

# Plan the Perfect oshima Vacation

Hello Hiroshima | 2022

Courtesy of Hiroshima Prefecture

## HI, WE'RE HELLO HIROSHIMA

#### THE LOCAL GROUP OF ABOUT 320 VOLUNTEERS HELPS FOREIGN TOURISTS

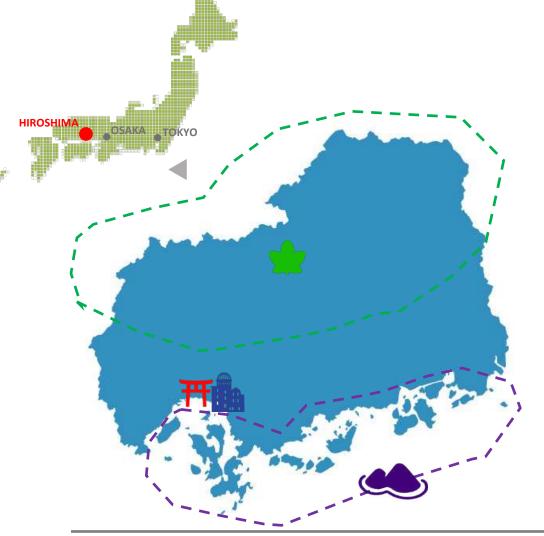
We started to do voluntary work to give international travellers directions to where they want to go and what they want to do at the Hiroshima train station since 2013.

Our concept is based on our small communication to say "Hello!" to you would link to peace today and in the future.

Website: https://hello-hiroshima.com/



## HIROSHIMA AREA



#### **HIROSHIMA CITY**

The heart of Hiroshima prefecture & tourist attractions: Peace Memorial Park, Shukkeien Garden, food and drinks etc..

#### **MIYAJIMA**

The unique place with Itsukushima Shrine in Miyajima, which is well known as a floating shrine and where deers freely walk around.

#### NORTHERN HIROSHIMA – SANDANKYO, BIHOKU

The hidden gem, our local mountain. You can enjoy walking, trekking in spring and autumn, and skiing in winter!

#### SETOUCHI ISLANDS – ONOMICHI, RABBIT ISLAND

Beautiful countless islands are bridged Shimanami Kaido for cycling and driving. Okunoshima is famous as a rabbit's world!

## WHEN TO COME

#### SPRING (Mar. – May)

Enjoy the spring weather and a cherry blossom party with drinks and food outside. April & May is an excellent time to visit. Beautiful greens in Sandankyo Gorge welcome you in May. **SUMMER (Jun. – Aug.)** 

Super hot and humid. But you can have special experiences like joining Peace Memorial Ceremony, river trekking in Yuki and camping in Miyajima - be careful of mischievous deers! FALL (Sep. –Nov.)

A calm and relaxed season after heat. Enjoy Saijo Sake Festival, autumn leaves in Miyajima and canoeing in Sandankyo Gorge. WINTER (Dec. – Feb.)

Less tourist season. If you are lucky, a beautiful snow scene welcomes you. Keep warm and let's go skiing, tangerine picking, hot springs and have delicious oysters!



### **GETTING AROUND**



#### WALK

Hiroshima city is a small town. Enjoy walking from Hiroshima train station to the Peace Memorial Park for about 30 minutes.

Tram is a symbol of Hiroshima city. One trip is ¥190 and a prepaid travel pass is also useful for public transportation. **BUS** 

Meipuru-pu, red loop bus in Hiroshima city central, is for Japan Rail Pass holders for free!

#### BICYCLE

Rent a bicycle through Peacecle. ¥165/h and ¥1,100/1 day.

#### TAXI

Friendly taxis are available on almost all streets and stations.

#### **FERRY**

JR West Miyajima ferries to Miyajima is free for Japan Rail Pass holders.

### **MUST SEE**







### PEACE MEMORIAL PARK

### MIYAJIMA

### & MORE

## FOOD







### OKONOMIYAKI OYSTER & MORE

### DRINKS







PUB

BAR



### ENTERTAINMENT







### **KAGURA**

### NATURE ADVENTURE

### MUSEUM

## TRAVEL BUDDY

### Let's hang out with us in the local gems!

We would LOVE to take you to our favourite places like you are our friends. Your special local experiences would be;

- Hiking to local mountain
- The tea ceremony (Nodate)
- Japanese archery (Kyudo)
- Cherry blossom party only in spring
- Shopping in supermarkets

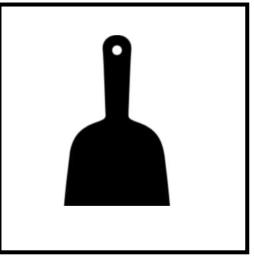
and more!

Please feel free to ask us what you want to do. We will find the way!



## HIROSHIMA TIPS







Feel free to ask the locals anything Use "Hera" when you eat Okonomiyaki

Let's speak Hiroshima dialect!

## HREE DAY HIROSHIMA TINERARY

### DAY1: SOUL & HEART

- Peace Museum
- Syukkeien
- Okonomiyaki
- Travel Buddy 😊

### DAY2 (a): ADVENTURE

- Rabbit Island or
- Kure or
- Onomichi or
- Sandankyo

### DAY2 (b): CULTURE

- Cycling peace tour
- Making KUMANO brush
- Travel Buddy 😊

DAY3: HISTORY

1.20

- Miyajima
- Travel Buddy 🙂

## DAY 1: HIROSHIMA SOUL & HEART

#### **MORNING: SHUKKEIEN**

This Japanese garden was built in 1620, which is the SAMURAI period and it represents miniature landscapes with valleys, mountains and forests. You can meet atomic bombed trees.

