltrate governments





#### Glossary

- 1 to show emitir
- 2 footprint huella
- 3 30-something treintañero
- 4 affection cariño
- 5 rehash refrito
- 6 couch sofá
- 7 conceived concebida
- 8 ills males
- 9 voque de moda
- 10 regrettably lamentable
- 11 lukewarm tibieza
- 12 laughter carcajadas
- 13 embarrassment vergüenza
- 14 shoulder pads hombreras
- 15 wrinkles arrugas
- 16 billboards carteleras
- 17 to flood inundar
- 18 predictable previsible
- 19 to rely too heavily confiar en exceso
- 20 to go round in circles dar vueltas
- 21 ephemeral efímera
- 22 for sure/surely seguramente
- 23 to take note tomar buena nota
- 24 rodent-devouring lizards lagartos devora-roedores
- 25 merely meramente
- 26 whisper susurro
- 27 crow's feet patas de gallo
- 28 fleetingly fugazmente
- 29 undoubtedly sin duda
- 30 flight huída
- 31 spacecraft nave espacial
- 32 evil malvados
- 33 murky and disturbing turbia e inquietante
- 34 ironically irónicamente
- 35 to forge forjar
- **36 full of promise** lleno de promesas
- 37 hovering asomando
- 38 to recruit reclutar

and businesses in a plot to take over the planet. A resistance movement forms and Erica joins, along with Ryan, an alien who wants to save humanity. However, the aliens have recruited<sup>38</sup> earth's youth, including Erica's son, who believe they are acting as pacifists, but are really being used as spies. V is based on the science-fiction franchise created by Kenneth Johnson.





The two mean and moody brothers from Manchester have had a massive influence on music over the past decade. We look at some of their highs and lows.

#### Glossary

1 in place of en lugar de 2 to remain permanecer 3 hoarse voice voz ronca 4 to mimick mimetizar 5 to argue (something) sostener 6 to shape conformar 7 to class clasificar 8 label etiqueta 9 prior antes 10 to perform cantar 11 to host presentar 12 scathing mordaz 13 keepsake recuerdo 14 to pursue buscar

#### (LYRICS)

1 fireplace chimenea 2 to slide deslizar 3 brains inteligencia 4 bloom florecimiento

# **music** lyrics



The latest news to reach us about this musical duo is that Noel has written in the band's web page that he's leaving the group as he can no longer put up with his brother Liam. Is this the end of an era?

In 1991 Liam Gallagher (vocals) formed a band with Paul Arthurs (guitar), Paul McGuigan (bass guitar) and Tony McCarroll (drums and percussion) that was initially called The Rain. Soon after, Liam's brother Noel joined the band (lead guitar and vocals) in place of Hutton, and Oasis was born.

The two brothers have remained<sup>2</sup> in the band, while other members have come and gone over the years. Liam's distinctive hoarse<sup>3</sup> yet powerful voice is as synonymous with the band's sound as their rock guitars and sing-along anthems. Many bands have mimicked<sup>4</sup> Oasis' sound and it's easy to argue<sup>5</sup> – given their number of record sales and the thousands of fans who still turn up to see them play live – that Oasis have shaped<sup>6</sup> the generation who grew up throughout the 90s. Is there anyone out there who doesn't know the chorus of 'Don't Look Back in Anger', or 'Wonderwall'? Doubtful.

## Awards

Oasis have won and been nominated for numerous awards the world over. Their highest-selling album was their second, Morning Glory, which sold more than 18 million copies. In total they have sold more than 70 million records. Their debut album, Definitely Maybe, was released in September 1994, entering the charts at number one, and at the time becoming the fastest-selling debut album in the UK.





Oasis' music is classed<sup>7</sup> as rock, although they are sometimes labelled<sup>8</sup> as Britpop. Between 1995 and 1998, the British media were determined to report the supposed rivalry between Oasis and Britpop band Blur. Prior<sup>9</sup> to this period, Oasis did not associate themselves with the Britpop movement and consequently, were not asked to perform<sup>10</sup> on the BBC's Britpop Now programme hosted<sup>11</sup> by Blur singer Damon Albarn.

