



## Everything under the sun

RED'S BEAUTY  
TEAM SHARES  
TRUSTED  
SOLUTIONS FOR  
MAKEUP THAT  
LASTS, EASY  
HOLIDAY WAVES  
AND SOOTHING  
THE STING OF  
SUNBURN

**I've always felt life would be immeasurably better if I could wash and go.** After years of watching professionals at work I can do a passable blow dry, but it's a long, hot process and who wants that on holiday?

**The stylist Luke Hersheson recently described my hair as 'Irish'.** It's a random mix of straight and semi-curl that's prone to frizz in humidity. The term has been huge on TikTok so maybe you can relate.

**Waves hang better when they're hydrated,** promises my colourist Zoë Irwin. Oribe haircare is legendarily luxurious, but when hair is as dry as mine can get, many other brands don't touch the sides. I use hair masks throughout the year, I travel with Davines sachets and am devoted to conditioning hair rinses.

**Hair has memory.** Marcos Verissimo of The Six in Mayfair tells me it takes three consecutive air dries for waves to start finding their way. He also recommends an air dry-friendly cut at the start of summer, with someone who assesses curl pattern strand by strand and cuts when dry.



HAIR RITUEL  
BY SISLEY  
CURL  
CREAM, £83

HERSHESONS  
ALMOST EVERYTHING  
CREAM, £14

ACT+ACRE MICROFIBER  
HAIR TOWEL, £30

SEBASTIAN PROFESSIONAL  
POTION 9, £33

BUMBLE & BUMBLE  
BOND-BUILDING  
TRIPLEBOND FLASH  
RINSE, £29

LIVING PROOF STYLE LAB  
AIR-DRY STYLER, £27

ORIBE GOLD LUST REPAIR &  
RESTORE TRAVEL SHAMPOO,  
£19, AND TRAVEL  
CONDITIONER, £20

## BEAUTY



**How to let your hair  
air dry without going  
frizzy in the heat**

BY BEAUTY DIRECTOR

*Alexandra  
Friend*

**Apply product while hair is dripping wet,** says Verissimo. Tip your head over the bath (or a tiled terrace somewhere deliciously hot) and scrunch cream or gel from root to tip, using so much that it squelches through your fingers in a watery emulsion.

**Stylists love Sebastian Potion 9.** It's a cream-gel hybrid that casts waves into shape and holds them there. Sisley's new curl range is high performing and Living Proof gets everything right.

**Resist the temptation to fiddle as hair dries.** Even towel drying can invite frizz to form by roughing up the cuticles, though blotting carefully with a microfibre towel can remove excess water without causing too much damage. I've heard kitchen towel works well, too.

**When my waves are bone dry,** I work an oil through with my fingers and massage styling cream through coarser sections. Air-dried hair can look fluffy on day two or three, so repeat as needed.



How to manage summer with super sensitive skin  
BY SENIOR BEAUTY WRITER

Phoebe Lee

summers ago, I’ve learned that spray formulas aren’t foolproof. It’s hard to see where it’s landing and too much can be lost to the air, especially if a breeze picks up. Great for top ups throughout the day, but not for full-body application.

**My approach to sun cream is a high-low one.** On a week-long trip, I can get through three or four bottles at least, so I choose affordable brands for everything below the neck. Altruist makes dermatologist-approved sun cream at accessible prices, and I love the trigger-spray applicator of the jumbo-sized bottle.

**But for my face, I’m yet to find anything on the high street** as impressive as Ultra Violette’s unbelievably sheer formulas, or Allies of Skin’s latest launch, which combines high protection with self-tan for a subtly warm glow. I’m forever charmed by the luxe textures and feelgood scents of Clarins, too. The sun stick glides on like butter.

**Learn from me when I say don’t forget your scalp.** I once burnt mine to the point of peeling, so I’m fastidious in applying a protective mist along my middle parting, especially since dermatologist Sharon Wong told me that repeated UV exposure can contribute to hair loss. Garnier makes one that’s affordable enough to spray liberally, and it’s so lightweight I can’t see or feel it.

