



Jamaica Anti-Doping
Commission

Junior Athletes

Anti-Doping Education

Workshops Proposal

October 2015





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Overview

The Jamaica Anti-Doping Commission (JADCO) is Jamaica's national anti-doping organisation with the responsibility to coordinate and execute the country's anti-doping in sport programme. A critical part of that is developing strategies to spread the anti-doping message to athletes, their support personnel and the general public and to facilitate a culture of fair play in sport. This includes making them aware of what the current rules and other standards are, as well as any amendments that they will be affected by.

As a part of JADCO's mandate to continually ensure that all athletes at the junior and senior levels are aware of their rights and responsibilities, the Commission will host the annual Junior Athletes Anti-Doping Education Workshops for secondary school athletes and their support personnel during the month of October 2015.

Therefore, the proposed dates and locations are as follows:

Date	Location
Wednesday, October 7, 2015	Jamaica Conference Centre, Kingston
Wednesday, October 14, 2015	Golf View Hotel, Manchester
Wednesday, October 21, 2015	The Wexford Hotel, St. James
Wednesday, October 28, 2015	Cardiff Hall Hotel and Spa, St. Ann

Target Audience

- Secondary school athletes from all sporting disciplines
- Secondary school sport coaches and administrators

Objectives

Participants will be exposed to the following aspects of the Jamaica Anti-Doping programme:

- The role of the JADCO and the World Anti-Doping Agency (WADA)
- Ethical issues in sport to include fair play and camaraderie
- Testing of minors
- The doping control process
- Banned substances
- Health consequences of doping



Format of the Workshops

The Commission will host four (4) workshops across the island throughout the month of October in the following regions:

Region	Schools
Kingston and St. Andrew, St. Thomas, St. Catherine = <u>72 Schools *5 participants each: 360</u>	Camperdown High Convent of Mercy "Alpha" Denham Town High Holy Trinity High Kingston College St. Georges College Tivoli Gardens High Vauxhall High Wolmer's Boys School Wolmer's Girls School Dunoon Park Technical High Kingston Technical High Hillel Academy St. Andrew College Ardenne High St. Joseph High Calabar High Champion College Charlie Smith High Clan Carthy High Donald Quarrie High Edith Dalton James High Excelsior High Gaynstead High Haile Sellasie High Holy Childhood High Immaculate Conception Jamaica College Mavis Bank High Meadowbrook High Merl Grove High Mona High Norman Manley High Oberlin High Papine High Pembroke Hall High Penwood High St. Andrew High St. Hugh's High Tarrant High



	<p>The Queen's School Trench Town High St. Andrew Technical High Morant Bay High Paul Bogle High Robert Lightbourne High Seaforth High Yallas High</p> <hr/> <p>Ascot High Cedar Grove High Hydel High Bog Walk High Bridgeport High Charlemont High Cumberland High Eltham High Ewarton High Glengoffe High Greater Portmore High Guys Hill High Innswood High Jonathan Grant High McGrath High Old Harbour High Spanish Town High St. Catherine High St. Jago High St. Mary's College Tacius Golding High Waterford High Dinthill Technical High Jose Marti Technical High</p>
<p>Clarendon, Manchester, St. Elizabeth <u>42 Schools *5 participants each: 210</u></p>	<p>Troy High School Sydney Pagon Agricultural High School</p> <p>Belair High</p> <p>Victor Dixon High</p> <p>B.B. Coke High Balaclava High Black River High Hampton School Lacovia High Lewisville High Maggotty High Munro College St. Elizabeth Technical High</p>



	<p>Sydney Pagon Agricultural High</p> <p>Bellefield High Bishop Gibson High Christiana High Cross Keys High DeCarteret College Manchester High May Day High Mile Gully High Porus High Winston Jones High Holmwood Technical High Alston High Bustamante High Central High Clarendon College Claude McKay High Denbigh High Edwin Allen High Foga Road High Garvey Maceo High Glenmuir High Kellits High Kemps Hill High Knox College Lennon High Spaldings High Thompson Town High Vere Technical High</p>
<p>Westmoreland, Hanover, St. James and Sections of Trelawny= <u>33 Schools</u> *5 participants each: <u>165</u></p>	<p>Belmont Academy Savanna-la-mar High Godfrey Stewart High Grange Hill High Manning's High Little London High Maud McLeod High Petersfield High Frome Technical High</p>