Then, Blur and Oasis released new singles on the same day (14 August 1995), which gave the press all they needed to write about the Battle of Britpop. Blur's 'Country House' outsold Oasis' 'Roll with It' by 274,000 copies to 216,000 during that week. Oasis' management had several explanations for why this occured, but nobody was more scathing<sup>12</sup> than Noel Gallagher who told *The Observer* in September that year that he hoped Damon Albarn and Alex James of Blur would "catch AIDS and die", which caused a media furore. He later wrote a formal letter of apology to various publications.

## Discography

• Dig Out Your Soul (2008) • Stop The Clocks (2006) • Don't Believe The Truth (2005) • Heathen Chemistry (2002) • Familiar To Millions (2 Disc Edition)(2000) • Standing On The Shoulder Of Giants (2000) • The Masterplan (1998)

• Be Here Now (1997) • (What's The Story) Morning Glory? (1995) • Definitely Maybe (1994)

It's no secret that Oasis have been influenced by The Beatles - both in terms of their music and their look. In a report by MSN online in October of 2008, Noel is guoted as saying he even went so far as to steal a piece of the floor from The Beatles Abbey Road studios as a keepsake<sup>13</sup>! The brothers have also named The Rolling Stones, The Who, The Kinks, Sex Pistols, The Smiths, Neil Young, The Stooges and The Stone Roses among their other influences.

Previoulsy, on 12 July this year, Oasis' publicist announced that Noel Gallagher was not planning to leave the band and pursue<sup>14</sup> a solo career. Now the future seems uncertain.

music&books\_

## **Music**







#### **Don't Look Back** in Anger

Slip inside the eye of your mind Don't you know you might find A better place to play You said that you'd once never been All the things that you've seen Will slowly fade away

So I start the revolution from my bed Cos you said the brains I have went to my head itep outside the summertime's in bloom Stand up beside the fireplace Take that look from off your face You ain't ever gonna burn my heart out

So Sally can wait, she knows its too late as we're walking on by Her soul slides² away, but don't look back in angerlhearvousav

Take me to the place where you go Where nobody knows if it's night or day Please don't put your life in the hands Of a rock n roll band Who'll throw it all away

So I start the revolution from my bed Cos you said the brains<sup>3</sup> I have went to my head Step outside the summertime's in bloom4 Stand up beside the fireplace Take that look from off your face You ain't ever gonna burn my heart out

So Sally can wait, she knows its too late as we're walking on by Her soul slides away, but don't look back in ang I hear you say

Don't look back in angei Don't look back in anger Don't look back in ange At least not today

### Did you know?

Liam suggested the band's name should be changed to Oasis because he liked a poster of the Inspiral Carpets that he had hanging in his bedroom, which listed the Oasis Leisure Centre as a venue.

Before Noel joined the band, Oasis played their first live gig in August 1991 at the Boardwalk club in Manchester. Noel was watching, and after the gig asked if he could join the band.

On 25 February 2009, Oasis received the NME Award for Best British Band of 2009, as well as best blog for Noel's 'Tales from the Middle of Nowhere'.



# Blind Eye Stuart MacBride

(The Rainwild Chronicles) Robin Hobb Dragon Keeper Ð

Life of a Legend Michael Heatley <u> Michael Jackson: The</u>

# Day David Nicholls ne

**DOOKS** English Today reviews some new releases in English-language literature

#### Blind Eye Stuart MacBride



This thriller is part of a series of books set in the seedy<sup>1</sup> underworld<sup>2</sup> of Aberdeen in Scotland. Detective Sergeant Logan McRae is investigating why members of the city's Polish community are being murdered<sup>3</sup>. The mutilated victims are being left on building sites<sup>4</sup> with horrific<sup>5</sup> injuries<sup>6</sup>.

McRae finds that people who have information are too scared<sup>7</sup> to talk and

the investigation is going nowhere<sup>8</sup>. Then there's a new victim; a local man who was the owner of the bookies<sup>9</sup>, Simon McLeod – and the investigation speeds up<sup>10</sup> again. McRae is plummeted<sup>11</sup> into a dark world of drug wars, prostitution and gun crime.

Despite the serious nature of this book, MacBride has tried to inject some humour into it in the form of Detective Inspector Steel, McRae's boss, who is a foul-mouthed<sup>12</sup>, hardtalking tomboy<sup>13</sup>, resulting in an odd combination of comedythriller. However, MacBride is a talented author with several bestsellers under his belt and many adoring fans.

