

SKIN TREATS



Garnier Moisture Bomb Sakura Hydrating Sheet Mask, £3.49
Achieve a hydrating boost, strengthened skin barrier and rosy glow, all in just 15 minutes.



Tatcha Luminous Dewy Skin Mist, £48
Amino acids and botanical oils hydrate the skin, leaving a luminous glow both under and over makeup.



Laneige Bouncy & Firm Eye Sleeping Mask, £28
Put tired eyes to bed with a trio of caffeine, niacinamide and a plumping peony-collagen complex.



Zoeva Baby Fresh Eyes Under Eye Brightening Patches, £32
When your undereyes need a quick fix, these revitalising patches give a 15-minute refresh.



111SKIN Rose Gold Brightening Facial Treatment Mask, £20
Damask rose and 24-carat gold combine in this luxe hydrogel mask, made to smooth lines induced by a busy day.



La Mer The Lip Polish, £62
Resurface and soften dry lips with just one swipe of La Mer's gentle buffing balm.

GET THE **spa** vibe **AT HOME**

Indulge yourself in the comfort of your own home with a gorgeously soothing beauty treat

FABULOUS FRAGRANCES



Neal's Yard Remedies Pure Essence No.1 Frankincense Eau de Parfum Spray, £55
Evocative frankincense pairs with natural citrus oils for the perfect aromatherapy scent.



Cosmoss Incense Sticks, £32
Wafts of soulful cedarwood and sweet jasmine transform any room into a garden of meditation.



M&S Apothecary Relax Eau de Parfum, £12
For relaxation at its finest, turn to this warm, fragrant blend of white cedar, amber and clary sage.



Esteban Cedre Incense Sticks, £8 (from John Lewis)
Create a serene atmosphere with luminous notes of bergamot, neroli, jasmine and patchouli.



Spa Ceylon Night Jasmine Body Spray, £17
One spritz of these rich, floral notes will add an exotic touch to any home spa.



Sanctuary Spa Lily & Rose Collection Body Butter, £12.50
The creamy, vitamin E-enriched formula plus a delicate floral scent makes this a delightful post-shower treat.



The White Company Seychelles Pillar Candle Mini, £12
Inspired by a soft Indian Ocean breeze, this mineral candle radiates a tranquil vanilla and coconut aroma for hours.



Elemis Calming Space Spray, £28
Create a peaceful ambience with just a few spritzes. This mist is the perfect companion for an evening of unwinding.



NEOM Wellbeing Pod Mini Diffuser, £55
Tranquillity at the touch of a button. Our favourite scent is the Complete Bliss Essential Oil Blend, £22.



Jo Loves Spring Layered Candle, £90
From Tahitian gardenia to orange blossom, this candle releases fresh delights with every new layer.

WELLNESS HELPERS



Slip Zodiac Contour Sleep Mask in Capricorn, £60
Indulge in a celestial post-spa sleep with the comforting embrace of silk.



By Beauty Bay The Jade Gua Sha, £10.50
Inspired by ancient Chinese practices, this jade massage tool is a wonderful way to relieve facial tension.



By Beauty Bay Satin Sleep Mask, £8
Enjoy a night of peaceful darkness with this silky-soft bedtime companion.



ESPA Skin Stimulating Body Brush, £21
Swiftly brush the natural bristles over dry skin to achieve softer, more even skin and kickstart cell renewal.

WORDS: URMÍ PANDIT

HAIR & BODY



Aromatherapy Associates Bath & Shower Oil in De-Stress Mind, £58
Smooth skin and soothe the mind with this camomile-scented bath oil.



Bio Sculpture Ethos Rosehip Cuticle Oil, £12
A DIY mani is incomplete without some nourishing rose-infused cuticle care.



Rituals The Ritual Of Karma Salt Body Scrub, £18.90
These exfoliating sea salt minerals detox and soften the skin, while boosting cell renewal.



Moroccanoil Intense Hydrating Mask, £9.45
A protein-enriched hair mask that delivers dreamy softness and shine using hydrating argan oil.



L'Occitane Shea Butter Hand Cream, £23
Give weary hands some essential TLC, with the help of softening argan oil and organic shea butter.



Westlab Recover Bathing Salts, £7.99
100% pure Epsom salts relieve aches and pains, while white willow and eucalyptus create a fragrant, bathing experience.