

# FLIGHTING



## ● UNDER ARMOUR SPORTSMASK

- There's a reason UA's Sportsmask sold out in a day after it launched last year – it's so much more than a protection device. Designed specifically for athletes, it's sleek, functional, water-resistant and offers SPF 50+ sun protection. It has three layers: A spacer fabric to keep material off the mouth and nose, an open-cell foam layer to let air pass but block sweat and UA ISO-Chill to keep skin cool, while also doing its core job. If you're outdoorsy, you can't venture out without one of these in a pandemic. ₹4,000 approx

Now that you're newly resolved to get fit (yet again), invest in a gadget or two that are made for movement and can help meet your goals



## ● MI WATCH REVOLVE

- A powerful, affordable smartwatch packed with features (auto brightness and the always-on display mode are a boon), the Mi Watch Revolve runs on some powerful proprietary software that can effortlessly monitor your heart rate, sleep quality, stress levels and oxygen. It also comes with 10 "professional sports modes" – running, hiking, spinning, swimming and more – that will provide you data specific to your routine. It's no slob in the looks department either: With a 46mm dial, a stunning AMOLED display with 10 watch faces and 5 strap options. Plus, a gigantic battery that can last you two weeks straight. Up to you to match it for stamina. ₹9,999

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## TECH TONIC

### FITBIT ARIA AIR

This bluetooth-powered smart scale doesn't just display your weight, but also syncs with the Fitbit app where you can view BMI and track trends over time. Using the app, you can do things like set a healthy weight goal, log your food and view calories in and out. The truly serious can also spring for the Fitbit Premium membership – with which the Aria Air is compatible – for access to personalised programs and guided plans. Apart from learning how to paleo properly, you can even tap into a community of fitness enthusiasts that may be the final key in actually sticking to a plan. ₹4,999



### ● BEATS POWERBEATS PRO

There are bluetooth earphones galore in the shop today, but we haven't seen a pair that's better suited for physical activity than Dr Dre's totally wireless in-ears. Its adjustable ear hooks make sure it doesn't budge from place no matter how hard you are pounding the pavement. It's also sweat and water-resistant. Its battery can be juiced up for over an hour in 5 minutes and the sound is flawless. Plus, possibly our favourite feature, you can use them independently, with full volume and track controls on each earbud. ₹21,500



### ● TANGRAM FACTORY SMARTROPE ROOKIE

So who else has noticed how skipping has slyly become cool again? The Rookie smart jump rope makes this little classic feel suitably futuristic, with an adjustable rope length, ability to store and analyse upto 1000 data points. Still more jazzy is the SmartRope Chrome. Its 23 embedded LED displays fitness data mid-air as you work out – the kind of thing you want if your workout is destined for the 'gram. It also comes with a free app to sync with called Smart Gym, to track jump count, calories burned, work out times and interval training. If this is too extra for you, you can always opt for the Rookie Pure, an all black minimalist beauty. Starting at ₹3,000 approx



### ● HYPERICE VYPER 2.0

Runners know just how important a roller can be in alleviating muscle stress after a long jog. This smart roller remains unbeatable for it offers 3 vibrating settings that can help increase blood circulation and improve flexibility more effectively than any regular foam roller would. A must-have if you're serious about the 10K. ₹16,500

### SAMSUNG GALAXY FIT2

If you'd like to keep your time-teller and fitness tracker separate, the Samsung Galaxy Fit2 is a great option for the latter. Light, slim and good-looking, this fitness band can access Samsung Health library's large collection of features, track everything from pace to heart rate, sleep to stress. It'll even prompt you periodically to wash your hands. But its winning feature is the 50m water-resistance and Water Lock feature, making it ideal for swimmers. ₹3,999

