

## **How can you make great things happen when your dreams must constantly share space with your doubts?**

If you're anything like me and my therapist clients, you have vast visions for the life—and livelihood—that your private practice will help you create. And it's not just about you. You also hold a great vision for the ripple of healing you wish to create in the world.

You are a therapist or a healer who is dedicated to both personal and professional well-being, but you often feel like you must hold two powerful but separate sets of priorities simultaneously.

Your head is filled with all of the practical things you think you “should” do including tons of doubts that don't even really belong to you. Your big dreams struggle to find space in your whirling mind.

- You aim to bring your fullest self to your client sessions, but are afraid of showing up for them as anything other than a blank slate.
- You know deep down that we as humans connect with each other through our stories. And yet, you're unsure of how to share your own in a way that feels authentic and integrated, while also keeping your boundaries in their rightful place.
- When it comes to your story, you feel a bit insecure in sharing it--or even a bit unclear of how your story informs your work with your clients. So you withhold and miss the opportunity.
- Imposter syndrome holds you back from your desire to trust yourself, to connect, and to be the influencer you dream of.
- Without that deeper connection, you feel isolated in your evolution.

You do your best to keep your personal and professional selves separate, compartmentalized. As if they coexist in two different worlds. But this isn't where you truly desire to live.

This switching back and forth between the two is not only tiresome and limiting, it's also unnatural. This separation is a myth. Real life actually happens somewhere in the blended, messy middle.

**Together, let's dive into that messy middle place between the personal and the professional to discover the power of your story and how it connects you to your clients and your work, your goals and your dreams.**

The messy middle is a place of great potential and growth. But it's also challenging. The richness of your humanity emerges when you find a way to let these facets of yourself mix. Your ongoing growth and satisfaction rely on integration. And that begins with seeing yourself, your dreams, and your goals... and how it all interweaves.

**Integration is a long game, not a short one.**

Professional growth is much like any other practice in your life. It takes mindfulness. It takes conscious integration. It takes small repeated steps and lots and lots of refocusing.

And it's in these moments of repeatedly coming back to what is most important to you, and also to your clients, you refine and grow your truest strengths.

Through working with me one-on-one to uncover and integrate your story, you will:

- Grow your own confidence in your practice
- Trust your voice
- Sharpen your intuition
- Feel more connected and supported
- Hone your power as an influencer
- Strengthen your boundaries

## **I'll help you see yourself.**

I'm Rebecca Wong, LCSW. You know me through my work in supporting therapy professionals on The Practice of Being Seen. My work is all about helping others to disconnect from the stuff that doesn't matter and reconnect to the people and passions that do. I help therapists and healers see themselves clearly, so they can step into their power and shape their futures.

Through my one-on-one 3-session consulting package, I'll support you through an intentional activation of your evolutionary process by connecting with your story within your messy middle.

First, we'll start by simplifying. We'll strip away the noise and the beliefs that don't really belong to you, so you can access the magic that's already in your bones but you've been too afraid to own. I help you uncover your specific super powers and hold you in your vulnerable spaces.

Then, together, we pay attention to your boundaries as we explore what it means to share who you are. Through this exploration, you begin granting yourself more and more permission to access what's authentic to you in your work.

Along the way, I'll provide step-by-step practical insights that help you get the work done AND keep focus on what matters in the midst of the doing.

This process is a "rapid, dig-down-deep, sit-with-what-makes-you-feel-paralyzed-and-vulnerable-in-you- work" kind of work.

It's focused on YOU. Your goals, your dreams, your story, your power.

Because when you truly see yourself, you create a ripple effect that allows you to *be* the change you wish to see in the world--and that invites those around you to do the same.

## What others are saying about working one-on-one with Rebecca Wong, LCSW:

"You are amazingly good at not just holding a space, but creating a space where I could play and grow. I know that it is because of our few sessions that I was able to **rebrand and share my story more fluidly**." - anonymous

"Your words brought me to tears, as I **realized that I really could start** my own private practice. You helped to **alleviate my fears** and support my hopes." - anonymous

"Working with you allowed me to **share the parts of myself that needed to come forward** and to do it in a way that felt safe and comfortable. You guided the process through understanding, non-judgmental awareness and felt like you had my back." - anonymous

"You made a comment that **hit a nerve**. Actually, you hit the nail on the head and it **resonated** with me ever sense. It allowed me to see myself in a safe new light and I felt accepted." - anonymous

"I just loved the space that you hold in each offering that you provide. **I know that when I enter a space that you are facilitating I will go deep and I will get insights into my why** (both professionally and personally)." - anonymous

## Your time to dive in is NOW.

Due to my own evolutionary process, my consulting services will be going away very soon. But before that happens, I want to make sure I am available to YOU to empower and support you in integrating your messy middle.

- If you've ever wanted a chance to work with me one-on-one, but have been putting it off...
- If you have ever wanted to harness your authentic self to achieve your dreams, but feel you haven't had the right support to get there...
- If you're tired of your unravelling insecurities and are ready to step into the power of your story...

NOW is your time.

**Three sessions with me regularly costs \$525. But (because the number 333 is a powerful one and truthfully just feels good to me), if you purchase by 8/31, I am offering this to you for \$333.**

(All three sessions must be purchased by 8/31 and booked between now and 10/13. After 8/31, I cannot ensure that these sessions will be among my offerings again. So, truly, the time is now.)

I'm ready for you.

## Are you ready to be seen?

[BOOK NOW BUTTON]

Mercedes' Story:

*"I've been to therapy when I needed personal healing and I've had business coaching when I needed support on my entrepreneurial journey. But, working with Rebecca has been the best intersection of the two. She truly understands that in order to show up in your life as a successful business owner you've got to not only have the business strategies down (which she is an ace at helping you sort through) but you've got to figure out how to move through the blocks that keep you from executing those strategies. Rebecca has helped me merge my personal healing story with my business success story to get me to show up more authentically for myself, my clients, and my business. She's an investment I encourage all my fellow healers to give to themselves*

*when they're ready to step into authentically showing up and being seen for all you amazingness without having to leave any pieces of you behind to do so!"*

*—Mercedes Samudio, LCSW*

*Parent Coach, Speaker, Author*

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### **Sarah's Story:**

*"My work with Rebecca began when the idea of starting my own practice was a dream that I didn't quite believe was possible. Initially, as I explored the dream and my why behind it, Rebecca was there to support me, give it to me straight and guide me as I got underneath the fears that were holding me captive in inaction. We dove deep into who I was being called to serve, what needed to be healed to do so and concrete tasks that needed to be taken care of to get the ball rolling.*

*Over the next handful of months, my practice launched and I saw my first clients. During this time, consultation with Rebecca became a sacred time of unraveling my insecurities, recognizing how and why I continued to get caught in their grip, and how to feel safe and effective continuing to show up, day in and day out. Rebecca helped me connect with myself, my story and my roadblocks in ways that I have never experienced before and in ways that have not only transformed the way I show up for my clients, but the way I show up for myself."*

*—Sarah Herstich, MSW, LCSW*

**Last chance to book your 3-session package...**

**Save \$192 off the regular price. Book yours for \$333 now.**

(All three sessions must be purchased by 8/31 and booked between now and 10/13.  
After 8/31, I cannot ensure that these sessions will be among my offerings again.)

It's your time to be seen. I'm ready for you.

**Let's get to work.**

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