#### The Dragon Keeper (The Rainwild Chronicles) Robin Hobb



This book will go down a storm<sup>14</sup> with lovers of fantasy fiction. From the author of the internationally acclaimed Farseer trilogy, is a tale about dragons living in an area called the Rain Wilds. The dragons were lead by their leader, the great blue Tintaglia as they emerged<sup>15</sup> from the sea and embarked on a perilous<sup>16</sup> journey to their cocooning<sup>17</sup> grounds. The journey is

so dangerous<sup>18</sup> that no dragon for generations has dared<sup>19</sup> to make it.

The journey means passing through acidic waters where vicious serpents lurk<sup>20</sup> and thick impenetrable forests, where many have died before.

Residents living in the Rain Wilds look forward to the return of the dragons, but once the new baby dragons hatch<sup>21</sup> from their cocoons it becomes apparent that all is not as it should be - many of them are deformed and barely<sup>22</sup> resemble the way dragons used to look.

The dragons have a vision that their true home is a place called Kelsingra and they wish to travel there – but it's another dangerous journey full of adventure.

The author, Robin Hobb, was born in California in 1952 and majored in Communications at Denver University, Colorado. Assassin's Apprentice was her first novel, and was followed by the equally successful Royal Assassin and Assassin's Quest. She lives outside Seattle, Washington.

#### Michael Jackson: The Life of a Legend Michael Heatley



Michael Jackson's death has spawned<sup>24</sup> a plethora of books about his life and this is one of the best. There are excellent photographs and a touching<sup>25</sup> section with notes from his fans. The book is written by the acclaimed author of more than one

hundred music biographies, Michael Heatley, with help from his son, Drew, who is also a journalist a huge Michael Jackson fan. You can tell<sup>26</sup> when reading that the authors genuinely<sup>27</sup> cared about what they were writing and they have paid a lot of attention to detail.

Words and photos tell his story from when he was an energy-filled five year old at the front of the Jackson Five, to his *Thriller* album – which remains<sup>28</sup> the biggestselling album of all time. The book talks about his famous Moonwalk and unusual dance moves and focuses on his music and why he became so revered<sup>29</sup> the world over.

Despite<sup>30</sup> his biggest successes being behind him, Jackson was (and still is) a legend. He was about to make a big comeback with a series of sold-out<sup>31</sup> concerts in London, which had both the public and other stars queuing<sup>32</sup> up to see him. Unfortunately<sup>33</sup>, those concerts will never happen, but his name will live on, helped by this excellent biography.

#### **One Day** David Nicholls



This romantic comedy has received heaps of praise<sup>34</sup> from reviewers and critics hailing<sup>35</sup> it as a cleverly<sup>36</sup> written and easy to read, smart and witty<sup>37</sup> novel.

The story follows the lives of two friends, Emma and Dexter, from the end of their student days in 1988 onwards. Their characters are extremely believable<sup>38</sup> and the dialogue between them is razor sharp<sup>39</sup> and hilariously

funny. Their interactions with other characters add interest and at no point does the reader feel bored with this mammoth<sup>40</sup> book of more than 400 pages.

The powerful way this book is written will have you laughing and crying throughout<sup>41</sup>.

- 1 seedy cutre
- 2 underworld bajos fondos
- 3 to murder asesinar
- 4 building site obra
- **5 horrific** horrible
- 6 injuries heridas
- 7 to be scared tener miedo
- 8 nowhere en ningún sitio 9 bookies corredor de
- apuestas (argot)
- 10 to speed up acelerar
- **11 to plummet** caer a plomo
- 12 foul-mouthed malhablado
- 13 tomboy machorra
- 14 to go down a storm tener éxito
- 15 to emerge salir
- **16 perilous** peligrosa
- **17 cocoon** capullo
- **18 dangerous** peligroso
- 19 to dare atreverse
- 20 to lurk acechar
- 21 to hatch empollar
- 22 barely apenas

- 23 to resemble parecerse a
- 24 to spawn generar
- 25 touching conmovedor
- **26 you can tell** lo puedes entender
- 27 genuinely realmente
- 28 to remain seguir siendo
- 29 revered reverenciado
- 30 despite a pesar de
- **31 sold out** agotado
- 32 to queue hacer cola
- 33 unfortunately desgraciadamente
- **34 heaps of praise** recibir muchas alabanzas
- 35 to hail aclamar
- 36 cleverly hábilmente
- 37 witty ingenioso
- 38 believable creíble
- 39 to be razor sharp ser
- muy listo
- 40 mammoth gigante



# Who is that over there?

Describing people is not just talking about their physical characteristics. It might be easier or more relevant, for example, to describe someone based on the clothes they are wearing, where they are in a room, or the work that they do.

