

S shaped curvature or

C shaped curvature of the spine

Occurs frequently from age 10-19 during

Last major growth spurt

Idiopathic - cause unknown in 85% of cases

One in ten people have some curvature

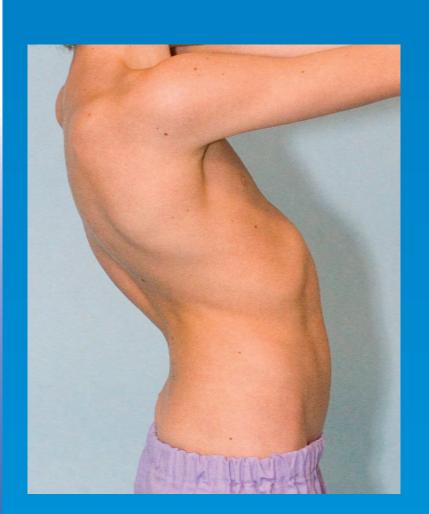
Small curves require observation

n between or moderate curves may benefit from bracing

Severe curves may require surgery



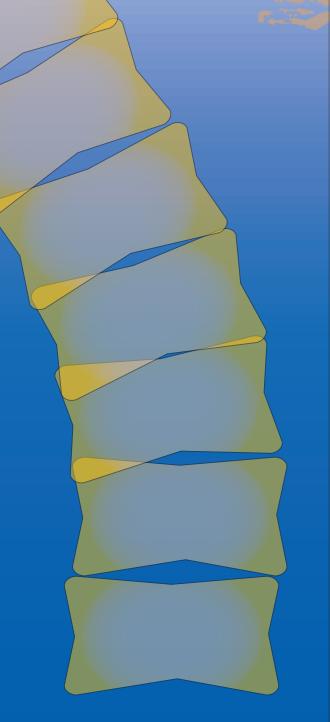








## Early diagnosis leads to a better long term prognosis



Stand several feet behind for the best view

Child should be positioned: feet together, knees straight and arms loose at sides

Recognize differences in shoulder heights, shoulder blade protrusions and hip heights

Examine the child bending forward – back parallel to the floor

Lither side of the lumbar spine or rib cage should be even with the other

Note any asymmetries

Inspect the child from the side

otice any excessive roundness or lordosis (sway back)

Give appropriate referrals to the child's primary care provider



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