	<p>Green Island High Hopewell High Merlene Ottey High Rhodes Hall High Rusea's High Knockalva Technical High Knockalva Agricultural Anchovy High St. James College Cambridge High Cornwall College Green Pond High Irwin High Maldon High Montego Bay High Mount Alvernia High Spot Valley High St. James High Holland High Muschett High Herbert Morrison Technical High Cedric Titus High William Knibb Memorial High</p>
<p>St. Ann, St. Mary, Portland and sections of Trelawny =28 Schools *5 participants each: 140</p>	<p>Albert Town High Westwood High</p>
	<p>Aabuthnott Gallimore High Brown's Town High Ferncourt High Ocho Rios High St. Hilda's Diocesan High Steer Town High York Castle High Marcus Garvey Technical William Knibb Memorial High</p>
	<p>Annotto Bay High Brimmer Vale High Carron Hall High Iona High Islington High Marymount High Oracabessa High St. Mary High Tacky High St. Mary Technical High</p>



	Buff Bay High Port Maria High Portland High Fair Prospect High Happy Grove High School Port Antonio High Titchfield High
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Total # of expected participants: 875



Junior Athletes Anti-Doping Education Workshop Programme
Theme: Preserving the Spirit of Sport through the Education of Youth

8:30 a.m. - 9:00 a.m.	Registration
<i>National Anthem</i>	
Welcome	Ms. Samantha Allen Master of Ceremonies Public Relations and Education Officer, Jamaica Anti-Doping Commission (JADCO)
Prayer	Ms. Ollyvia Anderson Public Relations and Education Officer, JADCO
Opening Remarks	Mr. Carey Brown, Executive Director, JADCO
JADCO Mascot Competition Award Ceremony	Ms. Samantha Allen
10:15 a.m. – 10:30 a.m.	COFFEE BREAK
JADCO's Functions and Responsibilities	Ms. Vanessa Reid, Dir. Communication and Education, JADCO
The Doping Control Process	Mrs. Nadia Vassell, Dir. Technical Services, JADCO
Introduction of Presenter	Ms. Ollyvia Anderson Public Relations and Education Officer, JADCO
Banned Substances	<i>Medical Practitioner ***</i>
<i>QUESTIONS and ANSWERS</i>	
1:00 p.m.	<i>LUNCH</i>
Vote of Thanks	Ms. Samantha Allen

***JMDA Representative or other medical practitioner



Workshop Flyer



THE JAMAICA ANTI-DOPING COMMISSION
WILL HOST

JUNIOR ATHLETES ANTI-DOPING EDUCATION WORKSHOPS

KINGSTON	JAMAICA CONFERENCE CENTRE	OCTOBER 7, 2015.
MANCHESTER	GOLF VIEW HOTEL	OCTOBER 14, 2015.
ST. JAMES	THE WEXFORD HOTEL	OCTOBER 21, 2015.
ST. ANN	CARDIFF HALL HOTEL & SPA	OCTOBER 28, 2015.

TIME: 8:30 A.M. - 4:00 P.M.

Who Should attend?

- Secondary School Students
- Athlete Support Personnel

Participants will:

- Increase their knowledge of the Jamaica Anti-Doping Programme.
- Increase their knowledge of fair and ethical practices in sport.
- Increase their knowledge of the World Anti-Doping Agency.
- Increase their knowledge of the doping control process and banned substances.



