

TEST YOURSELF ONLINE

GOOD PRACTICE KNOWLEDGE IS IMPORTANT WHEN ADVISING CUSTOMERS



Questions

1. Which of the following is **NOT** a type of **primary** headache?

- a) Migraine
- b) Tension headache
- c) Medication overuse headache
- d) Hangover headache

2. Which of the following could potentially cause a **secondary** headache?

- a) Sinusitis
- b) Glaucoma
- c) Brain tumour
- d) All of the above

3. Which of the following could **NOT** potentially cause **medication overuse** headache?

- a) Paracetamol
- b) Antihistamines
- c) Codeine
- d) Triptans

4. Which of the following is a reason to refer a customer with a headache?

- a) They have recently had an accident or knock to the head
- b) Their headache is accompanied by a cold
- c) They have previously had migraine diagnosed by a GP and wish to purchase OTC sumatriptan
- d) They are dehydrated

5. When can OTC sumatriptan be sold?

- a) When requested by a patient
- b) If the patient is experiencing severe symptoms
- c) After a migraine diagnosis from a pharmacist or GP
- d) To treat a tension-type headache

6. Which of the following are common migraine triggers?

- a) Cheese
- b) Lack of sleep
- c) Bright lights
- d) All of the above



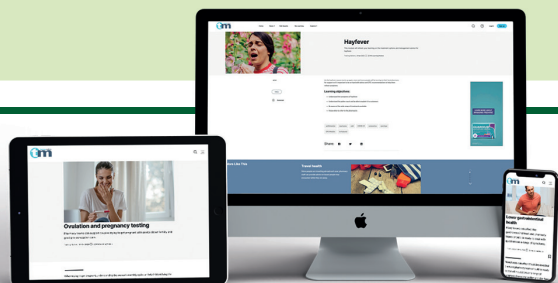
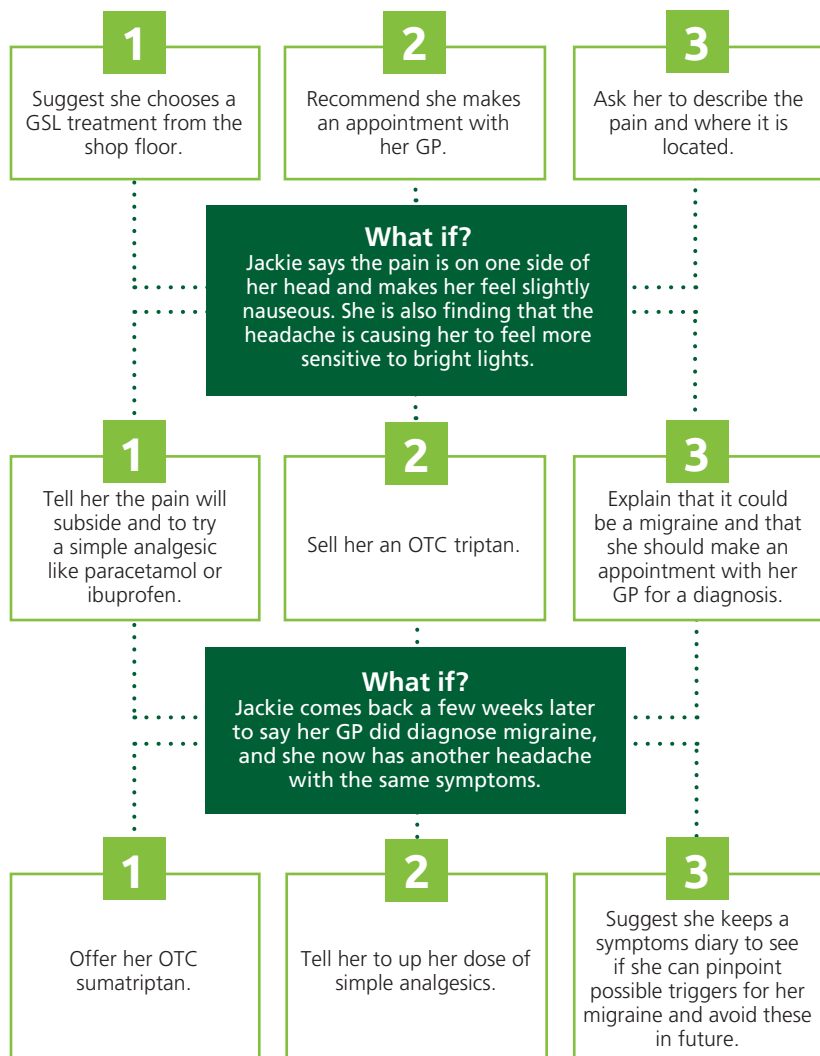
Scenario



Jackie, 55, comes into the pharmacy and says she has been suffering from a particularly bad headache that won't go away. She asks if there's anything you can suggest to help.

What would you recommend?

For each part of this scenario, think about the decision you would make and, importantly, why you would choose that option. In addition, for each decision that you make, think about how you would talk to the customer and provide the necessary advice. Discuss this with your team and pharmacist.



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