# **DSRIP:** Past, Present & Future

a symposium from the North Country Initiative PPS

Tuesday, June 12, 2018 1000 Islands Harbor Hotel, Clayton, NY

#DSRIPnny

northcountryinitiative.org/dsrip-symposium

NORTHCOUNTRY

## Agenda

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Welcome and Opening Remarks

Plenary: "Population Health" Kevin Contino, Fort Drum Regional Health Planning Organization

Keynote: "What Matters to You?" Dr. Damara Gutnick, Montefiore Hudson Valley PPS

Break

Morning Breakout Sessions: Side A: "NCI PPS Performance on the DSRIP Quality Measures" Charles McArthur, Fort Drum Regional Health Planning Organization Lindsay Knowlton, North Country Initiative

Side B: "Care Team" Panel Discussion Facilitated by Ginger Hall, Jefferson County Public Health

11:45 a.m. – 1:00 p.m.

Break

Plenary: "North Country IPA and VBP" Glenn Polansky and Paul Alfaro, Managed Care Associates

Closing: "DSRIP Years 4-5, Post-DSRIP & VBP" Gregory S. Allen, New York State Department of Health

Networking Reception

And thank you for joining us as we explore the past, the Delivery System Reform Incentive Payment (DSRIP) program on our region's healthcare system.

It was just a few years ago that we were hearing about DSRIP for the first time, wondering what it could mean for our community. From then to now, we have made incredible strides together, consistently finding ourselves among the highest-performing PPS in the state. Challenges have been overcome, silos broken down, and much progess has been made toward increasing quality, reducing cost and improving population health.

The goal all along has been to make our community a healthier place to live, work and play — and our efforts are truly making that happen. Your commitment has been invaluable, and we thank you for all that you do.

Please enjoy today's program!

Erika Flint Executive Director, FDRHPO

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Lindsay Knowlton DSRIP Director, NCI

8:00 – 8:30 a.m. 8:30 – 8:45 a.m. 8:45 – 9:30 a.m.

9:30 – 10:30 a.m.

1:00 – 2:00 p.m.

2:00 - 2:15 p.m.

2:15 – 3:15 p.m.

3:15 – 4:00 p.m.

4:00 – 5:00 p.m.

10:30 – 10:45 a.m.

10:45 – 11:45 a.m.

ration and Poster Session

#### Lunch and Poster Session

#### Afternoon Breakout Sessions:

Side A: "Improving Care for High Utilizers in the NCI PPS" Kim Thibert and Kathy Hunter, Samaritan Medical Center Charles McArthur, Fort Drum Regional Health Planning Organization

Side B: "Innovation and Collaboration" Panel Discussion Facilitated by Joey Marie Horton, North Country Family Health Center

## **Meet Our Speakers**



### **Kevin Contino**

Kevin has worked as a Data Analyst at the Fort Drum Regional Health Planning Organization since Spring 2015, where he has been involved with population health projects such as the North Country Health Compass website and the North Country Health Compass Partners coalition. His analytic work has supported local hospitals and counties through their most recent cycle of community health planning. He holds a Master of Public Administration with a concentration in Policy Analysis from SUNY Albany and a B.A. in Geography from SUNY Geneseo.

#### Kevin's Talk: "Population Health" from 8:45 - 9:30 a.m.

Population health is a concept of health that focuses on health outcomes and determinants at the group level. It is concerned with all factors, both medical and non-medical, that affect health. This presentation will provide a snapshot of the health status of the tri-county region from a population health perspective. It will also discuss strategies for improving population health, including examples from local community health improvement efforts.

### Damara Gutnick, M.D.

Damara Gutnick, M.D., is the medical director of the Montefiore Hudson Valley Collaborative Preforming Provider System, an associate professor of medicine and psychiatry at NYU School of Medicine, a member of the Motivational Interviewing Network of Trainers (MINT) and the director of quality and research at the nonprofit Centre for Collaboration, Motivation & Innovation.

As an internist with special interests in depression, collaborative care for chronic disease, self-management support and motivational interviewing, Dr. Gutnick is passionate about engaging patients in their own care. Prior to

joining Montefiore's DSRIP team, she served as "Physician Champion" of the Bellevue Hospital Collaborative Depression Team and as a network coach for the NYC Health and Hospital's Corporation (HHC) supporting collaborative care implementation efforts through team coaching in systems redesign and development of patient-centered communication skills across the HHC network.

