

IT'S NOT ONLY MILK



THAT COMES FROM A COW

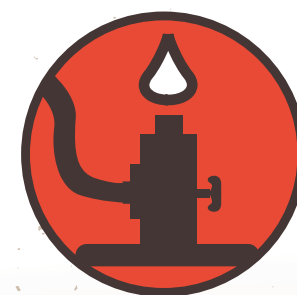
MANURE



BUTTER



CHEESE



BIOGAS



NUTRITION



INCOME

In 1944, 16 farmers in Indiana came together to donate cows from their own farms to hungry families thousands of miles away. It marked the beginning of Heifer International, and proved that one cow could change everything.

What started with giving an animal led to so much more. Today, Heifer International provides family farmers with the tools and training they need to transform their lives. Now, one cow and proper training can feed a family, provide a girl an education, connect a community to a local economy, and become the basis of an entire dairy cooperative and production system.

Heifer is expanding on our successful model and connecting farmers to formal markets to empower them to meet the food demands of their country and region, shaping entire industries to benefit, rather than exploit, them along the way.

Find out more about Heifer's work to empower small-scale farmers around the world at www.heifer.org.

