

Why is it important to find breast cancer early?

Today – We Want to Help You Take Charge of Your Breast Health

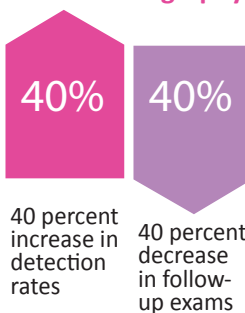
Early detection of breast cancer – when it's small and hasn't spread – makes it easier to treat and results in better outcomes. At Centura Health Breast Care we believe that by providing women with advanced technology and specialists, we can provide patients with the best possible future.



What are my screening options?

- **Traditional Mammography** uses a noninvasive X-ray to produce two images of each breast, a side-to-side view and a top-to-bottom view. This quick medical exam provides images that a doctor can use to identify and treat any abnormal areas, possibly indicating the presence of cancer.
- **3D Mammography** is a revolutionary new diagnostic tool that produces more detailed images of breast tissue. During the exam, an X-ray arm sweeps over the breast capturing multiple images of the breast at different angles. A computer then creates a 3D reconstruction of the breast that a radiologist can review in one-millimeter slices.

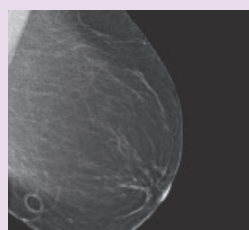
3D Mammography



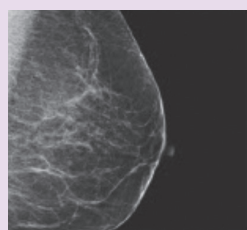
**100 percent
Peace of Mind**

Who should consider 3D mammography?

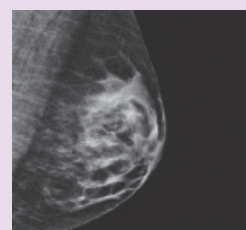
Women with dense breast tissue (a higher proportion of gland and connective tissue than fat) have a higher risk of developing breast cancer than women with minimal density. Cancer can also be more difficult to spot on women with dense breast tissue using traditional mammography because the dense breast tissue appears white on a mammogram. However lumps, both benign and cancerous, also appear white on traditional mammograms. 3D mammography is recommended for women with breast density ranging from 2-4.



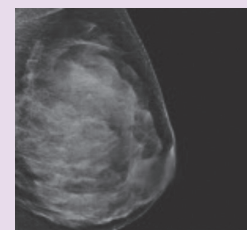
▲ **DENSITY 1**
Almost entirely
fat



▲ **DENSITY 2**
Scattered
fibroglandular
density



▲ **DENSITY 3**
Heterogeneously
dense



▲ **DENSITY 4**
Extremely dense

Call today to schedule your life-saving breast screening.
1-844-642-2273

Centura Health Breast Care – Complete Care for all Your Needs

Centura Health Breast Care



INSPIRE HEALTH

centura.org/mybreasthealth

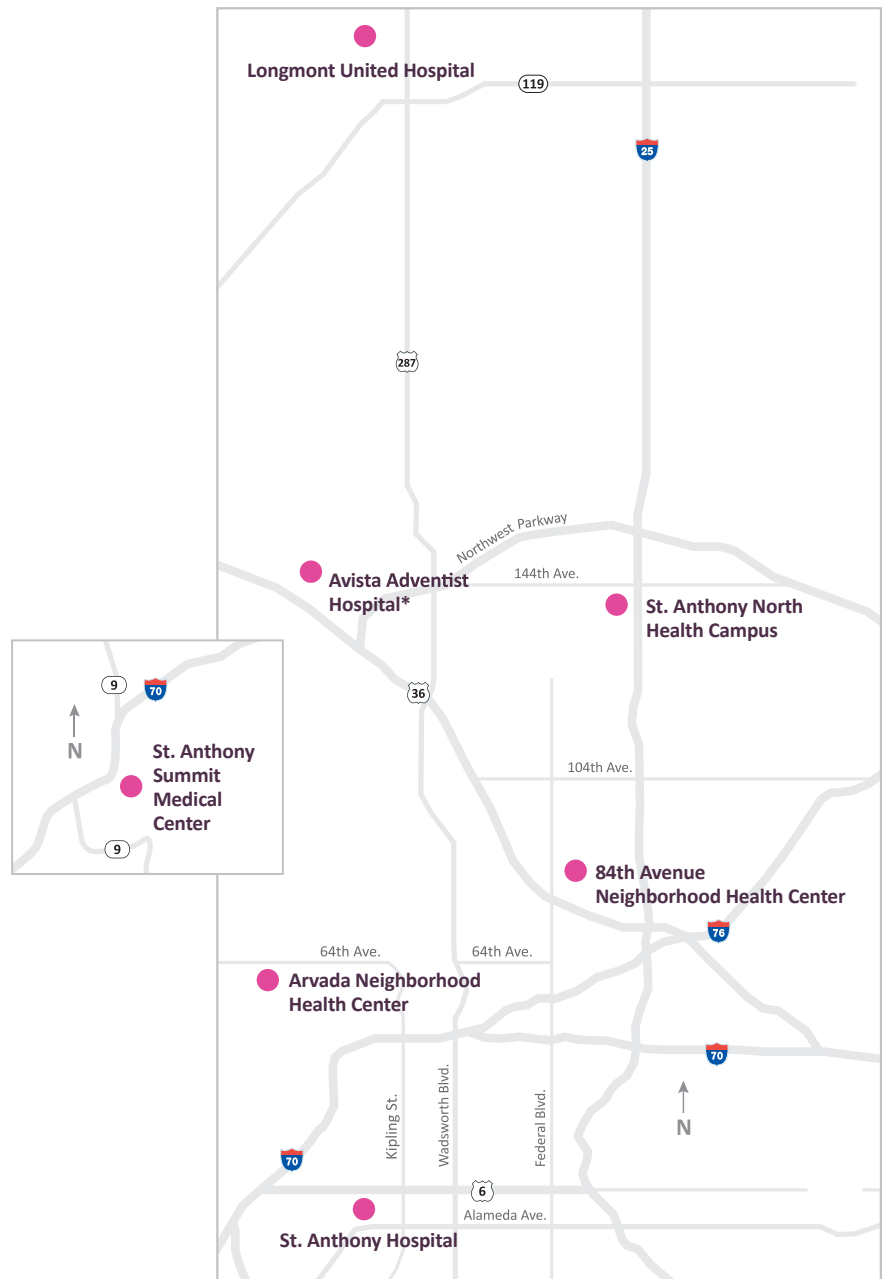
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LOCATIONS

- **84th Avenue Neighborhood Health Center**
2551 W. 84th Ave.
Westminster, CO 80031
- **Arvada Neighborhood Health Center**
16280 W. 64th Ave.
Arvada, CO 80007
- **Avista Adventist Hospital**
100 Health Park Drive
Louisville, CO 80027
- **Longmont United Hospital**
1950 Mountain View Ave.
Longmont, CO 80501
- **St. Anthony Hospital**
Medical Plaza 2
11700 W. 2nd Pl., Suite 100
Lakewood, CO 80228
- **St. Anthony North Health Campus**
400 W. 144th Ave.
Westminster, CO 80023
- **St. Anthony Summit Medical Center**
340 Peak One Dr. Frisco, CO 80443



Schedule your mammogram today! Call toll-free 1-844-642-CARE(2273)

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