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#### **Blog archive**

2021	
February (2)	>
January (1)	>
2020	
<u>December (4)</u>	>
November (5)	>

#### **Popular blog tags**

active beauty **Cbd Oil** dog chews hemp oil pets softgel supplements tincture <u>topicals</u>

# **How Much CBD Should I Give My Dog?**

Sunday, December 13, 2020



If a human can experience physiological benefits from CBD oil, can a dog experience those same benefits? Given all animals, including vertebrates and invertebrates, have been found to have endocannabinoid systems (ESC), more doctors and veterinarians have begun to look into discovering the possible health benefits that CBD holds for pets.

CBD oils have grown in popularity over the past few years due to their reported effectiveness in the treatment of certain medical conditions. Some CBD users have found their CBD oil to reduce pain, inflammation, and even the frequency of seizures. There are even a significant number of users who have found that CBD helps with their anxiety and insomnia. Humans are not the only creatures who are vulnerable to these sorts of ailments.

Dogs and cats can suffer from a wide variety of medical conditions that are similar to humans. Seizures and inflammation can be common in particular dog breeds or dogs of a certain age. While the amount of research surrounding dog applications of CBD oil is still minimal, users have already experienced substantial benefits. So how does one go about administering CBD oil to a dog, and how much CBD oil should be administered in a given dose?

## Why CBD For Dogs?

Canine epilepsy is the most common reason for recurrent canine seizures, and a huge issue for a lot of dog owners. Like a lot of modern medicine, the drugs used to treat canine epilepsy, such as phenobarbital, can cause serious side effects. Some dogs may also become resistant to the medication and continue to experience regular seizures. In cases like these, some owners have found success in using CBD-based products for support.

Canine epilepsy isn't the only condition for which dog owners are turning to CBD for support. While there is no scientific evidence, many dog owners have found CBD oils helpful in cases of appetite stimulation, antiinflammation, cardiac benefits, and anti-nausea effects. Now, institutions like the AKC Canine Health Foundation (https://www.akc.org/expert-advice/health/cbd-oil-for-dog-seizures/) are beginning to sponsor studies that investigate the medical applications of CBD products on dogs.

### The Proper CBD Dosage

Before committing your dog to a regular CBD regimen, you should first contact your veterinarian. As is the case with humans, your dog's existing health record and current medications may determine the safety of CBD oil for your furry friend.



If it is safe for your dog to be treated with CBD oil, then you will want to make sure that you are using the proper dosages. One of the most important factors regarding your dog's CBD dosage is their weight. Typically, the consensus from owners is, the lighter the dog, the smaller the dosage. Many CBD dosage calculators for dogs indicate a variable range of about 0.1mg to 0.25mg per pound of body weight. A study conducted by Cornell <u>University (https://www.frontiersin.org/articles/10.3389/fvets.2018.00165/full)</u> in 2018 investigated how effective different dosages of CBD were in treating dogs with osteoarthritis pain. The study found that the dogs that received the lower dosage experienced improved levels of comfort, with no reported adverse side effects. The study made it clear that no obvious psychoactive effects were observed for the participating dogs.

As more research is conducted on canine CBD treatments, remember to explore these oils responsibly and with a product you can trust. Ensure you are giving your dog CBD products containing no more than 0.3% THC, which is most easily achieved by sourcing only hemp-derived products. MyRemede (https://www.myremede.com/) is a reliable CBD manufacturer that provides a certificate of analysis for every pet product, which means owners can rest assured knowing the CBD their dog consumes is accurately dosed and free from harmful impurities.

For a CBD-rich hemp extract that comes with a certificate of analysis, treat your canine companion to MyRemede CBD Oil (<u>https://www.myremede.com/myremedecbdtincture-100mgcbdcheddarcheese)</u> today!

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