add flavor to the 'other white meat

### While stuck in storage, David stumps the curious

Those father-daughter walks in the park can be interesting and informative.

A Sioux Falls man told the Fencekeeper this week about a trip he made to Fawick Park with his daughter when she was 2 years old.

"When we got to the statue of David, she looked up and said, 'Daddy, look, no underpants."

As we know, the statue disappeared a short time lat-

### OVER THE FENCE

er during a gasification cleanup in the park.

Now, three years later, the child still has a memory of the experience and is asking the same thing other men, women and children are ask-

Last week her dad was driving by the park, and the child looked out at the site and asked the pertinent question: "Daddy, when are they going to put that statue back?"

The answer is: The hope is this autumn.

### Talking Fargo

Even the State Department can't get it right.

The federal bureaucrats recently sent a memorandum to various news media outlets around the region announcing training opportunities for all passport acceptance agents.

And, as expected, there will be one in Fargo.

No, not North Dakota. Fargo, S.D.

Most certainly you have heard of that by now.

#### Moving our politicians

And most recently an e-Bay seller moved the home of former Gov. Joe Foss to North Dakota.

### OK, one more.

A while back, former Sen. Larry Pressler wrote a letter to the editor of the New York Times.

At some point, the Times folks apparently moved Pressler north.

The letter from Pressler read:

"My experience as a senator from North Dakota was similar to that of John McCain and Bill Bradley. Publicity about their correspondence to government officials on behalf of important constituents has led to questioning about their motives - not to mention their memories."

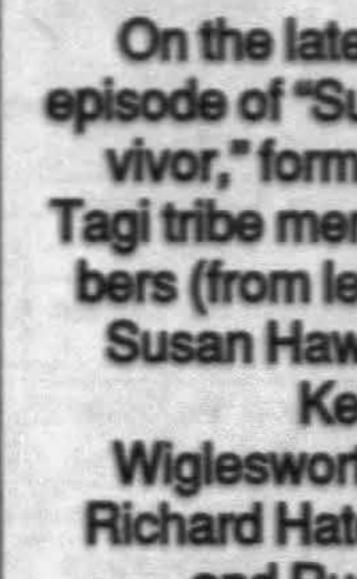
Send items to Dave Kranz at Over the Fence, Argus Leader, Box 5034, Sioux Falls, SD 57117-5034. Or call 331-2302 or 800-530-6397, extension 302, or e-mail dkranz@argusleader.com

### A reading list for your finances

Knight Ridder

If you're still looking for a beach book, consider the J.P. Morgan summer reading list.

The Wall Street company's "must-reads for millionaires" includes: "The Essays of Warren Buffett: Lessons for Corporate America," a collection of letters Buffett wrote for Berkshire Hathaway shareholders; "The Tipping Point: How Little Things Can Make a Big Difference," by Malcolm Gladwell; and "Rich Dad, Poor Dad," a book by Robert Kiyosaki and Sharon Lechter about financial strategies parents can share with their kids.





#### www.argusleader.com

### 'Survivor' rumors flourish on Net

By CESAR G. SORIANO

USA Today

master who inadvertently blew the secret of "Survivor"?

teammate, then wins? Or that Richard wins the

dough but gives it away? There are as many theories as contestants remaining on

the surprise by revealing the name of the one person left on Say, did you hear the one the remote tropical island about the bumbling CBS Web- when "Survivor" concludes on Aug 23.

The urban legend of the Or that ukulele-strumming week revolves around a Cana-Sonja will be brought back to dian college student who the island to replace an ill claims he has done "what the hordes of bloodthirsty journalists have all been unable to do" - discover the \$1 million

winner on "Survivor." the CBS hit show, in what the CBS Web designers, in matenetwork hopes is the best-kept rial supposedly unavailable to on the site to denote people secret in television. But plenty the public, had placed a red X of people are trying to spoil over pictures of all 16 contes-

### If you're watching

The next episode of the CBS show "Survivor" begins at 7 tonight on Sioux Falls station KELO.

On the Web: www.cbs.com

www.survivorsucks.com

tants except for one - youth Peterson. The X has been used site. voted off the island.

Whether X truly marks the

spot is questionable. Could CBS Webmasters really have made it that easy for Webheads to uncover the secret?

Horoscope

"I'm not convinced CBS would give the winner's name to CBS Webmasters six weeks in advance," says Paul Sims, Webmaster of Survivorsucks.com. "We've been through this before. I'm just not going to trust anybody anymore." The message was He says he discovered that basketball coach Gervase first posted on the fan Web

The X-theory is just one of

'Survivor' / See 5D

## Healers reveal inner artist

Health care workers express emotion in traveling exhibit at Pavilion

By JENNIFER SANDERSON

Argus Leader ressed in sterile scrubs, gloves and masks, doctors and nurses come to know their patients first through spoken exchanges. They also are the ones to tell waiting-room families, "It's a girl," or, "We did everything we could."