RSVP:

Communication and Education Department
commed@jadco.gov.jm
Tel: (876) 929-3500
Fax: 929-6006
Mailing Address
5-9 South Odeon Ave
Kingston 10



Action Items for JADCO

- Develop budget for the hosting of the workshops
- Determine the number of participants to be invited
- Identify and book location for the workshops
- Identify resource person(s) to make presentation at workshops
- Create flyer, hardcopy and online registration form for participants
- Draft and disseminate invitations letters to target audience
- Follow up with invitees to confirm participation
- Develop programme for the workshops
- Draft speaking notes for the Executive Director's remarks
- Organise resource materials (brochures and memorabilia etc)
- Compile information folders (containing JADCO brochures, programme etc) to be issued to participants
- Organise publicity before and after the workshops (television, radio, print and social media elements)
- Identify and book photographer and videographer to provide coverage
- Draft and disseminate press releases at the beginning and end of the series as well as and photo captions following each workshop

Publicity

- Workshop flyer
- Television and radio interviews before and after the event
- Posts on social media (Facebook, Twitter and Instagram) and JADCO's website
- Photo and video coverage
- Press releases
- Photo captions

Resource Persons/ Staff Participation

The Commission will utilise the expertise of staff members as well as external resource persons in the planning and execution of the workshop. The members of the Communication and Education Department will be responsible for every aspect of the organisation and execution of the workshops.

The Directors of Communication and Education and Technical Services will make presentations at the workshops. General medical practitioners and members of the Jamaica Medical Doctors' Association will also aid in the delivery of the workshops.

All presenters will field questions from the attendees.



The Commission will also contract the services of a videographer and photographer to assist with the overall publicity of the workshops. A highlights feature will be produced and broadcast after all the workshops are held.

Evaluation Mechanisms

- Number of persons who attend
- Feedback forms to be completed by participants at the end of the event
- Interviews with participants

Budget

ITEM	ESTIMATED COST \$
VENUES	
JCC	630,777.60
Golf View Hotel	438,000.00
The Wexford Hotel	635,040.00
Cardiff Hall Hotel	356,750.00
Accommodation and meals for staff	193,285.00
RESOURCE PERSONS	
Photographer	114,000.00
Videographer	150,000.00
JMDA Representative	5000+ variable travelling cost
TOTAL	\$2,522,852.60



2015

**Jamaica Anti-
Doping
Commission Junior
Athletes Anti-
Doping Education
Workshops Report**



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Overview

The Jamaica Anti-Doping Commission (JADCO) is Jamaica's national anti-doping organisation with the responsibility to coordinate and execute the country's anti-doping in sport programme. A critical part of that is developing strategies to spread the anti-doping message to athletes, their support personnel and the general public and to facilitate a culture of fair play in sport. This includes making them aware of what the current rules and other standards are, as well as any amendments that they will be affected by.

As a part of JADCO's mandate to continually ensure that all athletes at the junior and senior levels are aware of their rights and responsibilities, the Commission hosted the annual Junior Athletes Anti-Doping Education Workshops for secondary school athletes and their support personnel during the month of October 2015.

The workshops were hosted on the following dates and at the locations:

Date	Location
Wednesday, October 7, 2015	Jamaica Conference Centre, Kingston
Wednesday, October 14, 2015	Golf View Hotel, Manchester
Wednesday, October 21, 2015	The Wexford Hotel, St. James
Wednesday, October 28, 2015	The Cardiff Hotel and Spa, St. Ann

Target Audience

- Secondary school athletes from all sporting disciplines
- Secondary school sport coaches and administrators

Objectives

Participants were exposed to the following aspects of the Jamaica Anti-Doping programme:

- The role of JADCO and the World Anti-Doping Agency (WADA)
- Ethical issues in sport, to include fair play and camaraderie
- The doping control process
- Testing of minors
- Prohibited substances and methods
- Health consequences of doping




Format of the Workshops/Approach

The Commission hosted four (4) workshops across the island throughout the month of October. One hundred and seventy (170) secondary schools were invited. Each school was required to send five representatives (a combination of athletes and their support personnel).

