

MENTAL HEALTH

A person in a dark suit and white shirt is shown from the chest down, sitting at a desk and typing on a laptop. The background is a soft-focus office setting. Overlaid on the image are several digital elements: three speech bubbles (one large dark blue one on the left, and two smaller light blue ones on the right) and a glowing blue robot head icon with a 'Hi...' speech bubble, all set against a circular digital interface background.

THE AI DOCTOR IS NOW IN SESSION

INCREASINGLY, PEOPLE ARE TURNING TO AI INSTEAD OF HEALTH PROFESSIONALS, BUT IS THAT REALLY A GOOD THING?