**Having dealt with sunburn often enough,** I know exactly where to find sweet relief. The cooling effect of Avène’s spring water mist is instant, while Caudalie repairs fragile skin once the burn has faded.

**I love the sun, but I can’t say my skin does.** Everything about my biological makeup – my blue eyes, mousy hair and freckled face – means I only need 10 minutes in high temperatures to properly, and painfully, burn.

**Good sun-cream habits were drilled into me by my fair-skinned mother,** but I’ve still made mistakes. After turning lobster-pink in Greece a few



**My summer tan comes from a bottle.** Yes, it’s about being cautious in the sun, but I love to look sunkissed. And the truth is that a week’s holiday has never done so much as freckle my shoulders.

**I’ve tried almost every tan on the market** and Bondi Sands is the best. The oil is so silky it practically blends itself, then dries within minutes and develops over two hours. It doesn’t need to be washed off and the olive undertones look believable.

**If your skin is dry, your tan won’t look great.** The catch-22 is that DHA (the ingredient that tints your skin) is drying, so loading up on hydration becomes doubly important. I look for shea butter and glycerine in my body moisturiser and have found both in Kiehl’s, which I apply generously throughout bare-leg season.

**For a tan that looks real you need decent prep.** I buff away dead skin two days in advance with an exfoliating mitt and

a body scrub, and I carry on exfoliating afterwards to keep my colour looking even as it fades.

**No matter how good your formula, blending is everything.** I use one side of a double-sided tanning mitt to apply in circles, and the other side to buff out any streaks.

**Self-tan and sun cream are not friends.** An oil-free SPF is a must on holiday.



How to nail a natural-looking self tan  
BY BEAUTY ASSISTANT

Chloe Woodland

**I’m not so dedicated that I’ll tan while I’m away** but I do take Dove’s iconic gradual tan with me. More moisturiser than tan, it microdoses the DHA to keep my colour topped up in a natural-looking way.

**Tinted body oils boost a golden-hour glow.** I rub Sol de Janeiro over any exposed skin before dinner and I love Iconic London’s mess-free stick for a pretty gleam. I think of it as the body’s version of lipstick – the ultimate finishing touch.

**Subtle skin tints and barely-there coverage just aren't my style,** even in the heat. I go bare-faced at the beach, but I insist on a full face in the evening and I go all out for dinner. My top tip for a comfortable base that lasts? Hydrating foundations are your friend, no matter what your skin type. Stipple on with a brush, starting with a tiny amount, and build up.

**I've mastered the art of looking dewy rather than mask-like,** even when using more product than most. For all the setting power and none of the dryness, I apply Fenty's ultra-fine tinted powder only where it's needed (usually the T-zone and under-eyes) and I blur dark spots and warm weather breakouts with NARS Soft Matte Concealer. It's a blurring formula that boosts my confidence without overloading my skin.

**Maximal makeup can still look fresh.** The best longwear primer is e.l.f.'s gel-based Power Grip. It's a makeup magnet and it has a beautifully dewy finish.

**My secret is alternating two different setting sprays.** L'Oréal Infallible for hold and Charlotte Tilbury for a skin-like finish; together they promise an enduring base without fail. I apply generously (okay, bathe my face) after each new layer of makeup and let it soak in before moving on. It's time-consuming work but so worth it.

**A lightweight face mist reapplied throughout the day** keeps skin hydrated, which is crucial when you're wearing a lot of makeup in the heat. Tatcha's nutrient-infused version is a glow-giving winner.



How to stop your makeup sliding off in the sun  
BY BEAUTY INTERN

Urmi Pandit

**I'm easily influenced by a trending product.** But things go viral for a reason and Benefit's best selling BADgal Bounce Mascara is the smudge-proof option for surviving the heat, especially when you have a commitment to a full face of makeup – no matter the weather.



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