In addition to focusing on providing anti-doping education for junior athletes and their support personnel, the workshops were used to award the winner and runners-up in the 2014 JADCO Mascot Competition and introduce the newly created mascot, Leo, the Dope Patrol Officer (see appendix 1).

Programme

	The Jamaica Anti-Doping Commission (JADCO) Junior Athletes Anti-Doping Education Workshop October 7, 2015 Jamaica Conference Centre
8:30 a.m. - 9:00 a.m.	Registration National Anthem
Welcome	Ms. Samantha Allen Public Relations and Education Officer, JADCO Master of Ceremonies
Prayer	Ms. Ollyvia Anderson Public Relations and Education Officer, JADCO
Opening Remarks	Mr. Carey Brown Executive Director, JADCO
JADCO Mascot Competition Award Ceremony	Ms. Samantha Allen Master of Ceremonies
10:15 a.m. - 10:30 a.m.	Coffee Break
JADCO's Functions and Responsibilities	Mrs. Vanessa Reid-Ledford Dir. Communication and Education, JADCO
The Doping Control Process	Mrs. Nadia Vassell Dir. Technical Services, JADCO
Introduction of Presenter	Ms. Ollyvia Anderson Public Relations and Education Officer, JADCO
Prohibited Substances and Methods	Dr. Paula Dawson Medical Practitioner
QUESTIONS AND ANSWERS	
Vote of Thanks	Ms. Samantha Allen Public Relations and Education Officer, JADCO Master of Ceremonies
1:00 P.M.	LUNCH



Attendance

Of the 850 participants invited to participate in the workshops, 191 participants attended. 144 athletes and 47 athlete support personnel were present during this series of workshops. 31 of the 170 schools invited were represented at the workshop.

Region	# of Schools	Athletes		Support Personnel		Total	
		Males	Females	Males	Females		
St. Thomas Kingston St. Andrew St. Catherine	1. Jamaica College	15	52	28	17	10	107
	2. St. Georges College						
	3. Yallahs H/S						
	4. Ardenne H/S						
	5. Calabar H/S						
	6. Dunoon Tech						
	7. Charlie Smith H/S						
	8. Old Harbour H/S						
	9. Eltham H/S						
	10. Paul Bogle H/S						
	11. Robert Lightbourne H/S						
	12. Tivoli H/S						
	13. St. Hugh's H/S						
	14. Charlemont H/S						
	15. Bog Walk H/S						
Clarendon St. Elizabeth Manchester	1. Bustamante H/S	8	15	15	8	3	41
	2. Foga Road H/S						
	3. Troy H/S						
	4. Central H/S						
	5. Newell H/S						
	6. Clarendon College						
	7. Lennon H/S						
	8. Winston Jones H/S						
St. James Hanover Westmoreland Sections of Trelawny	1. Westwood H/S	5	7	17	2	4	30
	2. Rhodes Hall H/S						
	3. Knockalva Technical H/S						
	4. Mt. Alvernia H/S						
	5. Irwin H/S						
Portland St. Mary St. Ann Sections of Trelawny	1. Steer Town Academy	3	6	4	3	0	13
	2. Ferncourt High School						
	3. St. Mary Technical H/S						
TOTAL	31		80	64	30	17	191
			144		47		

Workshop Flyer



THE JAMAICA ANTI-DOPING COMMISSION
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JUNIOR ATHLETES ANTI-DOPING EDUCATION WORKSHOPS

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ST. JAMES	THE WEXFORD HOTEL	OCTOBER 21, 2015.
ST. ANN	CARDIFF HALL HOTEL & SPA	OCTOBER 28, 2015.

TIME: 8:30 A.M. - 2:30 P.M.

Who Should attend?

- Secondary School Students
- Athlete Support Personnel

Participants will:

- Increase their knowledge of the Jamaica Anti-Doping Programme.
- Increase their knowledge of fair and ethical practices in sport.
- Increase their knowledge of the World Anti-Doping Agency.
- Increase their knowledge of the doping control process and banned substances.



