

Interested in a Surgical Procedure Instead?

Our Surgical Procedures for Men

Live your best life! Take a step toward looking and feeling your best today. Our surgical procedures are performed in a tranquil, private medical setting and are just what the doctor ordered to invest in a brand new you. In addition to our full menu of Men's Health Services, we also offer cosmetic outpatient procedures for these common aesthetic conditions.

Male Liposuction & Breast Reduction



Gynecomastia or enlarged breasts is swelling of the breast tissue in males, caused by an imbalance of the hormones estrogen and testosterone. Gynecomastia can affect one or both breasts, and older men can develop "man boobs" later in life as a result of changes in normal or abnormal hormone levels.

Though not a serious medical condition, gynecomastia patients can sometimes have pain in their breasts and suffer from embarrassment. There are options and we can help. To learn more about this condition and find out what you can do to improve and correct it, call us.

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Calf Enlargement



Sometimes, no amount of exercise or weight training can give you that muscular, defined calf muscle that you desire. If you are unhappy with the size and shape of your "chicken legs", specifically your calf the good news is you can do something about it.

Calf augmentation is a procedure where a small incision is made in the natural crease on the back of your knee and an implant is placed and positioned in the pocket of the calf muscle. Recovery time is usually 2-3 weeks and it's safe and effective.

Call us to find out if you're a good candidate for calf implants.

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Otoplasty (Ear Pinning)



Otoplasty or ear surgery improves the shape, position or proportion of the ear. Most commonly performed on men with overly large, misshapen or protruding ears, otoplasty creates a more natural-looking shape while bringing symmetry and proportion to the ears and face.

Ear surgery profoundly improves the overall appearance and boosts self-esteem. If protruding or disfigured ears plagued you as a child, and you are still dealing with the embarrassment and effects as an adult, let us help. Call to schedule a consultation.

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