



# Feeling Flu-ish?

If you need more than home remedies, we're here 24/7/365.

Avista Adventist Hospital

 Centura Health.

100 Health Park Dr.  
Louisville, CO 80027

## Winter bugs will be arriving soon, bringing coughs, aches, pains and fevers.

Most of the time, these symptoms can be treated at home. True flu, however, can cause severe illness and can even be life threatening. The Emergency Department team at Avista Adventist Hospital advises you to seek medical attention quickly if you experience:

- A temperature that repeatedly rises above 104 degrees
- Flu-like symptoms that improve but then return with a fever and worse cough
- Severe or persistent vomiting
- Persistent pain or pressure in the chest
- Sudden dizziness
- Confusion
- Difficulty breathing

## We are here 24/7/365—whenever you need us!

Visit [myemergencycontact.org](http://myemergencycontact.org) for information and wait times.

## Avista Adventist Hospital



100 Health Park Dr.  
Louisville, CO 80027  
[avistahospital.org](http://avistahospital.org)

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