

VLCC

A large, circular teal brushstroke graphic is centered on the page, overlapping the 'WELLNESS AT WORK' text box and the 'VLCC Corporate Wellness Programs' text.

WELLNESS
AT WORK



VLCC Corporate Wellness Programs

Look Good! Feel Good!

ABOUT VLCC



VLCC Healthcare Ltd. is the leading Beauty & Wellness Company in the country with our objective of "Shaping your confidence " by inculcating medically approved procedures to provide access to holistic wellness.

As the only **"Brand recommended by the IMA - Indian Medical Associations"** in the Beauty & Wellness Industry, VLCC Healthcare Ltd continues to exceed internal and external standards for a comprehensive portfolio in healthcare by promoting positive lifestyle changes.

VLCC is proud to have expanded its avenues and partner with renowned establishments to bring a revolutionary transformation. VLCC's partnership with **Femina Miss India** has elevated the platform to the next level by incorporating complete wellness of health & beauty for a remarkable representation on a global scale.

Since its inception in 1989, VLCC Healthcare Ltd. has institutionalized the value of health-span represented with pragmatic resolve of lifestyle modification and regimen-based beauty & health management programs.

At VLCC, our belief of a healthier nation is fostered by an integrated portfolio of wellness services and products.



CORPORATE HEALTH IN INDIA



A healthy workforce is the backbone of the economy. In the face of the novel coronavirus Pandemic, India faces the biggest challenge of building a healthy workforce. The aftermath of the Covid 19 pandemic has restricted the continuation of a healthier lifestyle largely affecting work culture and productivity.

Currently, the youth of today's India suffers from a range of chronic diseases and disorders that impacts their overall wellbeing and is detrimental in insufferable ways. According to national statistics, 46% of workforce suffers from stress and a 43% of the working population is prone to diabetes and hypertension caused by obesity which can further weaken the national health and productivity.

VLCC FOR CORPORATES

To stand strong against the rising health issues and deterioration of wellness index at large for individuals, VLCC Healthcare has designed a beauty & wellness programme to support corporate employees and management. With our focus on a holistic healthspan, we understand the need for corporate individuals to rise above health detriments for successful and productive work. To support the wellbeing of corporate employees, VLCC Healthcare invites you to avail our customized beauty & wellness programs to aid the workforce champions for complete results

Engineered by Medical Experts, Doctors, Nutritionists, Dietetics and Healthcare Professionals, the VLCC Corporate Beauty & Wellness program looks forward to building a robust master plan to aid the health of corporate employees and workers.



VLCC PROGRAMS



Operating across various spectrums of beauty, health and wellness, our passion to promote Wellness comes alive with multiple disciplines that focus on building a robust solution with an integrative approach.

SLIMMING

It is a widely recognized and the only IMA approved weight loss programme in India, that allows our customers to get a healthy body shape with the use of non-invasive procedures under medical guidance. The service offers weight loss for individuals suffering from excess body fat using scientific, therapeutic and medically approved practices.

BODY CONTOURING

It is a revolutionary service that delivers weight-loss, body shaping, spot reduction and skin firming solutions. With the combined efforts of science and therapies, VLCC Body Contouring works effectively to further reduce cellulite for smooth & contoured results.

AYURVEDA

It is a signature service by us, VLCC Ayurveda revives the ancient technology of Ayurveda to supplement wellness and combines



VLCC PROGRAMS



natural elements to rejuvenate the body and improve vitality. VLCC Ayurveda therapies effectively restore wellbeing and improve immunity.

