

In time

In light of great moments in one's life, there comes a time when all that is needed to take the next step is knowing. Knowing when, where and how. This is the knowing of thyself. The knowing of one's destiny, and perhaps not its entirety, but a glimpse, pieces and shreds that will one day fall into place like a well-crafted puzzle. The world will have you believe that to truly know, one must feel certain feelings, emotions and think certain thoughts. This, however, not only narrows one's view of themselves and their capabilities, but also reinforces the ideology of the hive mind. When you truly know yourself, your identity can never be shielded, your worth can never be compromised, and your destiny can never be hidden from you. And as you change and grow, your self knowledge adapts with you, and within that, lies the opportunity to truly learn who you are.

This knowing will guide you in all that you do, for in this knowing, you awaken to all things you have not learnt and have yet to understand. Your mind is open to new teachings with each step, becomes a powerful tool, the holy grail of your life's being. In your knowing, there's room to grow, because it is neither concrete nor unchangeable, for what you know to be true today, could change with the rising sun.

This self-knowledge, this self-awareness is imperative to the strengthening of your life's energy. Not only will it preserve, but it will nurture, encourage, and empower. For when one knows his own camp, no assailant can destroy it, though some may try. There is strength and protection in being aware of your own flaws, weaknesses, and downfalls. Thus, they can never be utilised against you.

With this, all journeys of life are less daunting and seem less insurmountable. All challenges present themselves fully for you have the tools to surpass them.

And so, when others ask how you know, how you can have so much faith within yourself, you can simply say though it took sacrifice, pain, sweat, tears, and perhaps even blood, you knew that whatever path the universe set out for you, it was one that you and you alone could walk.

With this, one is encouraged to love honestly and without fear, for when you know where it lies, fear cannot rear its head. Love for the right reason, even when darkness threatens to take hold. Fight fiercely as did the warriors of old, for you know that even in defeat, victory awaits you at the top of that hill that might present itself as a towering mountain. Express yourself fearlessly, loudly, and with conviction for when you stifle your life's light, you cheat the world from an experience that is only given once in a lifetime. Forgive and live freely, release yourself from such bondage for it will only pull you into the depths of despair. Laugh truly and cry when the sorrowful burdens upon your soul begin to tower. Live for yourself and those that love you and seek out all experiences and teachings that bring happiness and fulfilment to your being.

So, when they ask, how could you possibly know you can simply say that you just know.