RSVP:

Communication and Education Department
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Tel: (876) 929-3500
Fax: 929-6006
Mailing Address
5-9 South Odeon Ave
Kingston 10



Tasks Completed

- Developed budget for the hosting of the workshops
- Determined the number of participants to be invited
- Identified and booked locations for the workshops
- Identified resource person(s) that made presentation at workshops
- Created flyer and hardcopy registration form for participants
- Drafted and disseminated invitations letters to target audience
- Followed up with invitees to confirm participation prior to each workshop
- Developed a programme for each workshop
- Drafted speaking notes for the Executive Director
- Organised resource material as well as promotional items (brochures and memorabilia etc)
- Compiled information folders (containing JADCO brochures, programme etc) that were issued to participants
- Organised publicity before and after the workshops (television, radio, print and social media elements)
- Identified and booked photographer and videographer to provide coverage
- Drafted and disseminated press releases at the beginning and end of the series as well as photo captions following each workshop

Publicity

- Workshop flyer
- Television and radio interviews before and after the event
- Posts on social media (Facebook, Twitter and Instagram) and JADCO's website
- Photo and video coverage
- Press releases and photo captions
- Advertorial published in local print media

Resource Persons/ Staff Participation

The Commission utilised the expertise of staff members as well as external resource persons in the planning and execution of the workshop. The members of the Communication and Education Department were responsible for every aspect of the organisation and execution of the workshops.

The Directors of Communication and Education and Technical Services made presentations at the workshops. Medical practitioners, including members of the Jamaica Medical Doctors' Association (JMDA) also made presentations during this series of workshops. Presenters also responded to questions from the attendees.

The Commission contracted the services of a videographer and photographer to assist with the overall publicity of the workshops. A highlight feature was produced after the completion of this series of workshops.



Budget

ITEM	COST \$
VENUES	
JCC	642,089.75
Golf View Hotel	309,600.00
The Wexford Hotel	361,800.00
Cardiff Hall Hotel	291,211.00
Accommodation and meals for staff	132,505.36
RESOURCE PERSONS	
Photographer	124,000.00
Videographer	150,000.00
Medical Practitioners/JMDA Representative(s)	30,000.00
TOTAL	\$2,014,206.11




Evaluation Mechanisms

- Number of persons who attend
- Feedback forms completed by participants at the end of the event
- Interviews with participants



Sample of Feedback Forms



Anti-Doping Education Workshop Participant Feedback Form

1. Was this the first time that you attended an anti-doping workshop of this nature?
 Yes
 No

2. For each statement in the table below, please check one box to indicate how much you agree or disagree with it.

	Strongly agree	Agree	Somewhat agree	Somewhat disagree	Disagree	Strongly disagree
The content was relevant to my particular area.	✓					
Materials and handouts were useful.	✓					
As a direct result of this workshop, my knowledge of doping prevention has increased.		✓				
As a direct result of this workshop, I have a different understanding of doping that is likely to improve how I approach my sporting discipline.			✓			
As a direct result of this workshop, I intend to change certain behaviours to ensure I contribute positively to a doping-free environment.			✓			
The workshop achieved its stated objectives.	✓					
The workshop met my personal learning goals.			✓			
I would recommend this workshop to other athletes and athlete support personnel.	✓					

3. What part of the workshop was:

Most useful: <i>The Context</i>	Most interesting: <i>The presentation inter</i>
Least useful: <i>N/A</i>	Least interesting: <i>N/A</i>

4. If you could change one thing to improve the workshop, what would it be?
Trying to get every student to participate

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.