By Andréa Lomas

anagers, presidents and CEOs take care of the day-to-day running of a company, but it's the board of directors who are responsible for the general governance of a company.

#### **HOW DO YOU DESCRIBE SOMEONE** YOU DON'T KNOW?

Going to meetings, conferences, seminars, workshops or trade fairs (an exhibition of companies and their products from a specific industry), for example, provides the opportunity to not only

DESCRIBE THEIR APPEARANCE/ PHYSICAL CHARACTERISTICS	DESCRIBE THEIR POSITION IN THE ROOM
Who's that guy/man/woman (over there)	Who's that guy/man/woman (over there)
with the short blonde hair?	standing <b>by</b> the door?
<b>with</b> the grey beard <sup>4</sup> ?	at the table <b>by</b> the exit?
<b>with</b> the deep voice?	<b>by</b> the buffet table?
<b>in</b> the grey suit <sup>5</sup> ?	<b>at</b> the bar?
<b>in</b> the long blue skirt?	at the information desk?
Note that the prepositions used here are WITH or IN.	Note that the prepositions used here are BY or AT.

improve relations with current business associates or clients, but also1 the opportunity to meet a lot of new people who work in your sector or related industries. The above events are often busy ones, with a lot of people and activities, so before you can actually meet someone in person<sup>2</sup>, it is likely that you will see them or hear about them beforehand<sup>3</sup>. So, how do you describe someone you don't know? We usually ask the people we know or the people we are talking to about others. Look at the following examples and pay attention to the company. different prepositions that are used.

Before looking at more phrases and structures, let's take a quick look at how the ones in the table on this page and the following page can be used. Here is a conversation in which representatives at a trade fair ask and answer questions to describe another attendee<sup>6</sup>.

#### **CONVERSATION ONE**

Ferris: Hi Lilly. I was wondering if you could help me. Do you know that guy standing by the ICU2 stand<sup>7</sup>?

Lilly: Sure Ferris, but which one are you talking about? There are a few guys there.

Ferris: Oh, I mean the man in the nice suit, with the short dark hair.

Lilly: The one with the black and gold tie?

Ferris: Yes, that's him.

Lilly: OK. Yeah, I know who he is, but I don't really know him personally. His name is Terry Joly and works for Vid-Max. You know, the security camera

Over the page are some questions to ask about people by describing them in relation to other people in the room.

#### **TIPS!**

Guy is a more informal word that is a synonym of man although it is often used in even more formal situations. There isn't a similar term for woman. Never use boy or girl to describe adults.

DESCRIBE THEM IN RELATION TO OTHER PEOPLE		
Who's that guy/man/woman (over there)		
talking <b>to</b> the speaker	<sup>8</sup> ?	
talking <b>to</b> the Italian grou	o?	
sitting <b>next to</b> the Vice Presider	t?	
standing <b>next to</b> the conference organize	er?	
talking <b>to</b> the waite	r?	
Note that the prepositions used here are TO or NEXT TO.		

#### **TIPS!**

Sometimes there are clear rules for when to use prepositions but often there aren't. In these cases you need to learn a chunk<sup>9</sup> of language instead of a rule. Like talk + to + someone e.g. Who's that beautiful woman talking to your boss?



#### **DESCRIBE THEIR JOB/WORK/CONFERENCE DETAILS**

That's (name of person). He/she
is <b>in</b> information technology.
is <b>in</b> banking <sup>12</sup> .
works at ICU2 Security in Geneva.
works <b>at</b> the London office of ICU2 Security.
is giving a seminar <b>on</b> team building <sup>13</sup> .
is giving a talk <b>on</b> corporate burnout <sup>14</sup> .
is staying <b>at</b> the same hotel as I am.
is staying <b>at</b> the Sheraton Hotel.
works <b>for</b> Gordon Meyer Holdings Ltd.1 <sup>5</sup>
works <b>for</b> one of the multinational companies.
Note that the prepositions used here are IN, ON, AT or FOR.

