

[EMAIL SUBJECT LINE:] Life isn't simple. Your health care should be.

With Total Health, Total You, we're here to make things easier.



An Anthem Company



Cookie-cutter health care? Nope.

We know health care can be complicated

Have a quick question about a claim, but you don't have time to waste on the phone? Maybe you need a prescription refilled after hours. Or perhaps you've just received a medical diagnosis and don't know what to do.

We hear you. With Total Health, Total You, your health care doesn't have to be complicated.

From big things like helping you deal with a loss in your family, to small things like answering a medical question, we're here to keep an eye out for ways we can make things easier on you. And if needed, reach out to you with the right level of support. That's what Total Health, Total You is all about. Simple, personalized, relevant health support. What a concept!



Always have us at your fingertips

Put peace of mind in your back pocket. Download the Engage app and you'll always have access to view claims, participate in fitness challenges or find a local urgent care center if you're in a bind. Search for Engage Wellbeing in the App Store.



Learn more about Total Health, Total You

Check out the [Total Health, Total You flier](#) to see how it fits your lifestyle. You can also call us at <1-866-620-4513>.

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We respect your right to privacy — [view our policy](#)

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