#### Dr. Gutnick's Keynote: "What Matters to You?" from 9:30 - 10:30 a.m.

When children are hungry or housing is unstable, managing chronic disease may not be a priority. Evidence supports providing person-centered care focused on what is most important to the individuals we work with, including addressing the social determinants of health (SDH) needs, results in better outcomes and greater satisfaction with care. By encouraging providers to ask "What Matters to You?" and integrate what they learn into care planning, Montefiore Hudson Valley Collaborative (MHVC) aims to shift healthcare from "What's the Matter?" to "What Matters to You?" During this interactive session, learn about the impact this exciting campaign has had on patient experience, quality outcomes and staff satisfaction and how you might initiate, spread and measure the effects of a similar campaign in your work.

As a General Partner at Managed Care Associates, Glenn is a seasoned healthcare professional with over 25 years of professional experience. He recently served as NY Market President for ValueOptions, managing over 3.1 million behavioral health members across the east region. He was also the East Region Network Executive for Aetna, responsible for network and business development. Glenn was Chief Executive Officer for Aetna's Florida Medicaid Health Plan: Integral, a Provider Sponsored Network. Before joining Aetna/Schaller Anderson, he worked for HIP Health Plan of NY for 9 years as the Managing Director of Network Development and Strategic Planning. Mr. Polansky also held the title of Vice President of Network Development for Columbia Cornell Care and for Ernst & Young. He was the interim Chief Operating Officer at George Washington University Hospital and worked for Sutter Health, one of the largest health systems in Northern California. Mr. Polansky has been active in many local and national associations and has spoken at several national healthcare conferences related to cost containment, network development, strategy and provider sponsored organizations.

## Paul Alfaro



Paul, also a General Partner at Managed Care Associates, has more than

28 years of management and finance experience in the insurance and healthcare industries. Most recently, he was the Executive Vice President of Administration at Healthcare Partners, where he was responsible for the fiscal integrity of the organization and development of strategic plans and alliances. He has held positions with overall responsibility for operational departments including claims, clinical services, information technology, human resources, finance, and network operations. Mr. Alfaro has also managed all aspects of business development including initiating, managing and maintaining relations with payer organizations. He is the former Managing Director of the Queens-Long Island Medical Group, where he was responsible for network development, contracting, reporting and analysis. In this position, he negotiated multiple contracts and settlement agreements with HMOs and several large hospitals, resulting in millions of dollars in cost savings.

Glenn and Paul's Talk: "North Country IPA & VBP" from 2:15-3:15 p.m. The North Country Independent Practice Association (IPA) has formed as a messenger model IPA with the purpose of pursuing contacts with managed care organizations to increase patient quality and reduce healthcare costs. This presentation will help attendees understand the current and future state of value-based contracting in the region. In addition, these value-based payment experts will reflect on their experiences for succeeding with the implementations of valuebased care.



### **Glenn Polansky**



## **Meet Our** Speakers (continued)



### Gregory S. Allen

As Director of the Division of Program Development and Management, Greg is responsible for Medicaid services planning and policy in addition to development of new and emerging program areas. Greq is responsible for managing policy and payment support for all NYS Medicaid's inpatient, clinic, practitioner, transportation and pharmacy services as well as payment policy for mental health, chemical dependence and developmental disabilities services. He and his team have recently been engaged in the NYS Medicaid Redesign process, including the statewide roll out of the health home care management program for high need, high cost populations.

Greg also has lead responsibility for managing the state's recently approved \$8B Medicaid Waiver including its centerpieces, the Delivery System Reform Incentive Payment (DSRIP) program and the associated Value Based Payment (VBP) transformation. These efforts have been supported by the development of a large provider-facing set of analytic tools built under Greg's direction to support the move from volumebased to value-based care. Under Greq's leadership, the pharmacy team is implementing a NY Medicaid initiative designed to curb ever-escalating pharmacy expenses by attaching a cost to value review to the NYS pharmaceutical reimbursement structure.

Beginning his career as a front-line service professional in the chemical dependence field, Greg has 30 years of government operations and management experience. Working at both the State Office of Alcoholism and Substance Abuse Services and more recently at the State Department of Health, most of Greg's work has focused on the nexus between program development and payment with a particular focus on incubating new programs and policy.

#### Greg's Closing Address: "DSRIP Years 4-5, Post-DSRIP & VBP" from 3:15-4:00 p.m.

Greg will present a DSRIP update highlighting challenges and opportunities as the program approaches its final year and PPS prepare for sustainability beyond March 2020. He will discuss how DSRIP efforts are preparing the healthcare system for success in the VBP arena, including practice transformation, guality improvement outcomes, and care coordination across provider systems. As the final measurement year of DSRIP approaches, VBP provides the opportunity to continue collaboration amongst PPS partners, breaking down silos of care and communication, while refocusing the aim of healthcare delivery to quality rather than volume. PPS partners will continue to benefit from the networks and infrastructure developed under DSRIP, as stakeholders work to further the goals of DSRIP and VBP, sustaining integrated delivery systems that are capable of meeting the diverse needs of Medicaid members.