BODY THERAPIES

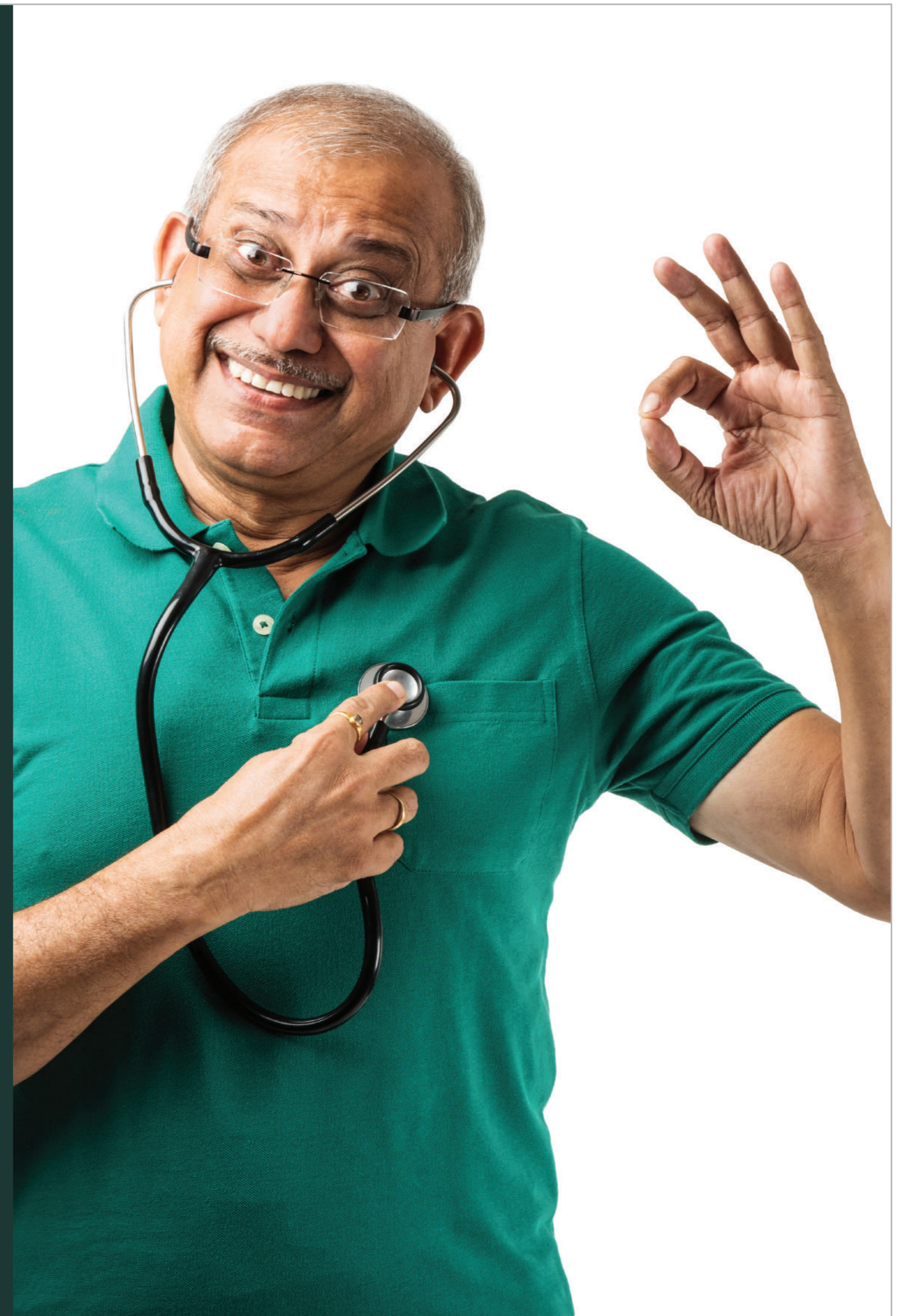
VLCC Body therapies expand beyond the ideals of weight loss to enhance body appearance, posture and physical health. Conducted by experts, VLCC Body therapies use a pronounced method to break down stubborn and harmful fat residues by increasing circulation in the body.

