

Brainbow I

Social Media Content

Posts 1-6

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Official Logo Design



POST I:

[#Brainbow](#) is a non-profit [#lgbtqia](#) focused mental health advocacy organization based in San Francisco. We are here to break the stigmas surrounding mental health for people of all races, genders and pronouns.

Our blog will be up soon, in the meantime, we want you to know that help is always just a DM away. Our inbox serves as our hotline for any sort of stress or negative mental experience you may be enduring.

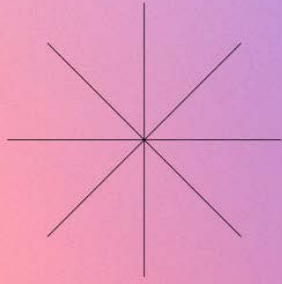
We promise to fight the good fight and spread encouragement, pride, happiness and love throughout our social channels in hopes that they find a special place in your heart and mind.

[#GlowAndGrow](#)

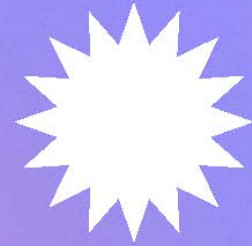
Love, Brainbow.

[#mentalhealth](#) [#breakthestigma](#) [#psychology](#) [#psychiatry](#) [#brainhealth](#) [#brainfood](#) [#lgbtq](#) [#pride](#)
[#happiness](#) [#motivation](#) [#inspiration](#) [#loveislove](#)

POST II:



Brainbow is an LGBTQIA+ focused mental health advocate resource. We are non-profit and exist as an online service to distribute encouragement, positivity and mental wealth.



BE WHO YOU ARE



FUCK THE STIGMA

Be who you are,
Fuck the stigma.

Love, Brainbow.

[#mentalhealth](#) [#breakthestigma](#) [#psychology](#) [#psychiatry](#) [#brainhealth](#) [#brainfood](#) [#lgbtq](#) [#pride](#)
[#happiness](#) [#motivation](#) [#inspiration](#) [#loveislove](#) [#growandglow](#)

POST III:



Ring into the New Year with a solid plan and foundation for success within your mental health challenges.

Be kind, be clear, be positive, be free and be loved.

Love, Brainbow.

[#mentalhealth](#) [#breakthestigma](#) [#psychology](#) [#psychiatry](#) [#brainhealth](#) [#brainfood](#) [#lgbtq](#) [#pride](#)
[#happiness](#) [#motivation](#) [#inspiration](#) [#loveislove](#)

POST IV:



Dont fear your mind,
Leave your worry behind.

[#mentalhealth](#) [#breakthestigma](#) [#psychology](#) [#psychiatry](#) [#brainhealth](#) [#brainfood](#) [#lgbtq](#) [#pride](#)
[#happiness](#) [#motivation](#) [#inspiration](#) [#loveislove](#)

POST V:

Brainbow promises to fight to

BREAK STIGMAS



MEDICATION IS IMPORTANT

If you have ever felt shame regarding your medications, we get it. On average, 80% of the population admits to having needed daily medication at least once in their lives. You are doing nothing wrong.

BREAK STIGMAS

Medication is important. Do you take daily medication to battle your mental health challenges? Do you feel that there isn't enough acceptance of this in the workplace or society as a whole?

We are here to help.

#mentalhealth #breakthestigma #psychology #psychiatry #brainhealth #brainfood #lgbtq #pride
#happiness #motivation #inspiration #loveislove

POST VI:

Brainbow wants you to know that you are beautiful on the inside, out and everywhere it counts. You have crafted your persona into exactly who you want to be and that is the definition of beauty itself. Feeling free to express yourself any which way you want to be is the key. If you need help getting there, we've got your back.

BREAK THE STIGMA. BREAK THE RULES. BE YOU.



LOVE THAT FOR YOU!

We love that for you, beautiful.

#mentalhealth #breakthestigma #psychology #psychiatry #brainhealth #brainfood #lgbtq #pride
#happiness #motivation #inspiration #loveislove
