



# EVERY YEAR IN THE UNITED STATES, 20,000 CHILDREN ARE HOSPITALIZED AND NEARLY 100 DIE FROM INFLUENZA AND ITS COMPLICATIONS.



**Don't let your child be a statistic.**  
Vaccination is safe and effective and is the single best way to help protect you and your family from influenza.

Beginning this flu season, everyone 6 months and older is recommended to receive the flu vaccine.

Families Fighting Flu (FFF) is a non-profit, volunteer-based organization established in 2004 that is made up of families and healthcare practitioners. Each family has experienced first-hand the death of a child due to the flu or has had a child experience severe medical complications from the flu. We are dedicated to educating people about the severity of

influenza and the importance of vaccinating children against the flu every year. Through education and advocacy, we hope to improve the rates of childhood flu vaccinations and help reduce the number of childhood illnesses and deaths caused by the flu each year.



For more information, visit [www.familiesfightingflu.org](http://www.familiesfightingflu.org) or call 1-888-2ENDFLU.