Alternatively, we also need to describe people we know to others, and this is easier because we can provide information besides10 their physical characteristics or where they are in relation to other people or things. Depending on how well or how much you know about someone, you can talk about their job, line of work<sup>11</sup>, or conference/meeting details, such as their hotel or the topic of a talk/seminar they are giving. Look at the following examples in the table below and pay attention to the different prepositions that are used.

Let's look at another conversation between trade fair representatives where you can see questions and structures to describe people in relation to others and in relation towork and work/conferencerelated details.

#### **CONVERSATION TWO**

Wendy: Hi Francis.

Francis: Oh, hi, Wendy. It's good to see you again.

Wendy: You too. Hey, who's that woman over there talking to the man with the beard? She looks familiar. Francis: That's Veronica Stewart. She was giving a talk on camera-sensor technology yesterday afternoon.

Wendy: Right. That's where I know her from. Thanks!

#### **CONVERSATION THREE**

Tom: Hey, Pete. I'm looking for someone and I thought you might be able to help me.

Pete: Well, I'll try. Who are you looking for?

Tom: I'm looking for one the representatives we met this morning at the stand.

Pete: The one who works for Brind & Co.<sup>16</sup>?

Tom: No. The one who was standing next to him.

Pete: Oh, the woman with the curly<sup>17</sup> hair?

**Tom:** Right. I think she works in research and development but I'm not sure who she works for.

**Pete:** I'm not sure either<sup>18</sup>, but I know she's staying at the Plaza Hotel and there will be a meet and greet<sup>19</sup> there tonight.

#### WHO'S THAT?

As we have already said, when you are in a place with a group of people, for example in a conference room, or sitting at a large meeting table, it is likely<sup>20</sup> that you don't know or remember everybody, and so you need to find out<sup>21</sup>. If you want to know who someone is, if you want to know their name, job or some other kind of personal information about them, the most common question used is, Who's *that?* A common mistake made by people learning English is to ask, Who's him/her? Although it is grammatically correct in English to say Who's he/she?, we don't normally use this question in this situation. If someone is some distance from you, we often add over there (to indicate position and distance) to the question, Who's that over there? In this case it is never correct to say Who's he/she over there? With this



basic structure (Who's that over there?) you can then make your questions more specific and detailed, as we have seen throughout this article:

- Who's that guy in the red shirt?
- · Who's that woman over there with the wavy<sup>22</sup>

#### Glossary

not only but also no sólosino también	14 burnou
to meet someone in person conocer a	palabra
alguien personalmente	usa info
beforehand de antemano	del agot
beard barba	from wo
suit traje	por el ex
attendee asistente; alguien que asiste	<b>15 ltd.</b> una
stand puesto (en una feria)	significa
speaker orador	castella
chunk trozo	<b>16 co.</b> una
besides además	nifica "o
line of work línea de trabajo; ocupación	17 curly ri
banking banca	18 either
team building fomento de espíritu del	el negat
equipo	meeting

ado

brown hair in the green  $top^{23}$ ?

• Who's that man over there talking to the CEO?

So, next time you are in a work (or social) situation, try using some of the structures you see here to describe people. Good luck!

t agotamiento. Proviene de la burn" (quemarse) que también se nalmente en español para hablar miento: "he's going to burn out rking too much" (se va a quemar ceso de trabajo).

abreviatura para empresas que 'limited", o sociedad limitada en

breviatura para empresas que sigmpany", o empresa en castellano.

tampoco. Se usa con verbos en ivo (A: "I don't like long business '; B: "I don't like them either"). A: no me gustan las reuniones largas; B: a mi tampoco me gustan.

- 19 meet and greet los verbos que significan conocer ("meet") y saludar ("greet") se usan juntos para formar un nombre compuesto que describe un evento con el fin de conocer a gente, especialmente en el contexto de los negocios.
- 20 likely probable
- 21 to find out averiguar
- 22 wavy ondulado
- 23 top cualquier prenda que se lleva puesta en el torso, por ejemplo, camisetas, camisas, blusas, etc., pero no incluye chaquetas.



## Get in the mood for modal verbs

**By Tony Keirle** 

Modal auxiliary verbs explain the mood of the main verb. That may sound difficult but in fact these verbs are easy to use. They do not vary so we do not have to conjugate them. The main verb is always the 'bare infinitive', or more simply explained, the verb without 'to'.