Anti-Doping Education Workshop Participant Feedback Form

1. Was this the first time that you attended an anti-doping workshop of this nature?
 Yes
 No

2. For each statement in the table below, please check one box to indicate how much you agree or disagree with it.

	Strongly agree	Agree	Somewhat agree	Somewhat disagree	Disagree	Strongly disagree
The content was relevant to my particular area.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Materials and handouts were useful.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, my knowledge of doping prevention has increased.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I have a different understanding of doping that is likely to improve how I approach my sporting discipline.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I intend to change certain behaviours to ensure I contribute positively to a doping-free environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop achieved its stated objectives.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop met my personal learning goals.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this workshop to other athletes and athlete support personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. What part of the workshop was:

Most useful: <i>Prohibited Substances & Methods</i>	Most interesting: <i>Moscow Award Ceremony</i>
Least useful:	Least interesting:

4. If you could change one thing to improve the workshop, what would it be?

Provide Certificate of Participation to teachers/Coaches

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.



Anti-Doping Education Workshop Participant Feedback Form

1. Was this the first time that you attended an anti-doping workshop of this nature?
 Yes
 No

2. For each statement in the table below, please check one box to indicate how much you agree or disagree with it.

	Strongly agree	Agree	Somewhat agree	Somewhat disagree	Disagree	Strongly disagree
The content was relevant to my particular area.	<input checked="" type="checkbox"/>					
Materials and handouts were useful.	<input checked="" type="checkbox"/>					
As a direct result of this workshop, my knowledge of doping prevention has increased.		<input checked="" type="checkbox"/>	<input type="checkbox"/>			
As a direct result of this workshop, I have a different understanding of doping that is likely to improve how I approach my sporting discipline.		<input checked="" type="checkbox"/>	<input type="checkbox"/>			
As a direct result of this workshop, I intend to change certain behaviours to ensure I contribute positively to a doping-free environment.		<input checked="" type="checkbox"/>	<input type="checkbox"/>			
The workshop achieved its stated objectives.		<input checked="" type="checkbox"/>	<input type="checkbox"/>			
The workshop met my personal learning goals.		<input checked="" type="checkbox"/>	<input type="checkbox"/>			
I would recommend this workshop to other athletes and athlete support personnel.	<input checked="" type="checkbox"/>					

3. What part of the workshop was:

Most useful: <i>Prohibited Substances</i>	Most interesting: <i>Doping Control</i>
Least useful:	Least interesting:

4. If you could change one thing to improve the workshop, what would it be?

Offer certificate to all its participants.

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.



Anti-Doping Education Workshop Participant Feedback Form

1. Was this the first time that you attended an anti-doping workshop of this nature?

- Yes
 No

2. For each statement in the table below, please check one box to indicate how much you agree or disagree with it.

	Strongly agree	Agree	Somewhat agree	Somewhat disagree	Disagree	Strongly disagree
The content was relevant to my particular area.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Materials and handouts were useful.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, my knowledge of doping prevention has increased.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I have a different understanding of doping that is likely to improve how I approach my sporting discipline.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I intend to change certain behaviours to ensure I contribute positively to a doping-free environment.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop achieved its stated objectives.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop met my personal learning goals.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this workshop to other athletes and athlete support personnel.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. What part of the workshop was:

Most useful: <i>everything</i>	Most interesting: <i>everything</i>
Least useful: <i>none</i>	Least interesting: <i>none</i>

4. If you could change one thing to improve the workshop, what would it be?

I could help to encourage the athletes not to turn to dope

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.

*to can fix
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the of God.*



Anti-Doping Education Workshop Participant Feedback Form

1. Was this the first time that you attended an anti-doping workshop of this nature?
 Yes
 No

2. For each statement in the table below, please check one box to indicate how much you agree or disagree with it.

	Strongly agree	Agree	Somewhat agree	Somewhat disagree	Disagree	Strongly disagree
The content was relevant to my particular area.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Materials and handouts were useful.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, my knowledge of doping prevention has increased.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I have a different understanding of doping that is likely to improve how I approach my sporting discipline.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I intend to change certain behaviours to ensure I contribute positively to a doping-free environment.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop achieved its stated objectives.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop met my personal learning goals.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this workshop to other athletes and athlete support personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. What part of the workshop was:

Most useful: <i>Prohibited substance and methods</i>	Most interesting: <i>Doping Control Process</i>
Least useful:	Least interesting:

4. If you could change one thing to improve the workshop, what would it be?

Getting far more students and stakeholders out.