MUSCLE TONING

It is a program designed especially for the fast-paced lifestyle of today, VLCC Muscle Toning Service uses a passive muscle stimulation system to replicate time-consuming physical activities. The service helps in gearing the body's metabolism towards energy expenditure & improve transportation of nutrients for a healthier, fitter you.

GROOMING & REGULAR BEAUTY SERVICES

VLCC Grooming & Regular Beauty services comprises of all essential services that elevates the physical appearance of individuals. This package includes facial and all grooming and pampering services.



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HAIR & HAIR TECHNOLOGY

VLCC Hair & Hair technology involves grooming methods curated especially to augment hair health. From haircuts, to hair care treatments, the service comprises of essentials that improve the texture, appearance and growth of healthy hair.

HAIR TRANSPLANT

With professional stress making a great impact on our appearance, physical and mental health, hair loss has become a common but distressing obstacle against confidence. VLCC Hair Transplant services successfully restore hair health using Follicular Hair transplant.

LASER & AESTHETIC DERMATOLOGY

VLCC Laser & Aesthetic Dermatology aims at successfully improving physical features using latest advances of laser technology with the use of sophisticated, safe, and user-friendly laser systems that provide effective treatment for a variety of aesthetic skin conditions.

PREVENTIVE HEALTHCARE

Tailored for each client to cater to medical conditions and special needs, VLCC Preventive Healthcare aims at strengthening the body against environmental factors, genetic predisposition, disease



VLCC PROGRAMS



agents, and lifestyle choices through a comprehensive immunity building program. The preventive healthcare packages are designed by medical experts and doctors to reinforce the body's natural defences.

CURATIVE HEALTHCARE

VLCC recuperative healthcare package is especially engineered to combat post inflammatory disorders and residual infections. Designed & curated by medical experts, the program aims at restoring complete wellness through therapies, exercises, diets and lifestyle modification to compliment a healthy lifespan and restrict the growth of chronic conditions.

VLCC Corporate Wellness aims at promoting Wellness through medically approved health & grooming services to establish good health and wellbeing. The VLCC Corporate Card expands the avenue for you to avail complimentary and free of cost; rejuvenating and relaxing services for complete wellness of health & beauty with remarkable results and takeaways.



Exclusive Offering for You:

On Enrolment of the VLCC CORPORATE WELLNESS CARD the Employee is entitled to a complimentary single session of the below mentioned services and exclusive Offers.



Only at
₹799/-

Complimentary Services:

- Detox Therapy - Udwartanam / Abhyangam/ Basti / Khizi
- VLCC Facial / Head Massage - 25mins / Basic Manicure
- Body Composition Analysis
- Skin and Hair Analysis
- Anthropometric Measurements Body Measurements
- Fitness Assessment
- Medical Screening
- Lifestyle Assessment
- Nutritional Counseling
- Physiotherapy Assessment
- Fitness & Physiotherapy Counseling
- Prakriti Analysis for Ayurveda

At VLCC, our belief of Wellness extends to helping our customers with robust confidence building. VLCC advance services comprises of innovative programs recommended by the Indian Medical Association to guarantee safety measures and efficacy . VLCC brings to you Exclusive Offers to help you start on your Wellness Journey .

- 25% on VLCC Facials
- 20% off on all Hair Chemical Treatments and Smoothing Services
- Weight Loss Program - 1.5 Kgs only for Rs 4999/-
- 30% off on all Weight Loss and Slimming Packages with Advance Therapies
- 20% off on Laser Hair Reduction Services
- 15% off on Make Up
- 15% off on Hyaluronic Fillers (2 ml)
- 15% off on Botox Procedures
- 15% off on PRP - Anti-Ageing Treatments
- Cool Sculpt - Slimming Therapeutic Program
- Upto 2 sessions - 25%
- 3-6 sessions - 30%
- 7 sessions and above - 40% +1 month maintenance program complimentary worth Rs. 20,000 (Inclusive of 8 sessions of Basic Therapies)



#StayWell