## **Our Breakout Session Speakers**

Morning 10:45 - 11:45 a.m.

#### Side A: "NCI PPS Performance on the DSRIP Quality Measures"

Charles McArthur is the Quality Analyst for the Fort Drum Regional Health Planning Organization. He has 30 years of clinical experience in respiratory therapy and cardiopulmonary diagnostics. Lindsay Knowlton is DSRIP Director at the North Country Initiative, where she coordinates and implements all aspects of the DSRIP program in our northern New York region.

#### Side B: "Care Team" Panel Discussion

Ginger Hall - panel facilitator - is the Public Health Director at Jefferson County Public Health Service, where she has dedicated 30 years of her career in various roles. Angel Durham is a Behavioral Health Peer Advocate at the Northern Regional Center for Independent Living. She is also a NYS Certified Peer Specialist. Karen Gerken is Adult Services Coordinator for Care Coordination of NNY, where she oversees a program with about 580 adult, mostly Medicaid-based clients. Teresa Intorcia became a Registered Dietitian/Nutritionist in 1993. She provides nutrition and diabetes education to patients at the Samaritan Family Health Center. Tammy Potter joined Carthage Area Hospital as a Chronic Care/ Depression Care Manager in November 2016. Before that, she held various roles at a local hospital/nursing home for 28 years. Anne Garno is the Director of Education and Enrollment at the North Country Prenatal/Perinatal Council, where she has held various roles over the years.

#### Afternoon 1:00 - 2:00 p.m.

#### Side A: "Improving Care for High Utilizers in the NCI PPS"

Kathy Hunter is Director of Case Management & Discharge Planning at Samaritan Medical Center. She has been clinical lead/facilitator for several action plans in the Inpatient and Emergency Room MAX Series. Kim Thibert is the Vice President of Patient Care Services & Chief Nursing Officer at Samaritan Medical Center. She has served as an executive sponsor for both of the MAX Series.

#### Side B: "Innovation and Collaboration" Panel Discussion



Joey Marie Horton - panel facilitator - is Executive Director of the North Country Family Health Center and a board member for several local health-related agencies. Carly Draper is a Registered Dietitian, Certified Dietitian/Nutritionist and Certified Diabetes Educator at Carthage Area Hospital. John Exford has been with the Volunteer Transportation Center for 5 years and currently oversees all operations in Genesee County and the state of New Hampshire. Shawn Signor is the Supervising Pharmacist at Bolton's Pharmacy. He received his doctorate from the Albany College of Pharmacy and Health Sciences in 2011. Wanda Holtz is Director of the Anchor Recovery Center of NNY and has assisted local individuals and families affected by addiction for more than 20 years. Ray Babowicz is Director of Communications & Marketing for Community Health Center of the North Country, where he also oversees government relations and advocacy.

## **Poster Sessions**

Thoughout the day, we encourage you to explore the 15 posters displayed in the hallways surrounding the conference room. Each poster highlights our successes as a region, featuring testimonies and stories from patients, colleagues, friends and community members.

#### **Poster Session Times:**

8:00 — 8:30 a.m. (during registration) 11:45 a.m. — 1:00 p.m. (during lunch) 4:00 — 5:00 p.m. (during networking reception)

**Remember to collect a ticket from each poster representative you visit!** Write your name on each of your tickets and place them in the box at the registration table. One winner will be drawn at 4 p.m. and awarded a prize! Must be present to win.

#### **Poster Directory**

#### **DSRIP** Projects

2.a.i	Creating an Integrated Delivery System
2.a.ii	Transforming Primary Care Offices with the Patient Centered Medical Home (PCMH) Model
2.a.iv	Create a Medical Village Utilizing Existing Hospital Infrastructure
2.b.iv	Using Care Transition Protocols to Reduce Hospital Readmissions
2.d.i	Engaging and Educating the Medicaid and Uninsured Populations
3.a.i	Integrating Primary Care and Behavioral Health
З.Ь.і	Evidence-Based Strategies for Cardiovascular Disease Management
3.c.i	Evidence-Based Strategies for Diabetes Management
3.c.ii	Evidence-Based Strategies in the Community to Address Chronic Disease
4.a.iii	Strengthening Mental Health and Substance Abuse Infrastructure Across Systems
4.b.ii	Increase Access to Preventive Care in Clinical and Community Settings

#### **Organizational Projects**

*Finance* — Investments made to partners and system infrastructure to transform healthcare delivery

*Health Literacy & Cultural Competency* – *Engaging patients from all backgrounds and capabilities in the healthcare transformation process* 

IT Privacy and Security — Securing the flow of patient data among healthcare providers in our region

*Workforce* — *Focusing on recruitment, education, training, re-training, and retention of healthcare professionals*