On the job, they keep a certain emotional distance from their patients. But after absorbing the joy and pain in another's life, they look for ways to express them-

In the case of the health care workers who've contributed to "Symptoms of an Artist," their thoughts take the shape of shimmering metal, gnarled wire hangers and satin pillows.

"I think people always wonder what's behind the professional decorum, even if the caregiver has a warmth," says Pamela Rogow, co-founder of a group called O.A.T.H., the Organization of Artists Trained in Healthcare.

"I think for some of the artists, it's a way of working through the intensity of the profession, where they constantly come to grips, in the most personal way, with fundamental life issues," says Rogow, who works from Philadelphia. "What do you do with that?"

The answer, for some, is art. Doctors, nurses, dental hygienists and psychoanalysts let their emotions and their patients' concerns speak through the works of "Symptoms of an Artist," on display in the Visual Arts Center at the Washington Pavilion through early October.

O.A.T.H. members examine the link between health and intellect, mind and body. The pieces themselves range from sculpture and prints to stained glass and bronzed clothing.

The exhibition, with its scientific origins, suits the purpose of a gallery, says arts center director Shirley Sneve.

"This fits because it talks about the science of health care and how it impacts caregivers and patients emotionally," she



Also included in the Sioux Falls display is a work by Janet Smith, a local urologist who's run her own practice since 1993. Her mixed-media piece combines stained glass and surgical instruments to illustrate "Kidney." A mottled stone, immense in proportion to the organ, is lodged at its entrance.

Both art and health care work to achieve wholeness, says Cynthia Roznoy, a former nurse who curated O.A.T.H.'s original exhibit. She is an art historian and manager of the Whitney Museum of Art in Stamford, Conn.

"These artists know firsthand that well-



"Kidney" by Janet Smith of Sioux Falls

### If you're going

What: "Symptoms of an Artist," a national touring exhibition of the Organization for Artists Trained in Healthcare.

When: Through Oct. 8. ■ Where: Gallery B in the Visual Arts Center, Washington Pavilion, downtown

Sioux Falls. Admission: Free. Sioux Valley Hospitals and Health System is the sponsor.

■ To learn more: Write OATH at 6819 Greene St., Philadelphia, PA 19119, or send e-mail to muze@erols.com

being requires physical and mental health," she said in her inaugural presentation of the collection, which first opened

Medical art / See 5D

### Trimming fried ice cream tall task, but substitutes help

By JOYCE TERVEEN Argus Leader

Even the name fried ice cream sounds like it's beyond hope when it comes to reduc-

Recipe Makeoversi

grams. Well, not impossible.

ing calo-

ries and fat

While it's difficult to pare too much from the dessert, two South Dakota State University students majoring in foodrelated careers trimmed about 100 calories and 6 fat grams with a recipe makeover.

tion, however. Even the freeze as hard as the higher fat nutritious. Send to: Recipe revised serving has 517 calo- version, the two women say. ries and 45 fat grams.

Jerke of Mitchell, a junior pursuing a degree in hotel restau-



Melissa Bollweg rant management, and Melissa pursing a degree in dietetics. They replaced the regular ice cream in the dessert with a low-

The makeover is by Kara gives a choice between cornflakes or cookie crumbs for a Joyce Terveen at 331-2313 or coating, they chose cornflakes write jterveen@argusleader.com

fat version instead of fat-free

because it's a lower fat product. They also replaced the egg with an egg substitute to lower cholesterol as well as fat.

The dessert does have to be fried, so Jerke and Bollweg decided to use soybean oil for frying. They also eliminated the honey from the original recipe because the sugar and the cinnamon make the dessert sweet enough.

A fat-free whipped topping Bollweg of Harrold, who is was substituted for the high fat topping.

Send us your recipes: If you have a dish or dessert you'd like to lighten up, let our panel of experts Don't take a heaping por- ice cream. The fat-free does not make it less fattening if not more Makeover, Life section, Argus While the original recipe Leader, Box 5034, Sioux Falls, SD 57117-5034. Questions? Call

### Fried Ice Cream

Kara Jerke and Melissa Bollweg, South Dakota State University

### BEFORE

1 pint vanilla ice cream

½ cup crushed cornflakes or cookie crumbs 1 teaspoon ground cinnamon

2 teaspoons sugar

l egg Oil for deep-fat frying

Honey

Whipped cream

Nutritional information per serving: 620 calories, 51 fat grams, 83 milligrams calcium, 68 mg

cholesterol and 157 mg sodium.