Here are two of the most commonly used examples:

#### 'Can' is a modal auxiliary verb. It is used to:

- Talk about possibility and ability
- Make requests
- Ask for or give permission

	subject	auxiliary verb	main verb	
+	1	can	play	the piano.
		cannot		
-	He	can't	play	the piano.
?	Can	you	play	the piano?

The structure of 'can' = subject + can + main verb. The main verb is always the bare infinitive (infinitive without 'to').

We see that: • Can is invariable. It never changes • The main verb is always the bare infinitive • We cannot say: I can to play the piano • The short answers are: Yes, + subject + can, or: No, + subject + can't.

#### **Can: Possibility and ability**

We use 'can' to talk about what is possible, what we are capable of doing:

- She can fly a plane
- Jane can speak Italian

I cannot hear you. (I can't hear you)

• Can you hear me?

Normally, we use 'can' for the present. But it is possible to use 'can' when we make present decisions about future ability: A. Can you help me repair my bike? (present). B. Sorry. I'm busy at the moment. But I can help you this afternoon. (future)

#### **Can: Requests and orders**

We often use 'can' in a question to ask somebody to do something. This is not a real question - we do not really want to know if the person has the ability to do something, we want them to do it! The use of can in this way is informal (mainly between friends and family):

- Can you pass the sugar, please
- Can you turn the radio down
- Can you come here a minute
- Can you stop shouting!

#### **Can: Permission**

We sometimes use 'can' to ask or give permission for something: You can't park here, but you can park in the next street • Can I park here?

#### Here is another modal verb:

#### 'Could' is a modal auxiliary verb used to:

- Talk about past possibility or ability
- Make requests

Structure of 'could' = subject + could + main The main verb is always the bare infinitive (infinitive without 'to').

We see that: • 'Could' is invariable. There is only one form of could • The main verb is always the bare infinitive • We cannot say: I could to play the piano • The short answers are: Yes, + subject + could, or No + subject + couldn't



#### **Could: Past possibility or ability**

We use 'could' to talk about what was possible in the past, what we were capable of doing:

- I could count to one hundred when I was three years old
- My grandmother could speak seven languages.
- When I arrived home, I could not find my key. (...couldn't find my key)
- Could you guess the winning answer?

#### **Could: Requests**

We often use 'could' in a question to ask somebody to do something. The use of could in this way is polite and formal: • Could you sign here, please?

• Could you tell me where the station is, please?

Practice: Underline the correct form

- My son can/could already say the alphabet and he's only two. 1.
- 2. The police can/were able to save the man from the burning car.
- Can/Could you speak French? I can/could but I've forgotten everything. 3.
- 4. Could/Can you help me in the garden tomorrow?
- My dog can/could never remember where he buries his bone. 5.

Answers: 1. can 2. were able to 3.can, could 4. both are correct, could is more formal 5. can

		subject	auxiliary verb	main verb
	+	My grandmother	could	swim
		She	could not	
	couldn't		drive	
	?	Can	your grandmother	swim?

We use 'could' (positive) and couldn't (negative) for general ability in the past. But when we talk about one special occasion in the past, we use be able to (positive) and couldn't (negative). Look at these examples:

	Past	
+	General	Specific Occasion
-	My grandmother could speak Spanish	After the concert I was able to get her autograph
?	My grandmother couldn't speak Spanish	After the concert I couldn't get her autograph



#### pull

# in the bar

The majority of all flirting takes place in bars. After a few beers, confidence rises<sup>1</sup> and people start to chat. However, speech is more relaxed and if English isn't your first language you might find it hard to understand some of the phrases vou're likelv<sup>2</sup> to hear in the pub. We've put together<sup>3</sup> a list of some of the most-heard<sup>4</sup> terms that you'll come across in a bar, and we've also thrown in<sup>5</sup> a few tips on flirting.

