

## **Hair of The Dog: Four of the best Hangover brunch spots on the North Shore**

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It's Sunday morning. You wake up confused. What time did you get home last night? Just how much money did you spend on Jagerbombs? You do know that you need a piece of bacon and a Ceaser (or three), ASAP. Grab your Pedalyte, your oversized sunglasses and your best mates to check out one of these hearty, honest and under-the-radar brunch spots on the North Shore.

#### **80s Restaurant**

80s is an iconic greasy spoon that is both unassuming and nostalgic, from the brown leather booths and vintage patterned plates to the neon sign out front. This classic 80's style diner has a huge menu for any hungover king or queen including bennys, burgers and crepes. If you're not feeling flapjacks, order the chicken club; a slice of sharp cheddar cheese and thick-cut chicken breast rests between perfectly toasted white bread and the side order of golden crispy onion rings contain enough salt to replenish your electrolyte levels. Hot tip: Caesar's are on special for \$4.25 on Sundays. The wait staff are incredibly sweet, ensuring you won't ever have an empty cup of coffee during your visit. (Plus, they won't mind that you reek like a tequila distillery.)

<http://80srestaurant.com/>

#### **BLVD Bistro**

It's the perfect spot for the millennial hangover brunch: kale buddha bowls and kombucha cocktails- yes please! Nestled in a quiet neighbourhood, BLVD is the perfect spot to catch up on last night's shenanigans, with it's combination of modern nourishing cuisine and classic cheeky breakfast eats like their Cinnamon Toast Crunch French Toast. Find yourself in sweet-tooth hangover heaven with the latter, the toast made from a traditional French baguette and smothered in a full-bodied sugary custard drizzle. The food and decor are totally Instagram story worthy; think exposed brick, chic metal stools and succulent plants. (They even have mini red solo cups filled with hickory sticks attached to their caesars).

<https://www.blvdbistro.ca/>

## **The Tomahawk Barbeque**

Three Words: Tomahawk Pow Pow. This legendary burger is topped with three grilled hot dogs, crispy bacon and serious lashings of their secret sauce (get it with a fried egg on top and thank me later). The Tomahawk is known on the North Shore not only for its insanely good food, but also for its long history- it was Vancouver's first ever drive-in barbeque joint. The collection of Indigenous artifacts that live in the restaurant bring the diner's roots to life (the restaurant owner used to trade them for food during the Great Depression), and today, some of the fat-stacked, juicy, burgers are named after First Nations chiefs the owner once knew.

<http://www.tomahawkrestaurant.com/>

## **Tommy's Cafe**

Ever think how nice it would be to eat perogies, sip coffee and chat with your friends while Dazed and Confused plays quietly on the TV? Head to Tommy's Cafe in Lynn Valley. One of the best places to nurse a hangover, thanks to its laid back, hippy-like atmosphere. Vintage records decorate the wall behind the cash register, and the self-serve coffee station makes you feel like you're hanging out in your living room. The staff are as relaxed as like their mom jeans, sporting Vans and a smile while they serve you your hangover special. What really makes Tommy's a hit is the food, including the Cypress Benny, named after the local mountain: two huge creamy avocado slices underneath perfectly poached eggs sit on top of a toasted bagel (YES please), paired with greasy breaky potatoes and hollandaise sauce. FYI, vegans and vegetarians, Tommy's is the spot for you: - tofu hash galore, miso-gravy included!

<https://www.tommyscafenorthshore.com/>