

# Happy Birthday

Xxxxxxxxxxxxxx

This year, do more  
than wish for health  
and happiness.

Centura Health Breast Care



INSPIRE HEALTH



# Take action to make your wish come true.

Centura Health Breast Care would like to remind you that beginning at age 40 you should start having an annual mammogram or as we like to call it, a “**loving squeeze**.”

Even if you don’t have symptoms, you need to be screened. Mammograms lead to early detection and can save lives.

We provide the most advanced technologies – 3D mammography and Automated Breast Ultrasound (ABUS)\* - to provide you with the most accurate results.

**Call 844-642-CARE (2273) or visit [centura.org/mybreasthealth](https://centura.org/mybreasthealth) today to schedule your “loving squeeze” at one of our convenient locations.**

Arvada | Lakewood | Longmont | Louisville | Westminster

***Centura Health Breast Care – Complete Care for All Your Needs***

*\*ABUS available in Lakewood.*

## Centura Health Breast Care

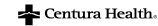


**I N S P I R E   H E A L T H**

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