

Recipe No 1 (For Healthy Fur)

Ingredients

60g raw chicken heart

60g raw beef kidney

2.5 cups water

80g raw chicken liver

800g raw chicken wings with bones and skin

120g raw salmon with bones

1 tsp taurine supplement powder or olive oil

Directions

In the first step, make all the organ meat soft and edible by boiling it for a few minutes in a water cooker. Add the remaining ingredients to the meat grinder as you pour the mixture into it. All the ingredients should be ground together and shaped into small pieces for easy consumption by the cat. You can freeze extra portions for later use by freezing them in small portions.

Nutritional Importance

Using salmon in this recipe makes it very high in omega 3 fatty acids, which are proven to have a variety of health benefits. Providing your feline with this type of fatty acid can help prevent skin and coat problems. As well as supporting your cat's immune system, it may also aid in the development of cat brain. In addition to potassium and B vitamins, salmon contains selenium, niacin, and B vitamins, all of which function as electrolytes and antioxidants.

Recipe No 2 (For weight loss)

Ingredients

70 grams cooked or raw crushed liver (Half in morning and Half in evening)

5 tablespoon yogurts (no sugar added)

80 grams cooked meat (give on interval basis)

2 teaspoon chia seed powder

10-30 grams canned salmon (optional)

100 grams cooked or fresh vegetables like broccoli

100 grams carrots or peas

Directions

The raw diet is used in this recipe, should be given on interval basis. You can either use a meat grinder to grind the chicken liver. In the next step, divide the meal into the appropriate proportions for your cat (this depends on the size of the cat) half in the morning and half in the evening. The mixture should be shaped into small portions for your cat, refrigerated, and consumed within three days. The excess can be frozen for longer preservation if you have surplus. Make sure to add vegetables such as broccoli or pumpkin in the diet because it contains high fiber content than other meals.

Nutritional Importance

Cat appetite is suppressed when it eats chia seeds, and it lose weight when cat consume them. As chia seeds are filling and high in fiber, they are said to keep your cat full for longer periods of time. Thus, they may reduce the risk of overeating. About 10 grams of fiber are contained in two tablespoons of chia seeds. Make sure to give your cat meal on intervals to digest them properly, instead of storing fat in single meal.

Recipe No 3 (For Shiny coat)

INGREDIENTS

4 oz baked dark chicken meat

1/2 cup boiled white rice

1/2 cup boiled potato

2 teaspoon olive oil

1/2 teaspoon Rx Vitamins Nutritional Support

2 tablespoon of coconut oil

Directions

The meal can be prepared by mixing these ingredients together, such as rice and meat, and heating them until they are heated through. Adding boiled potato to the mixture will make it semi-solid for your cat, which he can easily consume. Add olive oil and coconut oil after blending. Store the mixture in the refrigerator and use within one to two months.

Nutritional Importance

Incorporating olive oil into your cat's diet may help encourage moisturized skin, regular bowel movements, and hairball prevention. It can be an excellent topical natural cure for a range of common cat ailments like hair balls, matted fur, and ear mites. You can include foods with a lot of Omega-3 and -6 nutrients, like cooked fish, in your cat's diet. Once a week, consuming 2 tablespoons of cooked tuna or salmon helps stop hair loss.

Recipe No 4 (For Sensitive Stomach)

Ingredients

2 Cup Cooked Chicken which may be broiled or baked

1/2 Cup Mashed Steamed or fresh broccoli

1/2 Cup Mashed Steamed Carrots

2 Cup Chicken or rabbit Broth

2 boiled eggs mashed

Directions

The ingredients (carrots or other vegetables) should be put to the food processor along with the chicken stock, and everything should be thoroughly blended. After that, add more broth to the mixture to smooth it out and make it easier for the cat to eat. Make sure your cat won't find it too soupy or too firm. Before giving it to your pet, let it cool for a brief while.

Nutritional Importance

As it smells of meat, chicken bone broth is a fantastic technique to entice a cat to drink water. Cats are carnivores, therefore anything that smells like meat is their obsession. Most cats happily eat this broth since they are unable to resist the meaty flavor and aroma. Cats love the healthy delight of fully cooked eggs. The building blocks of protein, such as amino acids, are among the many nutrients that are abundant in eggs, which are also very easily assimilated. It doesn't matter how you prepare them scrambled or boiled they will be tasty. Chicken broth is semisolid, so it is easy to digest by the cats especially for the sensitive stomach.

Recipe No 5 (For bone strength)

Ingredients

5 pounds chicken thighs with or without bone

9 ounces raw chicken liver

16 ounces raw chicken heart or kidney

10 ounces water. Use bottled spring water, not tap water.

6 raw egg yolks

2500 mg Taurine.

4500 mg wild salmon or fish oil

250 IU Vitamin E

1 teaspoon Iodized Salt

Directions

Half of the chicken thighs should have their skin removed. 20–25 percent of the thighs should be boneless. To help get rid of any bacteria on the meat's surface, rinse it with water. At this point, you have two options: Either weigh exactly what the recipe calls for (4.5 pounds). To give the mixture a little flavor, add iodized salt. Add 1 capsule of vitamin E to the mixture at the end for immune-boosting effects.

Nutritional Importance

This recipe has the ability of the immune system to fight diseases is strengthened by the bone marrow transplant because it delivers oxygen to the body's cells. Magnesium and glucosamine, two easily absorbed nutrients found in bone broth, are particularly beneficial to cats that have arthritis or other joint problems. Calcium and phosphorus, which are essential for preserving and repairing bones and teeth as well as for producing energy, are abundant in bone broth.

Recipe No 6 (For Sensitive Stomach)

Ingredients

3 pounds whole carcass rabbit
2-pound boneless chicken or turkey thighs
2 cup water
3 eggs (raw yolk, white slightly cooked or fully cooked)
11,000mg fish oil
450 IU vitamin E
2 tablespoon coconut oil
2500mg taurine
2 tsp lite iodized salt

Directions

First, rabbit carcass should be ground, and poultry should be cut into small pieces. 50% of the chicken or turkey thighs should be left uncooked while baking them for 15 to 20 minutes at 350°F. In a small dish, combine the dry supplements and thoroughly stir. To make a slurry, stir in the egg yolks, water, and fish oil. Add the slurry after transferring the ground mixture to a sizable basin. Divide the mixture into portions, then freeze or chill.

Nutritional Importance

Vitamin E is crucial for your cat's health at its best, just like it is for dogs. The skin on your cat can benefit greatly from vitamin E, which is also effective in treating flea allergic dermatitis, eczema, and mites. Coconut oil added in this diet can benefit allergies, dry skin, itching, and coat health in general. A cat's immune system, hairballs, arthritis inflammation, foul breath, and a healthy stomach can all be helped internally by coconut oil.