

MYCHRONICBRAIN

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MyChronicBrain

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MY TIME IS OCCUPIED

As I search the cranial cavities for the pulsating drums
beating in time with hummingbirds' wings conjured in dreams—
As I trace constellations along my tingling limbs
searching for connections to the hot air surrounding me—
As I disassemble to-do lists assembled with care and passion
leaving only the smallest remnant within a hollowed shell.

My time is occupied

As the world sits back upon its heels and I crawl past
dragging myself with stifled breaths and burning tendons—
As fleeting time mocks with rocks and sticks
aiming only at the weakest crevices of the fragile body—
As the mind excavates the soul desperate to understand:
why me?

My time is occupied

As changing winds sift my thoughts upon the threshing floor
clearing space for my feet to move once again—
As new goals and purposes cyclone through
driving me forward and onward as an advancing storm—
As pain no longer defines me, but propels me
beyond my own expectations and into a world I create.

My time is occupied.

WRITTEN BY **A.I. Chang**