



## What's A Life Plan Community, And Is It Right for Me?

If you're an active senior, the decision to move to a senior living community can be overwhelming, especially when there are so many options. It's important to understand what each option offers, so let's take a closer look at each one.

### **Aging in Place**

Many people feel they want to stay in their own homes "for as long as possible". The appeal of that is certainly understandable – it seems like the easiest option, requires no great life change, and there's the obvious comfort level that comes with staying where everything feels familiar. The problem with this is that it doesn't put any plan in place for the "what ifs" you might encounter on the road ahead. If a health crisis arises or should something happen leaving you unable to care for yourself, your assets can quickly become drained to get the support you might need.

### **Rental Communities**

Of all your options, moving into a rental community has the lowest entry cost. You simply sign a lease, pay a security deposit, possibly some community fees, and move in. Some senior rental communities may partner with area organizations that offer higher care, but they are not required to provide you with any healthcare, nor any guidance. Any healthcare services or long-term care you might ever need are not included in your rental cost.

### **Life Plan Communities**

Life Plan Communities, also known as Continuing Care Retirement Communities (CCRCs) provide the security of having a plan in place for any future needs that might arise. Residents live independently, enjoying life with peace of mind, knowing if they ever need

care, they'll have it. Most CCRCs offer multiple service levels – independent living, assisted living, skilled nursing and memory support services, all available if you need them.

### **Why Choose a Life Plan Community?**

The initial cost of moving to a Life Plan Community can start around \$185,000, and it's one of the best investments you can make. Living in a Life Plan Community assures that the healthcare costs of assisted living or memory care down the road, should you need them, will already be covered. It allows you to put a plan in place, allowing you to make decisions for yourself, without putting that burden on your children, spouse or family members.

### **Why Now?**

The decision to move is a big one, and a personal one at that. Moving into a Life Plan Community sooner than later can secure your future and protect your wealth in a way that traditional senior living communities cannot.

With award-winning programming, including fitness, arts, lifelong learning and social events, along with a new Aquatic Complex and Cultural Arts Center, John Knox Village's amenities are unsurpassed. Come see why JKV has been rated one of the top Life Plan Communities in North America by the International Council for Active Aging. In addition to securing peace of mind for your future, you'll be amazed at the life that awaits you at John Knox Village. Call for a no-pressure conversation today and come see what sets us apart.

[CONTACT US](#)



Click the photo for a **Virtual Tour**

*Want to learn more about what it's like to live worry-free at a resort-style Life Plan Community?*

**CALL US FOR A TOUR TODAY! 954-800-2992**

**DON'T AGE OUT. AGE UP.**

Learn more about John Knox Village.

[johnknoxvillage.com](http://johnknoxvillage.com)