#### **AFTERNOON: PEACE MEMORIAL PARK & PEACE MUSEUM**

Take your time to see peace memorial park and the peace museum. Please don't forget to have lunch before you enter the museum. You may need more time than you expect.

#### **EVENING: DINNER & DRINKS – OKONOMIYAKI**

Okonomiyaki is our soul food and symbol of Hiroshima. Some restaurants are available for vegans. Try to have it with Hera like the local!





## ADVENTURE dankyo Gorge

#### **EARLY MORNING:**

Take a bus to Sandankyo from Hiroshima Bus Center, which takes about 1 hour and 20 minutes.

#### **MORNING – AFTERNOON:**

Let's explore the local mountain! You can enjoy hiking, paddling, canoeing, joining boat tours and whatever you want in wonderful nature.

#### **EVENING:**

Stay at a traditional hotel in Japanese style and have the local gourmet.

## DAY 2 (b): CULTURE Cycling peace tou & Tre

#### MORNING: CYCLING PEACE TOUR

Join a cycling tour and visit the history and culture taking root in the district.

#### **AFTERNOON: TRAVEL BUDDY**

We show you some spots, which only the locals know, like unique vending machines, the beautiful painting wall of the detention house and supermarkets that are not in a guidebook. Tell us about your interest!

#### **EVENING: IZAKAYA**

Enjoy dinner in a traditional Japanese tavern that serves light dishes in a relaxed atmosphere.



## DAY 3: HISTORY MIYAJIMA



\*Currently under construction

#### **ITSUKUSHIMA SHRINE**

A short ferry ride from Hiroshima to see a collection of sacred buildings, especially the iconic floating gate.





#### DEERS

A bunch of deers say Hello to you on this island. Be careful with your food! They eat everything.

### LOCAL DELICACIES

Be adventurous eating Anagomeshi (broiled conger eel on top of rice) and Agemomiji (fried Maple Leaf Sweets).

## STAY IN TOUCH

WEBSITE: https://hello-hiroshima.com/

EMAIL: hellohiroshimapj@gmail.com

FACEBOOK: https://www.facebook.com/ hellohiroshimaproject/

INSTAGRAM: @hellohiroshimaproject





## OUR FAVORITES

#### TO HELP YOU LIVE LIKE A LOCAL

## OKONOMIYAKI

### NAGATA-Ya

<u>Goemon</u>

<u>Hassyou</u>

<u>OKOSUTA</u>

**OKONOMIMURA** 

**LOPEZ** 



## RESTAURANT

**Saeki** \*Vegan option available

**AGRI** \*Vegan option available

Karsiyaka \*Turkish

Suishin \*Local Cuisine

Musubi Musash \*Local Cuisine

Kanawa \*Local Cuisine



## DRINK

**Beer Stand Shigetomi** 

<u>Koba</u>

### **SESSION'S BREWERY**

### **MOLLY MALONE'S**

KeMBY's Brew Pub

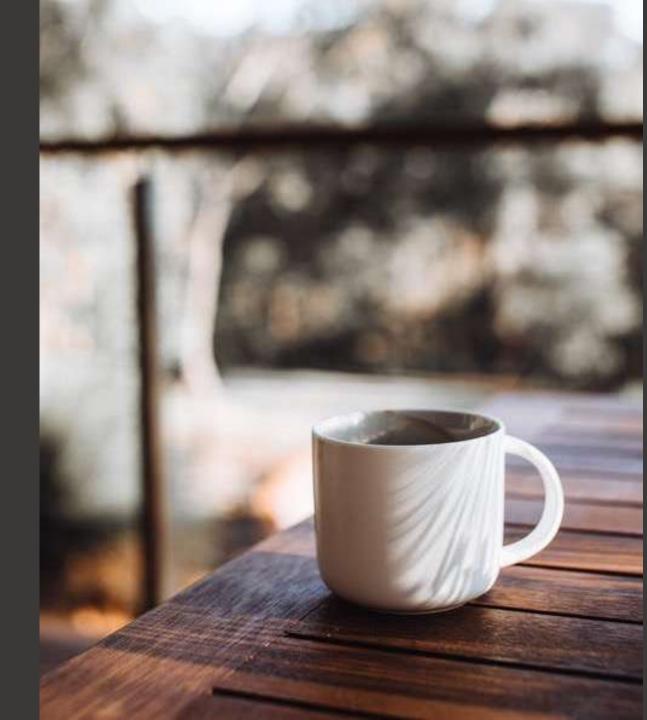


### KISSA – local cafe

### **Montblanc**

<u>Brazil</u>

<u>Teranishi</u>



## ENTERTAINMENT

KAGURA **BE A PLANET !** -ADVENTURES IN YUKI **Sokoiko!** Cycling tours Sandankyo Tours Mazda Museum Asa zoo

Asageshiki - Morning Hiking & Open-air tea ceremony tour-

## LOCAL SPORT TEAM

Hiroshima Toyo Carp - Baseball **SANFRECCE HIROSHIMA FC** – Football **ANGE VIOLET HIROSHIMA** - Football **HIROSHIMA DRAGONFLIES** - Basketball JT THUNDERS HIROSHIMA - Volleyball **IZUMI MAPLEREDS** - Handball VICTOIRE HIROSHIMA - Road bicycle racing



## INFORMATION

### Get Hiroshima

<u>Vegewel</u>

**Hospitals in Hiroshima** 

