

FESTIVE FATIGUE

A special report looking at how to combat burnout in pharmacy teams **page 8**



12 SUPPLEMENTS



20 EYE CARE



Special announcement!

Training Matters is launching a UK-wide roadshow to champion the work of community pharmacy staff. Want to get involved? **Millie Browning** reports

SPECIAL REPORT

Every year, the team at *Training Matters (TM)* highlights the hard work of community pharmacy staff at the Recognition of Excellence (RoE) Awards – the only UK Awards exclusively for community pharmacy support staff. The aim – as always – is to honour dedicated pharmacy team members who go the extra mile to support their customers, colleagues and communities every day.

10-year celebrations

To celebrate 10 years of the RoE Awards in 2023 our *TM* team are heading out on a UK-wide roadshow to find the best of the best in community pharmacy. Between January and April, we will be visiting community pharmacies in Wales, Northern Ireland, Scotland and England to raise awareness about the vital roles pharmacies play in their communities, highlight the successes of individuals and teams and celebrate unsung heroes.

The RoE Awards champions medicine counter assistants, delivery drivers, dispensing assistants, health champions, pharmacy technicians, accuracy checking technicians, team leaders, pharmacy managers and those who hold any



other patient-facing role within the community pharmacy support team who are “just doing their job” but go above and beyond every day. If this sounds like you, or someone you know, we want to hear about it!

Want us to pay you a visit?

The *TM* team will provide each participating pharmacy with the opportunity to enter or nominate pharmacy team members for the RoE Awards 2023. When we visit, we will chat with your team, provide you with some digital #RoE23 assets and most importantly share your success stories across our in-print, digital and social media channels.

If you'd like us to visit your pharmacy and be part of our road show, email: **millie.browning@1530.com**.

Unable to join in? Don't worry! You can still enter and nominate colleagues for the Awards when we open our application forms in January 2023. To register your interest visit: **tmmagazine.co.uk/roe-the-awards**.

Renew Relief Reliviate.

Reliviate

Aches and Joint Pain Relief 0.5%w/w Gel

Reliviate Aches and Joint Pain Relief 0.5%w/w Gel: (Piroxicam).
Indications: For the local symptomatic relief of pain and stiffness accompanying nonserious arthritic conditions; and pain or swelling accompanying sprains, strains and sports injuries. **Legal Category:** P. **MA Holder:** Manx Healthcare Limited, Taylor Group House, Wedgnock Lane, Warwick, CV34 5YA, UK. **Date of Preparation:** August 2022. Information about this product, including adverse reactions, precautions, contra-indications, ingredients and method of use can be found at <https://tinyurl.com/yjen7nv4>. Adverse events should be reported. Reporting forms can be found at <https://yellowcard.mhra.gov.uk>. Adverse events should also be reported to Manx Healthcare Limited (+44 (0)1926 482511).

The Professional Assistant:

Sore throat

This month's module focuses on sore throat and looks at how and why sore throat occurs as well as the symptoms that might warrant referral and treatment options available, including self care measures.

SUPPORTING

learning

IN PHARMACY

Technician Matters

This month's CPD module (page 28) looks at key clinical developments in 2022. On page 30, our series in conjunction with CPPE continues looking at deprescribing opioids in people with chronic pain, while page 31 brings you our latest scenario.