AFTER

1 pint low-fat vanilla ice cream ½ cup crushed cornflakes

1 teaspoon ground cinnamon 2 teaspoons sugar 1/8 cup egg substitute

Soybean oil for deep-fat frying Fat-free whipped cream

Nutritional information per serving: 517 calories, 45 fat grams, 89 milligrams calcium, 4 mg cholesterol and 149 mg sodium.

Scoop out four to five balls of ice cream. Return to freezer. Mix cornflakes or cookie crumbs, cinnamon and sugar. Roll frozen ice cream balls in half of the crumb mixture and freeze again. Beat egg and dip coated balls in egg, then roll again in remaining crumbs. Freeze until ready to use. For thicker coating, repeat dipping in egg and rolling in crumbs. When ready to serve, heat oil to 350 degrees. Place one frozen ice cream ball in fryer basket or on a perforated spoon and lower into hot oil for one minute. Immediately remove and place in a dessert dish. Drizzle with honey (in "before" recipe), and top with a dollop of whipped cream. Continue to fry ice cream balls one at a time. They will be crunchy on the outside and just beginning to melt on the inside. Makes four or five serv-

# MOVIE BUZZ

Opening today and Friday

'The In Crowd' opens today

"The In Crowd" opens at West Mall 7 and Century Stadium 14. Lori Heuring plays Adrien, a recently released psychiatric patient, who takes a job at a posh country club. There, an elite clique welcomes her into the circle. Things take a dark turn, though, when Adrien attracts the attention of a tennis pro and the jealousy of a controlling friend. "The

In Crowd" is rated PG-13 for violence, sexuality, language and drug content.

'East is East' at Carmike 7

"East is East" tells the story of George Khan, a Muslim who moved from Pakistan to England. He feels he is losing control as his children rebel against his traditional values. After his first son bolts from the altar of an arranged mar-

riage, George feels even more compelled to enforce his ideals. Comedy arises from the remaining children's refusal to conform. "East is East" opens Friday at Carmike 7. It is rated R for language, sexual content and domestic violence.

The return of 'Pokémon'

"Pokémon the Movie 2000" opens Friday at West Mall 7, Century Stadium 14, Vermillion Theater and Showcase Cinema in Brookings. The animated tale of adventure is rated G.

The life of a 'Loser'

Jason Biggs is Paul Tannek, a smalltown scholarship student having trouble

fitting in at a New York college in "Loser." Life improves when he and his girlfriend help each other stand up for themselves. "Loser" opens at Century Stadium 14. It's rated PG-13.

'What Lies Beneath' may scare you

Harrison Ford and Michelle Pfeiffer star in the thriller "What Lies Beneath." A year after the husband's betrayal, the couple is haunted by the

mistress



spirit of a former Michelle Pfeiffer stars deterin "What Lies Beneath."

mined not to be forgotten. "What Lies Beneath" opens at Empire 6, Century Stadium 14, Coyote Twin in Vermillion and Showcase Cinema in

Brookings. It is rated PG-13. **Tomorrow** 

Growing heirlooms: Martha Stewart describes the benefits of gardening with vegetables that have a long history.

WHAT ELSE IS GOING ON?

Read The Scene, your regional entertainment guide,

in Friday's Argus Leader.

## Medical art: Broad range of works on display

Continued from 1D

in Washington, D.C., in 1998. "These artists endeavor to conquer malaise of both body and soul."

Healing takes many different approaches, and the works in the rehabilitation nurse for many collection are not necessarily scientific in design. Frederick Franck, a former dentist and oral surgeon, chooses to paint airports instead of molars. Psychoanalyst Cynthia Stone uses layers of painted screens to create "doorways."

"I personally think of them as expressing the process of therapy itself because it has to do with hidden layers of beauty and looking deeply into subtle distances,"

Rogow says.

Other works more explicitly point to medical themes. "A Garden Wheelchair" by Sharon Gilmore

creates a frame for a surreal garden.

"People in wheelchairs don't get to lie in the grass or run their fingers over pebbles," Gilmore writes in her artist's panel for the work. A years, she took time off to concentrate on her art.

"A lot of these people would've been artists if they had not gone into medicine," Rogow says. "One woman left pediatric nursing after twenty-some years because she no longer could maintain the boundaries between herself and her patients. But that utter receptiveness is what makes her a good artist."

Health care workers who already have seen the exhibit at the arts center respond to its mood, Sneve says.

"A woman who works with abused children was in the other day," she says, standing in front of a piece that's built around a child's tattered, bronzed dress.

"She said no matter how you look on the outside, if you've been abused when you're young, that pain is always with you."

The exhibition is made possible with a grant from Johnson & Johnson, with Sioux Valley Hospital as the local sponsor.

Reach reporter Jennifer Sanderson at 575-3629 or jsanders@argusleader.com

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