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.



Anti-Doping Education Workshop Participant Feedback Form

- 1. Was this the first time that you attended an anti-doping workshop of this nature?**
 Yes
 No
- 2. For each statement in the table below, please check one box to indicate how much you agree or disagree with it.**

	Strongly agree	Agree	Somewhat agree	Somewhat disagree	Disagree	Strongly disagree
The content was relevant to my particular area.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Materials and handouts were useful.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, my knowledge of doping prevention has increased.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I have a different understanding of doping that is likely to improve how I approach my sporting discipline.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a direct result of this workshop, I intend to change certain behaviours to ensure I contribute positively to a doping-free environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop achieved its stated objectives.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop met my personal learning goals.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this workshop to other athletes and athlete support personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. What part of the workshop was:

Most useful:	Most interesting:
Least useful:	Least interesting:

4. If you could change one thing to improve the workshop, what would it be?

Invite more schools.

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.



Anti-Doping Education Workshop Participant Feedback Form

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The workshop achieved its stated objectives.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop met my personal learning goals.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this workshop to other athletes and athlete support personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. What part of the workshop was:

Most useful: <u>It's contents</u>	Most interesting: <u>The information presented</u>
Least useful: <u>N/A</u>	Least interesting: <u>N/A</u>

4. If you could change one thing to improve the workshop, what would it be?

I would try to get more students to participate in the workshop.
 Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.



Anti-Doping Education Workshop Participant Feedback Form

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The workshop achieved its stated objectives.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The workshop met my personal learning goals.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this workshop to other athletes and athlete support personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. What part of the workshop was:

Most useful: <i>1st Presentation</i>	Most interesting: <i>Awards/Information</i>
Least useful:	Least interesting:

4. If you could change one thing to improve the workshop, what would it be?

Place more emphasis on those who are advocating on athletes

Please use the back of this form to write any other comments or suggestions that you would like to share with the workshop organisers.

suggestions at back

Suggestions

① Partner with ISSA and make the seminar a certification course, which must be handed in by all ISSA participating schools upon registration for Championships.

2. Send a edit version of seminar to each school to be done in P.E classes from 5-10th Grade at school.

O.H.H.S



Specific Challenges

Low Turnout

This series of the Junior Athletes Anti-Doping Education Workshops experienced a low turnout across all regions. Approximately 22% of the participants that were invited actually participated in the workshop. One participant, in providing feedback via the participant feedback form indicated that if there was one thing that he/she could change to improve the workshop, it would be “trying to get every student to participate.”

Another participant suggested collaboration with the Inter-Secondary Sports Association (ISSA) to make the workshops mandatory for schools participating in ISSA sanctioned events.

Appendix 1



Carey Brown (2nd left), Executive Director, at the Jamaica Anti-Doping Commission (JADCO) and Dr. Mario Guthrie (l), JADCO Brand Ambassador, share a light moment with the winner and runners up in the JADCO Mascot Competition. The prize winners, Rachel Brown (c), 3rd place, Antonio Mundell (2nd right), 2nd place and Adjaynae Billings (r), 1st place, were presented with their prizes at an award ceremony which was held during the first in the 2015 series of Junior Athletes Anti-Doping Education Workshops for athletes and athlete support personnel from schools in St. Thomas, St. Catherine and Kingston and St. Andrew. The event was held on Wednesday, October 7, 2015 at the Jamaica Conference Centre (JCC) in Kingston. Adjaynae Billings received \$25,000 and a trophy for designing the winning mascot. Antonio Mundell and Rachel Brown were awarded \$15,000 and \$10,000 respectively for placing second and third in the JADCO Mascot Competition. The competition was held from October 1, 2014 to April 10, 2015 and was open to students from secondary schools across the island.



The JADCO Mascot, Leo, The Dope Patrol Officer, which was designed by Adjaynae Billings of Ardenne High School.