# The language of the bar

It's no secret that some of the UK's inhabitants do have a reputation for excessive drinking, particularly when on holiday in Spain. This is why there are so many words and phrases to describe being drunk! You'll find a substantial number of those words below. Many of these terms have literal translations, but here we've explained their slang meanings (in English) and Spanish.

amber fluid (beer) cerveza anorak (nerd/geek) empollón arse about/arsing about (to fool around) hacer el tonto arse-about-face (something that is in a mess or **crooked)** desordenado arseholed (very drunk) muy borracho ball, to have a (a fun time) diversión barf (vomit) vomitar **bladdered (very drunk)** muy borracho **booze (alcohol)** alcohol boozer (1) (a pub) pub boozer (2) (someone who likes alcohol) alguien a guien le gusta beber alcohol chuck up (vomit) vomitar chuck a sickie (take the day off sick from work when you're perfectly healthy) cuando estás de baja por enfermedad pero no estás enfermo ciggy (slang for cigarette) cigarrillo cock and bull story (a rubbish story, nonsense) un cuento chino dog [offensive] (an ugly person) una persona fea hammered (drunk) muy borracho kip (sleep) dormir **knackered (exhausted)** muy cansado **knees up (party)** una fiesta





There are some basic rules when it comes to flirting, whether you're male or female. What you're aiming for when you flirt is to convey<sup>7</sup> that you are interested in the other person without coming out and saying it directly (which can invite rejection<sup>8</sup> and embarrassment<sup>9</sup>). Don't panic if you think that flirting has to be romantic, because it doesn't. Think of it as a good general social skill. These dos and don'ts will help you accomplish<sup>10</sup> more with your flirting.

#### Do

#### Be prepared

Take a shower and make yourself presentable.

#### Make eve contact

If you hold someone's gaze<sup>11</sup> while smiling and they continue to look a then that's a good indication they're interested in talking to you. Just stare<sup>12</sup> at them!

Control your body language

Don't fidget<sup>13</sup>. Stand up straight and give off confidence.

Initiate conversation

Just saying "Hi" is sufficient to start a conversation. Relying on cheesy up lines can be off-putting<sup>14</sup>.

Use humour

Try to make the other person laugh, but be careful not to offend them Laughter is a powerful aphrodisiac.

Smile

You're enjoying yourself, remember? Just relax enough to let the othe know that you're having fun talking to them.

Read the signals

Does the object of your attention seem interested in what you're sayin have they turned their back on you? If the other person is looking arou the room while you speak, they're probably not that interested. Time move on

Stav in touch

If your initial chat has gone well, don't be afraid to ask for an email ac or phone number. Using email is probably best, as it's less confrontati than calling.

#### Terrible chat-up lines

Here are some awful one-liners to be avoided<sup>20</sup> at all costs!



As you walk by, turn around and say: Excuse me, did you just touch my ass? No. Damn! I miss my teddy bear. Would you sleep with me? Do you believe in love at first sight, or should I walk by again? Shall we talk or continue flirting from a distance? Do you have the time? (Person gives the time.) No, I mean the time to write down my number? Do you know the essential difference between sex and conversation? (Person answers "No".) Do you wanna go upstairs and talk? Do you mind if I stare at you up close instead of from across the room?

Glossary	<ol> <li>to rise subir</li> <li>likely probable</li> <li>to put together compilar</li> <li>most-heard el más escuchado</li> <li>to thrown in añadir</li> <li>tips consejos</li> <li>to convey transmitir</li> </ol>	<ul> <li>8 rejection rechazo</li> <li>9 embarrassment vergüenza</li> <li>10 to accomplish lograr</li> <li>11 gaze mirada</li> <li>12 stare mirar fijamente</li> <li>13 to fidget agitarse</li> <li>14 off-putting poco atractivo</li> </ul>	<ul> <li>15 to look around mirar alrededor de uno mismo</li> <li>16 to come on strong ser duro</li> <li>17 harassment acoso</li> <li>18 pushy insistente</li> <li>19 to annoy molestar</li> <li>20 to avoid evitar</li> </ul>
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#### flirting&slang\_

#### push

#### Don't

	<ul> <li>Take it too seriously</li> </ul>
	You'll probably never speak to many of the people you
	flirt with again. So stay relaxed when chatting.
it you,	• Act like a stalker
don't	Don't follow someone about, or come on too strong <sup>16</sup>
	with overly familiar comments. You'll scare them away.
	Flirt in the wrong place
	Flirting in the office should be avoided, because you'll
	compromise your professionalism, and might get accu-
chat-	sed of sexual harassment <sup>17</sup> .
cinat	• Be pushy <sup>18</sup>
	You've only just met this person, so don't talk too much
٦.	about yourself and don't push them to do things they
	don't want to do.
	• Smell bad
r person	Too much perfume is a bad thing.
r person	Persist when you're not wanted
	If you carry on trying to get a conversation out of someo-
ng or	ne and they're not willing to talk, then leave them in
	peace. The last thing you should do is annoy <sup>19</sup> them.
to	
10	
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onal	
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#### **By David Rensin**

merican actor Zachary John Quinto is known for his TV roles as Sylar on Heroes, Adam Kaufman on 24, and Sasan on So NoTORIous. His feature film debut was playing Spock in this year's new Star Trek film.

