

TEST YOURSELF ONLINE

GOOD PRACTICE KNOWLEDGE IS IMPORTANT WHEN ADVISING CUSTOMERS



Questions

- How often should customers have their eyesight checked?
 - Every year
 - Every two years
 - Every three years
 - Every four years
- What is the choroid?
 - The spongy middle layer of the eyeball
 - The tough white covering of the eyeball
 - The clear membrane covering the front of the iris and pupil
 - A watery fluid behind the cornea
- Which of the following are possible causes of dry eye disease?
 - Hormonal changes
 - Being exposed to hot, dry atmospheres
 - Wearing contact lenses
 - All of the above
- Which of the following lifestyle tips will **NOT** help customers look after their eyes?
 - Getting plenty of sleep
 - Protecting eyes from UV rays
 - Getting enough screen time
 - Quitting smoking
- Which of the following is **NOT** a symptom of dry eye?
 - Redness
 - Temporary blurred vision
 - Sticky yellow discharge on eyelashes
 - Decreased tolerance for reading or working on a computer
- Which customer does **NOT** need to be referred to the pharmacist?
 - A woman with a stye
 - A man with persistent dry eye
 - A woman with an eye injury
 - A man with prolonged tearing



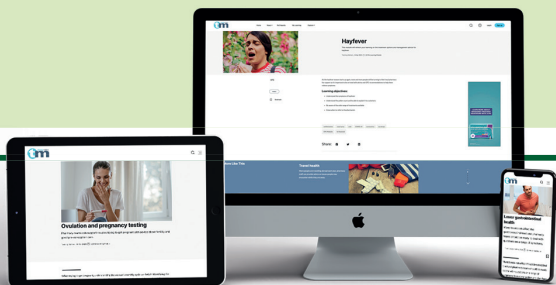
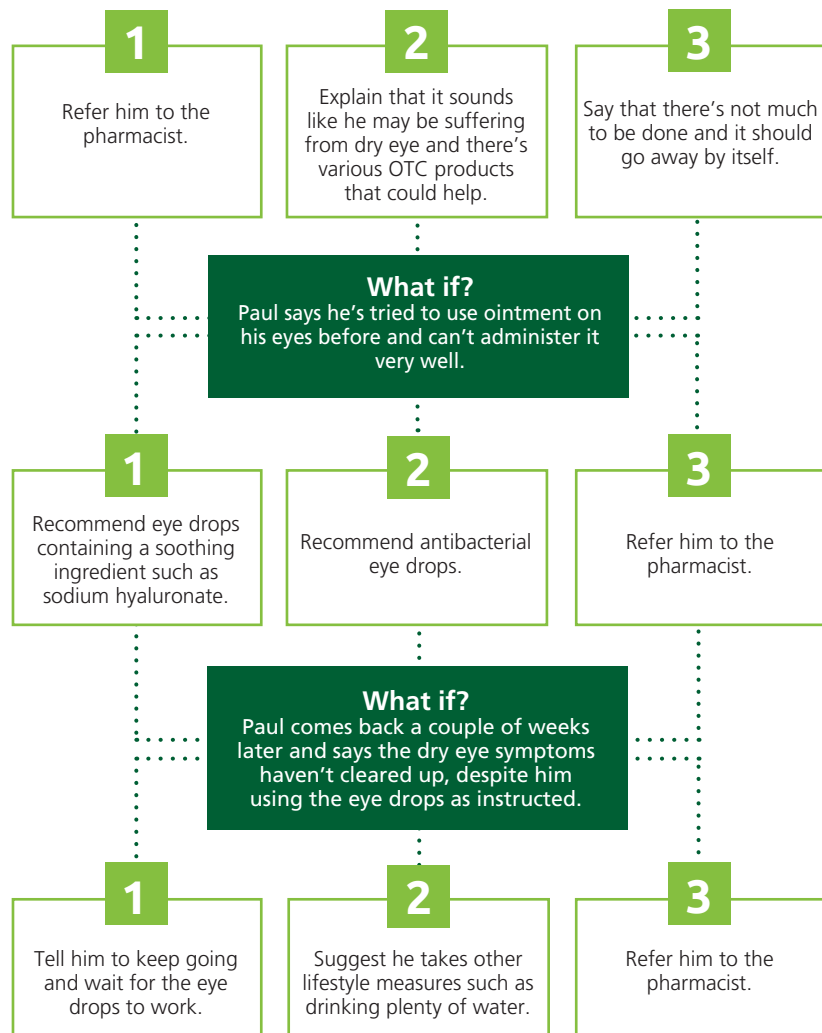
Scenario



Paul, 50, comes into the pharmacy looking for some advice. He has noticed that his eyes are starting to look quite red and have a gritty feeling. He also says that he has found he can't look at a computer for the same amount of time as he used to. He doesn't wear contact lenses.

What would you recommend?

For each part of this scenario, think about the decision you would make and, importantly, why you would choose that option. In addition, for each decision that you make, think about how you would talk to the customer and provide the necessary advice. Discuss this with your team and pharmacist.



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