

# **OIN THE** CONVERSATION

#### **Community Health Marketing Forums**

Community members are invited to participate in an open discussion and share their opinions on a recent health marketing campaign across Jefferson, Lewis, and St. Lawrence counties.

We are seeking input from all community members. Topics addressed in the marketing campaign include: school wellness policies, Complete Streets, diabetes prevention/chronic disease self-management programs, and local initiatives to improve nutrition and increase physical activity.

#### **July 30. 2019** 3:30 - 5:30 p.m.

Jefferson-Lewis BOCES 20104 Arsenal St. Watertown, NY 13601

#### August 6, 2019 3:30 - 5:30 p.m.

Massena Community Ctr. 61 Beach St Massena, NY 13662

#### August 1, 2019 3:30 - 5:30 p.m.

Lewis County DSS 5274 Outer Stowe St. Lowville, NY 13367

### August 8, 2019 3:30 - 5:30 p.m.

Gouverneur Hospital 77 W. Barney St. Gouverneur, NY 13642 Space is limited, registration is required, and participants must be at least 18 years old.

Light refreshments will be provided. The first 12 participants to register in each group will receive a month pass to the YMCA or **Heart to Heart Fitness** in Massena.

All participants will have the opportunity to win a Fitbit!

## **REGISTER at fdrhpo.org/input**

Call Irene at 315-755-2020. ext. 36 or scan this QR code on your phone