#### Did you ever sport<sup>1</sup> a unibrow<sup>2</sup>? What's your eyebrow-care routine?

I lost the unibrow in college when I was preparing to go into the acting marketplace. My eyebrows do require<sup>3</sup> some attention. I had to shave<sup>4</sup> three-quarters off each to play<sup>5</sup> Spock. I don't know if they're my favourite feature, but they're certainly my defining characteristic. My older brother and I refer to ourselves<sup>6</sup> as the Brow Brothers sometimes.

#### You're half Irish, half Italian. Under which circumstances does one side win over the other?

The Italian side comes in handy<sup>7</sup> when I lose my temper<sup>8</sup> *if* I lose my temper

because I can blame<sup>9</sup> it on my fiery roots<sup>10</sup>. I suppose the Irish side comes in handy when I sidle<sup>11</sup> up to a bottle of Jameson, which is not often. [laughs] The Irish side certainly came in handy when I went to Ireland the summer between my junior and senior years in college. I lived in Galway. I waited tables<sup>12</sup> in a coffee shop from eight at night until four in the morning. I did a play<sup>13</sup> there. The people of Ireland are amazing<sup>14</sup>.

#### So many people know you as Sylar, and as the young Spock in the latest Star Trek movie. When you go into Starbucks, do you ever feel forced to use a phony<sup>15</sup> coffee name in order to retain whatever shards<sup>16</sup> of anonymity you have left<sup>17</sup>?

Sometimes I'll use Rex. It's easy, it's quick. It's three letters, and you can't misspellit. Then I just have to remember the coffee's for me when they shout: "Double latte for Rex".

#### Spock employs the mind meld<sup>18</sup> and neck nerve pinch<sup>19</sup>. When have you wanted to use either<sup>20</sup> in real life?

I was in New York recently, in the audience at a few Broadway shows, and I really wanted to bust out<sup>21</sup> the nerve pinch on some people around me, just to put them to sleep and shut them up. As an actor who comes from the theatre, I realized I might have inflated<sup>22</sup> ideas of who we do theatre for. The disregard<sup>23</sup> brought my delusions of grandeur crashing down. I take theatre seriously, and I was fascinated and repulsed24 at people's casual, cavalier25 attitudes and behaviours<sup>26</sup> in the audience. Opening candy<sup>27</sup> packages, screaming and talking in the middle of the show; it was really alarming. I was galled<sup>28</sup> by the nerve<sup>29</sup>.

#### Both Spock and Sylar are brain-centred characters. What physical activities do you do to balance things out?

I hike. I run in the spring and summer. I practice anusara yoga, a variation on hathayoga. It's a vinyasa flow series and is unique in that it has a specific set of tenets<sup>30</sup> both physically and spiritually, and they complement one another. Sometimes at work I will bust out a move between takes.

You've been in Hollywood for almost 10 years. What do you know now that you wish you knew when you arrived? I wish I knew not to try so hard. Part of my experience has been realizing that the combination of authenticity and perseverance goes much further than trying to give people what you think they want. If I had known that, I would have saved myself some heartache<sup>31</sup>.



9 to blame culpar 10 roots raíces

Glossarv

11 to sidle acercarse furtivamente 12 to wait tables ser camarero **13 a play** una obra de teatro 14 amazing increíble 15 phony falso (americanismo) 16 shards fragmentos 17 to have left permanecer 18 to meld combinar 19 to pinch pellizcar 20 either cualquiera

21 to bust out probar (americanismo)

22 inflated exagerado 23 disreguard despreocupación 24 repulsed repugnado 25 cavalier (attitude) arrogante 26 behaviour comportamiento 27 candy dulces 28 galled irritada 29 the nerve caradura 30 tenets principios 31 heartache angustia



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