

# KITCHEN

## Introduction

A kitchen is usually intended for cooking and food preparation. A kitchen should have a sink, a stove, a refrigerator, and kitchen cabinets. The majority of houses have a dishwasher, microwave oven, and other appliances. A kitchen's primary functions are to prepare and cook food while also storing it. Depending on the size of the room, it may be used for dining, especially if the meal is small, such as breakfast. Kitchens were created after inventors recognized the need for a wide range of cooking. Technology has advanced to the point where electrical appliances are now used in kitchens. As a result of continuous innovation and industrialization, kitchens have evolved on a regular basis. Another factor that aided this was the changes that occurred.

In the long run, all kitchen cabinets must be replaced. The more they are used, the more they become unsightly, so it is critical to implement the kitchen update ideas listed below. This can be accomplished by replacing facilities such as the kitchen cabinet. You may be able to restore them to their original design by painting them or completely replacing them. With so many door styles, finishes, pull-out pantries, and bells and whistles to choose from, incorporating new cabinets can improve the appearance of your kitchen. Cabinets can cost nearly half the price of a kitchen renovation. It is critical to consider the quality of the materials you will use, the type of door hinges and other hardware, and finally the joinery that will be used.

## Kitchen cabinets

Cabinets, with the exception of drawers and toe kicks, have the same components. A cabinet's basic components are as follows:

- Carcass. This is the cabinet box that holds the items on the shelves in place.
- Door. A cabinet has four different types of doors. There are four of them: raised panel, flat panel, slab, and glass front.
- Braces on all four corners. During installation and transportation, they keep the cabinet box square.
- Drawer. When pushed or pulled, this moves.
- The cabinet's face frame. It serves as a support for the hinges.
- Kick your toes. It closes the space at the cabinet's base.
- Hinges. This one allows the door to move when opened or closed.

## What to consider before fitting your cabinet in the kitchen

- Make sure the space between the upper cabinets and the countertop is at least 18 inches.
- The lower cabinet depth should be at least 24 inches, while the upper cabinet depth should be at least 12 inches, or half as deep as the lower.
- The countertop height should be 36 inches, with a countertop overhang of no more than 1 inch.
- The kick space should be four inches high and three inches deep. These are the most common cabinet installation measurements.

## **The best ideas for updating an old kitchen**

You don't have to empty your wallet to refurbish your kitchen again; instead, with a few dollars, you can give your old kitchen a new look. The following are some of the best methods for restoring the appearance of your kitchen.

- Reinstall the handles and pulls. Changing your cabinet hardware necessitates the purchase of new handles. Replace the cabinet's components.
- Refinish your cabinets. Your old kitchen appears this way because the dark cabinets have blocked out all of the light. You do not need to replace the doors or frames as long as they are structurally sound. All you have to do is buy the paints of your choice and get to work.
- Install some under-cabinet lighting. Make the most of this space by incorporating display options. You have several options, including LED battery versions. The design is stunning, especially in the dark.
- The kitchen walls should be painted. It is possible that you have renovated your cabinet, but it is also important to inspect the walls. Look for the best color of your choice and apply it to your walls to add beauty. You could use white or a darker hue, which would look great in a kitchen setting.
- Purchase at least one appliance. It may appear to be an expensive purchase, but purchasing one appliance that you enjoy using will make the kitchen appear and feel newer.
- Add some pendant light. Add some lighting to the entire kitchen. Pendant lights makes the room look great and very attractive. You can purchase this from any store like pendant conversion kits.
- Add some wallpaper to your kitchen. There are several sticky wallpapers that are available I the market. You can select any design based on your choice and ensure that it will give you something perfect in your kitchen.
- Add a backsplash. You can decide to use stick on backsplash panels. Many people with the coming of technology have started using backsplash to decorate their rooms. This is quite hard to install but once you have put it the kitchen looks pretty good.
- Replace your countertop. It is at this point that you can replace your countertop. These include rollers, flecks and paint to make your old countertop look great again.

- Add some green plants. Plants make the room quite amazing. You can shop this from any online store like amazon. Amazon sell perfect plants that can be used to decorate a room. You can choose from Spider plants, Aloe Vera plants and English Ivy plants.
- Swap the kitchen hardware. Probably you have heard it somewhere and you have never done it. Try swapping the kitchen hardware and it will bring out a new look which will be perfect and attractive.

## **Hand painted kitchens.**

Handpainted kitchens look pretty good especially after the kitchen has been painted. Even if the kitchen is very old and looks dirty, it can be scraped and painted again which will eventually look great. There are specific colors that are usually used by experts to do interior painting services of the kitchens. These are dark oak, MDF, orange pine, varnished and clear lacquered. Kitchens can be transformed into hand painted finishing. Experts paint all the necessary equipment such as doors, drawers, hinges and drawers. Hand painting is cost effective, flexible, safe and reliable. Appropriate abrasives and primers can be used by making bare timber, lacquered oak, waxed pine, melamine surfaces and lacquered pine.

## **Types of kitchens that can be hand painted**

- New custom made wooden kitchens.
- Hand painting of a kitchen as an upgrade or refurbishment
- A second hand kitchen.
- Repainting of hand painted kitchens.

## **The best colors to use when painting kitchen**

Choosing the right paint for your Kitchen is so important though all this depends with your choice. The most preferred colors are highlighted below which over the time have proved to be the most perfect paints for any kitchen. The best colors are white and non-white which you can choose from.

- **Decorators white.** This is a white color that does not have undertones. It is clean and crisp which makes it one of the great choices for kitchens.

- **Clunch.** This color is well fit for cabinets and is also ideal for the walls. It is fresh and bright and is used to balance the cabinets into rich tones.
- **White dove.** This color is warm and looks natural .It`s white and makes the wall look great.
- **Precious pearls color.** It has beautiful somehow shimmery undertones. It fits the wall perfectly.
- **Ballet white.** This is the best white color for modern kitchens. The color looks slightly gray but depends on the natural light that is available in the room.
- **Antique white.** This also is one of the warm colors that gives the kitchen a cozy feeling.

### **Gorgeous non-white colors for kitchen painting.**

- **Woodlawn blue.** It creates a cool and calm cooking space while you are cooking your food and looks really great.
- **Golden straw.** This color looks good especially when you have white cabinets. It`s neutral and awesome.
- **Smoked trout.** This color works well in a kitchen that has been set traditionally. You can choose it if you are interested with something quite different in your kitchen.
- **Wasabi.** This looks somehow green. It fits kitchens in islands and makes the cabinets to reflect the light in an awesome way which looks pretty good.