

Scholars Award

VALEDICTORIAN PENS FIRST MANUSCRIPT

For Rindge valedictorian Sam Bureau '16 (Psychology) the brain was always on her mind, whether on the field or on the ice as an undergrad. The dual track & field and women's ice hockey athlete's passion also lies in the field of neuroscience. "The brain is absolutely fascinating. It controls everything, yet we know relatively nothing about it compared to our other major organs," she says.

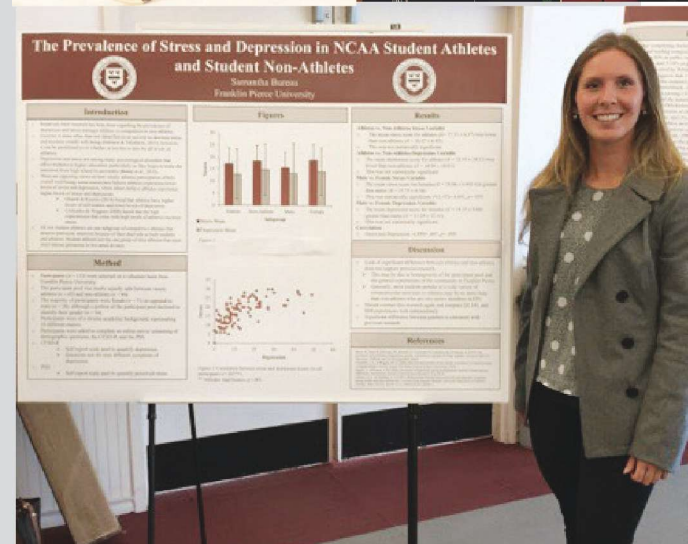
When she took the Evolutionary Psychology lab class with Dr. Jennie Brown, Sam explored how the evolutionary concepts of mating dating. She was drawn to the study because trying to find a mate "is something that everyone experiences at some point in life," she says.

Her research landed her first manuscript in *Alethia*, the Alpha Chi National College Honor Society's publication. Her senior thesis on the prevalence of stress and depression in athletes and non-athletes on college campuses is already in its advanced manuscript stages.

Bureau was selected by the New England Psychological Association to receive an Honorary Undergraduate Scholars Award for the 2016-2017 year, which was presented to her in October at Assumption College in Worcester, Massachusetts in October.

Bureau is now a research assistant at Boston University School of Medicine in the Alzheimer's and CTE Center working on research studies of the neurodegeneration of the brain. This fall, she will be part of one of the largest CTW observational studies to be conducted.

Once the study is complete, she intends to work in the U.S. until she heads back home to Ottawa, Ontario, Canada to attend medical school. — *Alyssa Borelli '15*



Breaking Free

DOCUMENTING LIFE AND SHOWCASING STRENGTHS

Jeffrey Salgo '74 is a card. The Creative and Performing Arts – Drama alumnus advises budding journalists to get a "gimmick" and "schmooze," implores them to major in something besides communications, and encourages them to leave the classroom and make connections because those who try to build careers all on their own are "idiots" and "fools." He also says they should grow a thick skin.

Salgo should know. He spent 35 years as an associate director and producer for CBS News. Today, Salgo is a retiree who keeps himself occupied as a nature photographer and videographer, manager of his website *Lens View* (lensview.info), and a triathlon participant. The native New Yorker is also a professional speaker, lecturer, and the founder and president of Aqua Rock Productions, which produced his 2006 documentary *Breaking Free*.

During its filming, he befriended Jon Luc LeCamp, a precocious ten-year-old living with cerebral palsy. The production follows LeCamp as he conquers his fear of the ocean with his Handicapped Scuba Association (HSA) instructors Doug Hayes, a war veteran with paraplegia, and Stew Snyder. LeCamp emerges as a tough kid who manages a movement disorder with composure and maturity beyond his years. (The video is available on YouTube.)

Breaking Free, which was shown at the National Cerebral Palsy Conference some years ago, made Salgo more aware and appreciative of organizations like the HSA, which teaches recreational diving to people with disabilities. "It's amazing how free they are under the water," he says. — *Katricia Lang*



FACING PAGE: ISTOCK (COLONIAL WILLIAMSBURG). THIS PAGE: MINDY O'NEIL (HOCKEY).